

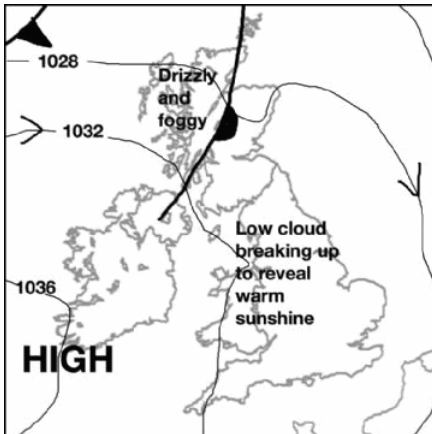
The Northwest Highlands

Areas north from Knoydart in the west, and the Great Glen towards the east (NB. Does not include Mull and areas west of Loch Linnhe, these are found in the West Highlands forecast.)



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General Summary for Thursday, 7 July, 2022



British Mountain Summary:

Based on forecast chart for noon 7 July, 2022

Scotland: Low cloud extensive west/northwest Highlands with drizzle toward west coast; more widely developing western hills later. Cloud breaking up to sunshine in the east.

England and Wales: Low cloud and patchy drizzle mostly clearing to sunshine, but may linger some western hills.

Headline for The Northwest Highlands

Extensive low cloud, drizzly in west. Cloud breaking with sunny breaks in east.

Detailed Forecast for Thursday, 7 July, 2022

How windy? (On the Munros)	Westerly typically 25mph near Skye to 30 or 35mph far north. There may be a trend toward strengthening wind through day.
Effect of wind on you?	Will widely impede ease of walking, but in far north, walking arduous on some slopes. Sudden gusts some lower slopes.
How wet? (Precipitation and its impact)	Drizzly toward coast, extending inland Small amounts of precipitation, although the odd pocket of drizzle. Wettest on slopes nearest the coast, particularly Sutherland, where the drizzle on and off all day - and then steadier drizzly rain more widely western hills during afternoon and evening.
Cloud on the hills? Chance of cloud free Munros?	Persistently very low; may break off easternmost hills for a time Overall constant fog, in places from coastal cliffs upward near the coast. But more than about 10 miles inland from general lie of the coast, breaks to or above 700m briefly for a time. Further east, the cloud may all clear from hills near Great Glen to Ben Wyvis for a few 30%
Sunshine? Air clarity (below cloud)	Extensively dull and hazy, but sun breaking through for a time well inland where visibility would be excellent.
How Cold? (at 900m) Freezing Level	9C, but where sun breaks through (easternmost summits) a few degrees warmer afternoon. Above the summits.

The Northwest Highlands - Looking Ahead

	Friday 8 July	Saturday 9 July
How windy? (On the Munros)	Westerly in the range 25 to 35mph; generally strongest in the afternoon.	West to northwesterly 25 to 35mph, up to 40 to 45mph for periods Sutherland.
Effect of wind on you?	Will impede walking for periods across the hills, at times fairly arduous. Strongest winds not necessarily on highest tops.	Be prepared for fairly arduous conditions, particularly in the north where perhaps difficult for a time.
How wet? (Precipitation and its impact)	Drizzly rain on and off, focused in west. Areas of drizzly rain, most frequent near the west coast. Progressively drier the further east you go, but still some occasional spots across easternmost hills.	Drizzly showers towards the west coast. Substantially dry, but general dampness towards west coast where drizzly showers will come and go. Occasionally extending further inland.
Cloud on the hills?	Extensive, bases lifting further east. Blanket low cloud in the west throughout the day with bases widely to lowest slopes near west coast. Further east, bases around 700-900m, some breaks.	Extensive, but breaking up further inland. Low cloud extensive and covering hills widely much of the day. To lowest slopes near coast, progressive rise in base further east; breaking up toward Moray Firth.
Chance of cloud free Munros?	10% in west, 40% in east.	20% in west, 60% in the east.
Sunshine? Air clarity (below cloud)	Overcast, glimpses of sun possible lower slopes inland. Widely murky and misty, but often good in east.	Mostly cloudy, sun breaking progressively breaking through further east. Visibility murky toward west coast, but progressively improving further inland.
How Cold? (at 900m)	9 or 10C	7 to 11C, coolest in morning where in cloud.
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Friday, 8 July, 2022**

Persistent high pressure off SW Britain will bring extensive dry weather to and through next weekend, although in western Scotland, with the wind off the sea, often cloudy and fronts may bring rain on Sunday.

On western mountains the cloud will bring persistent fog until Friday, even to lowest slopes near the coast. However, remaining murky toward west coast of Scotland with further drizzle at times.

Forecast issued at 17:07 on Wednesday, 6 July, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.