

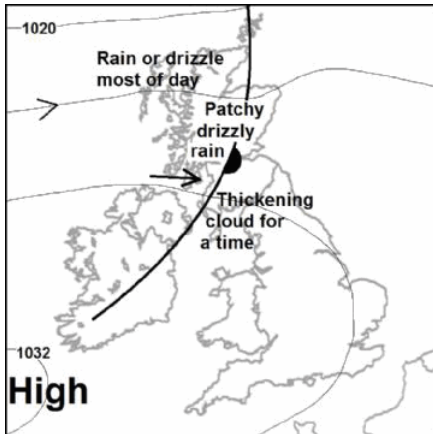
# The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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## General Summary for Saturday, 6 August, 2022



### British Mountain Summary:

**Based on forecast chart for noon 6 August, 2022**

A warm front passes eastwards across Scotland, bringing cloud, some rain or drizzle. The northwest stays damp, but areas toward central Scotland will become brighter. Thickening cloud over hills of northern England and a little drizzle. Dry and fairly sunny for Wales.

### Headline for The Northwest Highlands

Windy, cool. Blanket fog, rain or drizzle. Better toward Great Glen.

## Detailed Forecast for Saturday, 6 August, 2022

<p><b>How windy? (On the Munros)</b></p> <p><b>Effect of wind on you?</b></p>	<p>West to southwesterly, in the range 25 to 40mph, strongest on northern summits; speed tending to increase during day, but late afternoon gusts in places over 50mph around Ben Hope.</p> <p><b>Walking often impeded across higher terrain, sometimes considerable buffeting where exposed. Becoming increasingly arduous in north. Feeling chilly on tops.</b></p>
<p><b>How wet? (Precipitation and its impact)</b></p>	<p><b>Rain most persistent west</b></p> <p>Western coastal mountains frequently or persistently damp throughout the day with rain or drizzle. Some steadier or heavier rain early morning passing eastwards. Largely fading out toward the Great Glen. Further heavier rain moves in from the west into the evening and night.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free Munros?</b></p>	<p><b>Extensive, often very low cloud west, some breaks forming inland/east.</b></p> <p>Blanket low cloud shrouding most hills in the morning and the west coast most or all day, from lower slopes upwards on immediate coast, extensive from 400-600m inland. Further east toward Great Glen and Ben Wyvis, some breaks forming above 800m. Cloud bases may also rise around Skye and Torridon if rain fades out for periods.</p> <p><b>10% west, to 30% inland/eastern hills.</b></p>
<p><b>Sunshine?</b></p> <p>Air clarity (below cloud)</p>	<p>Murky near the west coast, more widely in the morning, poor visibility from low elevations upward.</p> <p>Overcast skies widely, brighter toward east with some good visibility below cloud.</p>
<p><b>How Cold? (at 900m)</b></p> <p><b>Freezing Level</b></p>	<p>6C, rising to 8 or 9C where not in cloud.</p> <p>Will feel near or below freezing directly in the wind.</p> <p>Above the summits</p>

## The Northwest Highlands - Looking Ahead

	Sunday 7 August	Monday 8 August
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	West to southwesterly, 25 to 35mph, occasionally 40mph on higher summits, possibly stronger just around dawn. <b>Blustery across higher areas much of the day, but may give arduous walking conditions particularly at first.</b>	Southwesterly, 25 to 35mph, strongest on west coastal mountains, at times 40mph on exposed tops. <b>Very blustery; walking impeded and balance affected on exposed tops and ridges in west, frequent buffeting in places.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly west</b> Frequent drizzly rain on western coastal mountains, risk of some steadier rain early in the day. May ease off and become patchier. Small amounts well inland, very little reaching eastern hills.	<b>A little rain near west coast</b> Much of the region may well remain dry. Rain over the Atlantic may occasionally spill onto the west coast, mostly small amounts, but later in the day risk becoming more persistent.
<b>Cloud on the hills?</b>	<b>Extensive, lowest cloud coasts</b>  Blanket low cloud likely to shroud west coast and much of the far north all day, to lowest slopes near to coasts. Inland, extensive above 400-600m, higher breaks above 700-800m near Great Glen.	<b>Mostly confined to west coast</b>  Risk of low cloud mainly on immediate coastal mountains in west, where filling in to lower elevations if rain develops. Otherwise, any early patchy mist or cloud fragments dispersing to leave mountains mostly free of low cloud.
<b>Chance of cloud free Munros?</b>	<b>10% west, 30% east.</b>	<b>40% west, 70% inland/east.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Murky around the coasts. Glimpses of sun toward Great Glen and Moray Firth where visibility good below cloud.	Sunshine best toward east, but often fairly weak due to high cloud, which may thicken to become overcast in west. Visibility mostly very good, but slight haze in west, reducing if rain moves in.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	8C where in cloud, up to 11C in eastern areas; little change during day.  Above the summits	7C where in cloud in west, up to 11C eastern hills.  Above the summits

**Planning Outlook****All mountain areas of Britain from Sunday, 7 August, 2022**

Southwesterly winds continue to influence Scotland into next week. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

**Forecast issued at 16:30 on Friday, 5 August, 2022**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.