

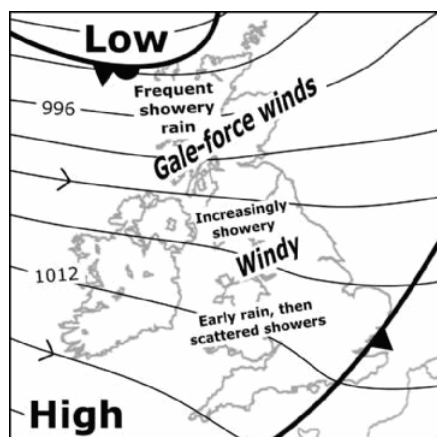
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 17 September, 2026



British Mountain Summary:

Based on forecast chart for noon 17 September, 2026

Strong westerly winds, gales widely on Scottish mountains; cool air and significant wind chill factor. Showery rain with heavy bursts mixed in most frequent in western Scotland, but tending to extend eastward. Showers develop more often for northern England too. Fewer showers for Wales after early rain clears.

Headline for Lake District

Wind increasing to gales, feeling chilly; showers become frequent.

Detailed Forecast for Thursday, 17 September, 2026

How windy? (On the summits)	Southwesterly 25mph from dawn, strengthening into middle of day and afternoon, to 35-40mph with notable gusts.
Effect of wind on you?	A blustery start in exposure, walking increasingly strenuous with buffeting gusts affecting stability; considerable wind chill.
How wet? (Precipitation and its impact)	Showery rain develops more often Showers drift from the west much of the day, generally light in nature, but becoming more frequent for several afternoon hours, briefly heavier bursts forming on central and east fells.
Cloud on the hills?	Banks over tops, lowering in showers Cloud caps will regularly drift over the highest fells, some breaks above the summits, but also lowering more broadly during showers, towards 600-800m, high terrain more often shrouded for several afternoon hours.
Chance of cloud free summits?	50%
Sunshine? Air clarity (below cloud)	Patchy sunshine, more often sunny on low slopes, though cloudier east afternoon. Good visibility but a building haze, variably deteriorating on high terrain.
How Cold? (at 750m)	7C. Feeling below freezing in strongest wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 18 September	Saturday 19 September
How windy? (On the summits) Effect of wind on you?	West turning SW'ly, 35-40mph, briefly less in morning, but then increasing further to 50mph higher fells afternoon. Generally strenuous in exposure, deteriorating during day to make walking arduous; notable wind chill.	Southwesterly 35 to 45mph. Strenuous-to-arduous walking conditions, frequent buffeting on high exposed terrain. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain sets in afternoon A few spots of drizzly rain in the morning but largely dry. From midday, patchy rain arrives from the west, becoming steadier rain setting in and becoming heavier during afternoon. Rain and drizzle continues into evening.	Showers Showery rain most frequent over western Lakeland. Further east a scattering of mostly brief showers in the wind.
Cloud on the hills? Chance of cloud free summits?	Lifting to summits, later filling in fairly widely Cloud on most slopes above 700-800m, lower patches west fells, tending to lift and break up, sometimes off tops. Through afternoon, cloud more broadly over tops, lowering, filling in widely to middle slopes; some higher bases towards Blencathra. 40%, lowering to 10%	Varying on high tops, lifting higher Banks of cloud over higher slopes, most frequent western Lakes, base tending to lift in morning 600 to 800m. By afternoon, tending to break higher, best eastwards. 50%
Sunshine? Air clarity (below cloud)	Patchy sunshine, trending overcast, later dull on west summits. Hazy at best, visibility deteriorating to poor as cloud and rain arrives.	Glimpses of sun, more common east Lakes. Slight haze especially toward coasts, reduced in showers, better east.
How Cold? (at 750m) Freezing Level	7 or 8C, rising towards 9C afternoon and further rising into evening/night. Feeling around 0C in direct wind. Above the summits.	7 or 8C, trending slightly cooler later in the daytime. Feeling like -2 to -5C directly in the wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Friday, 18 September, 2026

Sustained gale-force winds continue extensively on the mountains into the weekend, southwesterly turning westerly with time. Frequent rain over western hills, showers passing eastwards, tending to fade during Sunday as higher pressure begins to build from the south, allowing wind speeds to lessen too over England & Wales. Warmer into early next week, though higher humidity brings more cloud some drizzly rain to the west. A generally more promising forecast for late September as high pressure nearby offers drier and warmer weather for more places. Weather systems grazing past Scotland to the north still bring locally stronger winds and occasional rain mainly to the northwest.

Forecast issued at 16:00 on Wednesday, 16 September, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.