

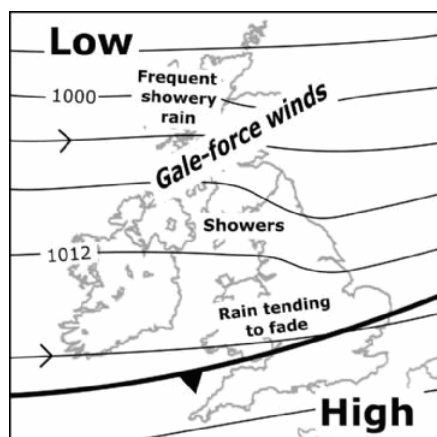
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 19 September, 2026



British Mountain Summary:

Based on forecast chart for noon 19 September, 2026

Challenging conditions over high terrain with gale-force winds extensive; feeling notably cold in exposure. Showery rain, most frequent western Scotland. Persistent rain for Wales tends to clear southward and the strongest winds will lessen here.

Headline for Lake District

Windy, gales on high tops; showery rain on and off.

Detailed Forecast for Saturday, 19 September, 2026

How windy? (On the summits)	Southwesterly 35 to 50mph, briefly lessens slightly in afternoon.
Effect of wind on you?	Strenuous-to-arduous walking conditions, frequent buffeting on high exposed terrain. Considerable wind chill.
How wet? (Precipitation and its impact)	Showers Showery rain most frequent over western Lakeland. Local bands of showers move eastward, but often just a scattering of mostly brief showers in the wind.
Cloud on the hills?	Varying on high tops, lifting higher Banks of cloud over higher slopes, most frequent western Lakes, base tending to lift in morning 600 to 800m. By afternoon, tending to break higher to 800-900m, sometimes higher, best eastwards.
Chance of cloud free summits?	50%
Sunshine? Air clarity (below cloud)	Glimpses of sun, more common east Lakes. Slight haze especially toward coasts, reduced in showers, better east.
How Cold? (at 750m)	7 to 9C, trending slightly cooler later in the daytime. Feeling like -2 to -5C directly in the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Sunday 20 September	Monday 21 September
How windy? (On the summits)	Westerly 40mph early morning, tending to lessen gradually to 25mph, slightly less later in day.	Westerly 25 to 40mph, very gusty in places; speeds may ease a little during the day.
Effect of wind on you?	Challenging conditions moderating, but still blustery and affecting comfortable walking on exposed tops. Marked wind chill.	Blustery, affecting ease of walking and balance in places, some buffeting gusts through passes, locally downslope.
How wet? (Precipitation and its impact)	Soon mostly dry Drizzly showers mostly western Lakeland early morning, fading to be largely dry.	Drizzle Drizzle and light rain, most frequent over western Lakeland, patchier eastward, but feeling generally damp where in cloud.
Cloud on the hills?	Lifting above most tops Patchy cloud above 700-800m in the morning, most common on western fells. Lifting and breaking, but may leave some patches grazing highest tops in west.	Extensive much of the day Blanket cloud shrouding the fells, foggy from some lower elevations upward in western areas. Cloud base higher eastward and a slow lift of base may develop with local breaks mainly later.
Chance of cloud free summits?	70%	20%
Sunshine? Air clarity (below cloud)	Broken cloud and sunshine; high cloud may thicken later. Some haze especially morning, visibility becoming very good.	Glimpses of sun mostly furthest east. Misty poor visibility, better visibility below cloud mainly northeast Lakes.
How Cold? (at 750m) Freezing Level	6 or 7C, little change all day, then tending to rise onward into night. Feeling sub-zero in the stronger wind. Above the summits.	12 to 14C, small change with added height and little change into night; quite humid, but still feeling near 5C if directly in wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 20 September, 2026

Improving on Sunday as gale-force winds on Scottish mountains gradually lessen and showers become fewer. Warm and humid into early next week, on Monday extensive low cloud and drizzly rain particularly in the west. High pressure to the south will generally dominate the extended outlook particularly for England & Wales with more often drier and warmer conditions through late September into early October. Fine weather likely extends across Scotland for periods too, but a more changeable autumnal mix may continue especially further northwest with rain and stronger winds at times.

Forecast issued at 16:00 on Friday, 18 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.