

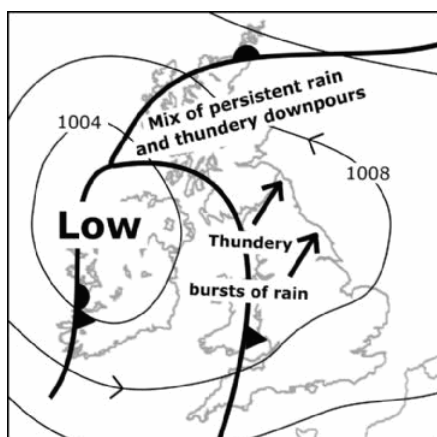
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Tuesday, 4 August, 2026



British Mountain Summary:

Based on forecast chart for noon 4 August, 2026

Extensive rain and low cloud across Scotland, becoming thundery downpours into the afternoon from the south into the Highlands. For England & Wales, rain and low cloud most persistent in the morning, heavy showery bursts in middle of day tending to clear eastward afternoon. Strong and gusty winds widely.

Headline for Lake District

Low cloud, thundery bursts of rain; improving. Breezy.

Detailed Forecast for Tuesday, 4 August, 2026

How windy? (On the summits)	South turning southwesterly 20 to 25mph, gusty 30mph around showers.
Effect of wind on you?	In places fairly small, but often blustery over exposed high terrain, sudden buffeting near showers.
How wet? (Precipitation and its impact)	Rain and heavy showers, risk thunder, improving afternoon Rain fairly extensive from dawn, some heavy bursts, possibly thundery. Breaking up into showers, some still heavy with chance of thunder and lightning middle of day into early afternoon, but tending to clear northeastward to just well scattered brief showers afternoon-evening.
Cloud on the hills?	Low cloud rising, some breaks later In morning, expect blanket of fog across higher areas, ragged patches to some lower slopes. An improvement during the day as cloud base lifts toward 700m, and some breaks higher up later in day.
Chance of cloud free summits?	20% rising to 70% later afternoon
Sunshine? Air clarity (below cloud)	Cloudy murky start. Sunshine breaking through mainly afternoon. Hazy, and visibility poor in rain, improving into the afternoon to become increasingly very good.
How Cold? (at 750m)	13C, rising to 16C afternoon out of cloud.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 5 August	Thursday 6 August
How windy? (On the summits)	Southwesterly, strengthening 30 to 40mph in morning, reaching 50mph by middle of day into afternoon, stronger	Northwest then westerly 20 to 25mph, at times 30mph higher fells early in the day.
Effect of wind on you?	Worsening conditions, strenuous walking, becoming challenging then increasingly difficult afternoon. Marked wind chill.	Breezy over high terrain, starting to affect comfortable walking and balance on exposed ridges. Feeling noticeably cool.
How wet? (Precipitation and its impact)	Frequent or persistent rain Showery rain frequent or merging into more constant falls particularly over western Lakeland, but bursts of rain passing eastward. Risk of isolated thunder.	Early showers fade Showers from dawn into early morning, tending to fade to be often dry, rare light showers into middle of day onward. Patchy rain may develop from west evening into night.
Cloud on the hills?	Fairly extensive Covering many higher slopes much of the day above 500-700m, lowest and most persistent in southwest and during rain. Some breaks forming where dry in east.	Lifting and breaking above tops Cloud banks above 700-800m in the morning, most common west Lakeland. Lifting to higher tops then largely clearing the fells, odd patches on highest summits.
Chance of cloud free summits?	20%	70%
Sunshine? Air clarity (below cloud)	Brief sun breaking through mainly east. A general slight haze, reduced to poor visibility in rain.	Occasional sun breaking through. Visibility very good.
How Cold? (at 750m)	9 or 10C, little change all day. Feeling near or below freezing in the stronger wind.	7C rising to 10C afternoon. Feeling near to freezing if exposed to stronger wind on tops.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 5 August, 2026

Low pressure over the country during midweek brings strong winds, rain and thundery showers. Trending toward westerlies later in the week and into weekend, by then most rain and low cloud in western Scotland, but showery rain elsewhere at times, accompanied by periods of strong to gale force mountain winds at times. Generally fresh temperatures widely, often in mid-single figures over Scottish high tops. Despite falls of rain, beware of ongoing fire management restricting access to hills locally.

Forecast issued at 16:30 on Monday, 3 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.