

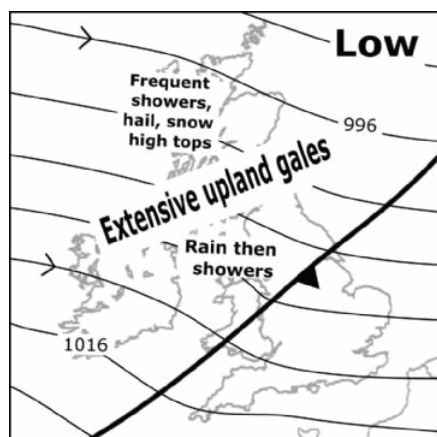
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 9 October, 2026



British Mountain Summary:

Based on forecast chart for noon 9 October, 2026

Gale-force winds across all mountains will make walking challenging and lower temperatures also adds to a significant chill factor. A front clears south over England & Wales with a spell of early rain. Then broadly showery, frequent in west, falling as snow on Scottish Munros, also hail.

Headline for Lake District

Gales on tops, showers, some with hail.

Detailed Forecast for Friday, 9 October, 2026

How windy? (On the summits)	Westerly 50mph just at dawn, lessening to around 35-40mph most of the day but gusts may continue to reach 50mph.
Effect of wind on you?	Walking strenuous all day, gusts challenging balance and sometimes requiring bracing; considerable wind chill.
How wet? (Precipitation and its impact)	Early rain, then showers A band of rain sweeps across the fells in the morning, followed by a brief dry window. Showers then begin developing, increasing in frequency and intensity, a little hail forming.
Cloud on the hills?	Varied over high terrain Cloud base will vary from 800m upward, some clear windows on high tops. Cloud will more frequently cover high terrain through afternoon, bases reaching as low as 500-600m western fells during heaviest showers later in the day.
Chance of cloud free summits?	50%, trending lower afternoon
Sunshine? Air clarity (below cloud)	Soon mostly sunny, trending patchy, and some cloudier moments on west fells. Visibility very good, periods of poor visibility as showers increase.
How Cold? (at 750m)	11C just at dawn, rapidly cooling to around 6C. Feeling like -4 to -8C in direct wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Saturday, 10 October, 2026

Next week sees continued mixed weather: bands of rain coming and going, temperatures similarly fluctuating: generally mild, briefly chilly in Scotland with freezing levels temporarily onto high Munros where rain turns to snow; any accumulating snow soon thaws. West-southwesterly winds will be dominant, often quite strong, gales at times, but this allows for drier, brighter windows on eastern hill groups between weather systems.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.