

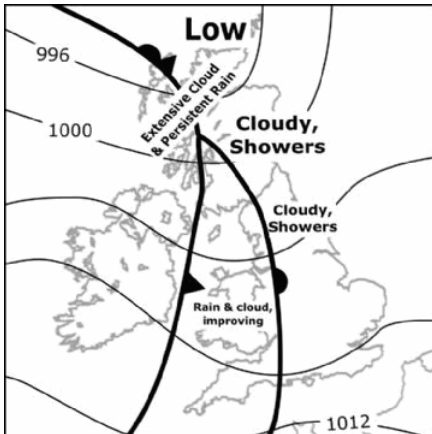
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Wednesday, 3 July, 2024



British Mountain Summary:

Based on forecast chart for noon 3 July, 2024

Wet day for most in the mountains, with low cloud and often windy conditions. Particularly in Scotland murky and chilly winds, persistent rain in the west, on and off in the east Highlands. In England frequent rain spells, in Wales mostly showers on the western coastal hills, fading toward the evening.

Headline for The Northwest Highlands

Frequent rain, persistent west. Windy, murky, cool

Detailed Forecast for Wednesday, 3 July, 2024

How windy? (On the Munros)	Southwest turning westerly, starting 20 to 30mph, likely increasing further later in daytime to 35-40mph, stronger gusts.
Effect of wind on you?	Conditions becoming challenging on higher mountains toward the evening, frequent buffeting, gusts affecting balance. Feeling distinctly cold.
How wet? (Precipitation and its impact)	Frequent or persistent rain Rain and drizzle much of the day especially over western areas, some steadier or heavier rain at times as fronts move through in the morning. Patchier rain toward Moray Firth.
Cloud on the hills?	Extensive Covering the mountains widely, lowest and most persistent cloud toward the west coast. Some breaks above 700m toward east. Bases tending to rise later in daytime.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Generally overcast. Poor visibility, some improvements mainly toward east.
How Cold? (at 900m)	4 to 7C, dropping to 2-3C later in day. Wind chill feeling like -5C or later colder.
Freezing Level	Above the summits, but only just above freezing on the highest summits by late evening.

The Northwest Highlands - Looking Ahead

	Thursday 4 July	Friday 5 July
How windy? (On the Munros) Effect of wind on you?	Westerly 30 to 40mph on some higher peaks. Strengthening during the day. Gusts up to 55mph possible. Arduous, walking becoming difficult. Buffeting leads to highly affected balance and significant wind chill factor.	Southwesterly 20 to 30mph, gusting 40mph in the far north. Mostly small, but blustery on high exposed terrain, affect comfortable walking and balance on the ridges.
How wet? (Precipitation and its impact)	Persistent rain, heavy in the afternoon Fairly persistent rain on the western and northern coastal hills, becoming heavy in the afternoon. Toward the east mostly dry in the morning, showers developing afternoon.	Rain on and off Rain on and off on the western and northern coastal hills, often dry in the morning well inland, but in the afternoon showers also there.
Cloud on the hills?	Hills mostly covered extensively Western coastal hills in clouds all day. Away from the coast toward Great Glen patches of clouds at start, cloud base soon lifting above the hills, but returning in showers.	Hills mostly covered Coastal hills mostly in clouds in the morning, cloud lifting gradually clearing lower slopes by the afternoon. Toward Ben Wyvis higher cloud base (800-1100m), lower tops below the cloud from late morning.
Chance of cloud free Munros?	10%	20% rising to 50%
Sunshine? Air clarity (below cloud)	Hardly any sunshine. Mostly poor visibility.	Glimpses of sunshine on the western coast, more sunny spells toward Great Glen. Visibility reduced on the coast.
How Cold? (at 900m) Freezing Level	3 to 5C. Feeling more like -10C in wind. Just above highest tops in the morning, lifting during the day.	5 to 7C Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 4 July, 2024

Cooling in the night to Thursday, with sleet falling on highest Scottish peaks. A trough arriving on Thursday to Scotland brings another wet day on the Highlands with upland gales. England and Wales, although very windy and gusty, should get some sun between common showers, perhaps excluding Lake District and North Pennines, where clouds and rain still dominate. Damp, but generally much drier on Friday, some rain still in West and Northwest Highlands, in Brecon Beacons, Snowdonia and Peak District. Uncertain development further on, most likely fairly cold for the season. Chance for fine conditions during the weekend but unstable air may cause locally heavy showers or thunderstorms.

Forecast issued at 14:11 on Tuesday, 2 July, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.