

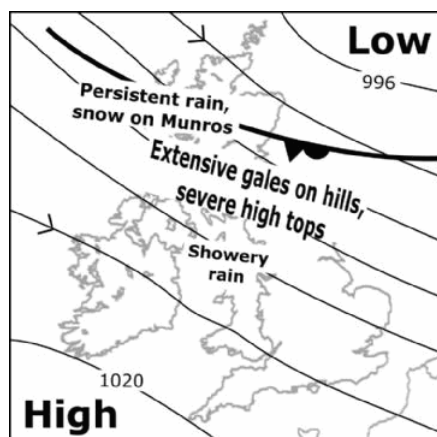
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 10 October, 2026



British Mountain Summary:

Based on forecast chart for noon 10 October, 2026

Westerly gales across many mountains will make walking challenging and bring significant chill factor; air temperature close to freezing point on highest summits. Rain most persistent in western Scotland, snow falling on high tops. Frequent showery rain for northwest England, fewer showers south across Wales.

Headline for Lake District

Gales on the fells; often raining, showery.

Detailed Forecast for Saturday, 10 October, 2026

How windy? (On the summits)	West-northwesterly 40 to 50mph, very gusty, and at times on highest tops speeds to 60mph. Gradually lowering speeds onward into evening and night.
Effect of wind on you?	Challenging conditions, stability requiring constant effort, gusts knocking you around, on exposed tops could blow you over. Significant wind chill.
How wet? (Precipitation and its impact)	Frequent showers A steady stream of showers all day, some heavy bursts and persistent falls, rain most frequent over west and northwestern areas. Easing a little toward evening.
Cloud on the hills?	Fairly extensive Terrain above 600-700m in cloud most of the day, filling in most often over western areas; a few higher breaks near and south/east of Helvellyn. Cloud regularly lowering in showers, ragged patches to lower elevations.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	A few sunny glimpses but more often overcast. Generally poor visibility on high terrain, hazy at best.
How Cold? (at 750m)	4 or 5C, will vary somewhat in showers. Feeling near -10C in strongest wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Sunday 11 October	Monday 12 October
How windy? (On the summits)	Northwesterly 25mph around dawn easing into morning to W-SW'ly 10-15mph. Increasingly southerly in evening.	South-southwesterly 20 to 30mph, then late in day likely to increase, to 50mph most likely after dark.
Effect of wind on you?	Early in day, marked wind chill and blustery wind on tops; becoming small until late in day.	Fairly small, but blustery around higher exposed terrain, likely to deteriorate onward into evening-night.
How wet? (Precipitation and its impact)	Early local showers fade Brief scattered showers in morning, mostly southwest Lakes, fading to be largely dry. Patchy rain pushes in from west evening into night, becoming more persistent.	Generally damp, particularly south Rain and drizzle most persistent over south and southwestern fells, some steady rain more widely early in day, briefly heavier. Patchier smaller amounts toward north Lakes, sometimes easing off.
Cloud on the hills?	Clearing tops Patchy cloud drifting over some higher slopes mainly in north and west Lakes in the morning, but likely all dispersing or lifting above tops.	Extensive, lowest south and west Shrouding most fells all day, from lower elevations upward much of south and west Lakes, rarely above 400-500m. Higher bases northward, but only occasional breaks above 600m.
Chance of cloud free summits?	80%	10%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun; high cloud may start to build from west later. Visibility excellent.	Overcast, dull or murky. Local brighter moments north.
How Cold? (at 750m)	5C much of day, then lifting slightly higher onward into evening-night. Feeling like -2 to -5C in early wind on	10 or 11C, little change day and night. Feeling near to freezing if in stronger wind.
Freezing Level	Above the summits. Slight frost inland valleys at dawn.	Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 11 October, 2026

After a fine but cool day on Sunday, damp and mild southwesterly air moves back across the country into Monday. Southwesterly winds strengthen late Monday to widely gale-force over the hills, heavier rain likely into early Tuesday, followed by showers and a slight drop of temperature. Very unsettled west-southwesterlies continue into midweek - sustained mountain gales, possibly stormy at times and spells of heavy rain for all areas. A changeable westerly theme likely continues beyond mid-month - occasional windows of drier weather, but more often windy with rain or showers coming in from the Atlantic, sometimes cold enough to fall as snow on Scottish high tops.

Forecast issued at 16:00 on Friday, 9 October, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.