

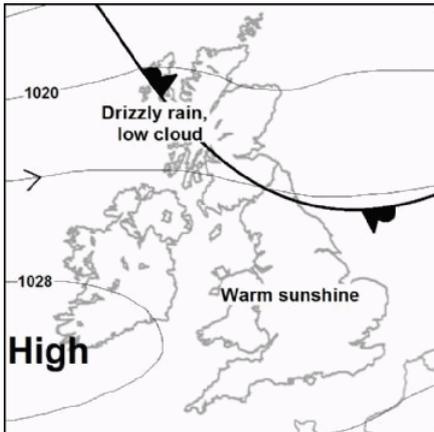
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Sunday, 7 August, 2022



British Mountain Summary:

Based on forecast chart for noon 7 August, 2022

Generally damp and murky across western Scotland, extensive fog from low elevations upward. Drizzly rain pushing northwards with lowering cloud bases. Largely dry eastern Highlands. Mostly dry northern England, some cloud banks on Lakeland tops. Widely breezy on hills. Sunny and warm for Wales and Peaks, lighter winds.

Headline for The Northwest Highlands

Drizzly rain and low cloud extending northwards. Breezy.

Detailed Forecast for Sunday, 7 August, 2022

How windy? (On the Munros)	West to southwesterly, 25 to 30mph, occasionally 35mph on higher summits. For a few hours around dawn 40mph on higher summits.
Effect of wind on you?	Blustery on higher terrain, likely to impede ease of walking where exposed on the Munros. Feeling chilly.
How wet? (Precipitation and its impact)	Drizzle and some steadier rain west Frequent drizzly rain on all western coastal mountains, some steadier rain for periods around Skye and Torridon, tending to extend further north through the afternoon. Easing off and patchier at times inland very little reaching eastern hills.
Cloud on the hills?	Extensive, lowest cloud coasts in rain Blanket low cloud likely to shroud west coast around Skye all day, to lowest slopes near to coasts during rain. Inland and further north, often extensive above 400-600m, lowering widely in rain. Higher breaks above 700-800m near Great Glen. Occasionally the cloud may thin and break a little around late morning.
Chance of cloud free Munros?	10% west, 30% east and north.
Sunshine? Air clarity (below cloud)	Often murky around the coasts, particularly in rain. Glimpses of sun toward Great Glen and Moray Firth where visibility good below cloud.
How Cold? (at 900m)	8C where in cloud, up to 11C in eastern areas; little change during day. Wind chill will make it feel close to freezing where exposed on high tops.
Freezing Level	Above the summits

The Northwest Highlands - Looking Ahead

	Monday 8 August	Tuesday 9 August
How windy? (On the Munros) Effect of wind on you?	Southwesterly, 25 to 35mph, strongest on west coastal mountains, at times 40mph on exposed tops, gusts 50mph in places. Very blustery; walking impeded and balance affected on exposed tops and ridges in west, frequent buffeting in places.	Southwesterly, 30 to 50mph, strongest speeds near west coast and far north afternoon into evening, risk gusts 60mph+. Expect deteriorating conditions, walking becoming increasingly difficult on higher areas. Sudden gusts passes and carries.
How wet? (Precipitation and its impact)	A little rain near west coast Much of the region may well remain dry. Drizzly rain over the Atlantic may occasionally spill onto the west coast, mostly small amounts, but later in the day risk becoming more persistent.	Drizzly rain mostly west Shrouds of drizzle likely to affect western mountains much of the day, a risk of some steadier rain developing at times particularly Skye and Torridon. Occasional drizzly showers passing eastwards.
Cloud on the hills?	Mostly confined to west coast Risk of low cloud mainly on immediate coastal mountains in west, where filling in to lower elevations if rain develops. Otherwise, any early patchy mist or cloud fragments dispersing to leave mountains mostly free of low cloud.	Extensive, lowest west Blanket low cloud shrouding coastal hills from lower slopes up most or all day. Inland fairly extensive above 400-600 in west, some breaks above 800m toward Great Glen and Ben Wyvis, possible breaks at times in afternoon.
Chance of cloud free Munros?	40% west, 70% inland/east.	10% west, 30% inland/east.
Sunshine? Air clarity (below cloud)	Sunshine best toward east, but often fairly weak due to high cloud, which may thicken to become overcast in west. Visibility mostly very good, but slight haze in west, reducing if rain moves in.	Fairly extensive high cloud, a little weak sun mostly east. Hazy or misty near the west coast, but visibility mostly good well inland toward the east.
How Cold? (at 900m) Freezing Level	7C where in cloud in west, up to 11C eastern hills. Above the summits	9C in cloud in west, up to 12C inland and eastern hills. Feeling close to freezing in the wind. Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 8 August, 2022**

Southwesterly winds continue to influence Scotland. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops, strongest later Tuesday. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

Forecast issued at 16:00 on Saturday, 6 August, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.