

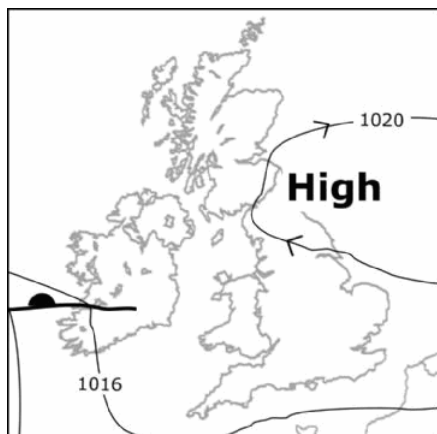
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Sunday, 2 August, 2026



British Mountain Summary:

Based on forecast chart for noon 2 August, 2026

A temporary ridge of high pressure will bring a fine day with light wind almost everywhere. Cloud will be above nearly all summits and the air will be very clear. Nevertheless a few showers at first NW Scotland and later cloud thickening many areas ahead of rain.

Headline for Lake District

Light wind; very clear air; sunshine gradually weakening.

Detailed Forecast for Sunday, 2 August, 2026

How windy? (On the summits)	Varied direction, 10mph or less. Will become east to southeasterly in afternoon, and toward dusk begin to strengthen.
Effect of wind on you?	Negligible.
How wet? (Precipitation and its impact)	Rain not expected until about dusk Risk of rain starting about dusk.
Cloud on the hills?	Very little if any There may after dawn be patches for a few hours on some higher slopes, but soon summits cloud free.
Chance of cloud free summits?	Almost certain by mid or late morning
Sunshine? Air clarity (below cloud)	Periods of sunshine, before high cloud gradually thickens early afternoon. Slight haze clearing to give excellent visibility.
How Cold? (at 750m)	9C rising to 15C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Monday 3 August	Tuesday 4 August
How windy? (On the summits)	Easterly 15 to 25mph, sometimes a gusty 30-35mph in places.	Between east and southerly 15 or 20mph.
Effect of wind on you?	Sometimes fairly small, but expect sudden gusts (sometimes on lower slopes) making balance tricky.	Small
How wet? (Precipitation and its impact)	Rain now and again Occasional rain, mostly afternoon or particularly toward evening, when there may be heavy bursts.	Occasional rain Confidence low: Areas of rain will tend to move away northwards - perhaps clearing soon after dawn, but in afternoon, risk heavy, possibly thundery showers.
Cloud on the hills?	Patches may form in rain Most, possibly all hills cloud free, perhaps all day. But in rain, most likely only late in day fog may begin to shroud some higher slopes, and possibly here and there extend to lower slopes.	Blanket of, or extensive fog morning, but cloud base likely to rise Confidence low: In morning, expect blanket of fog across higher areas, sometimes as low as 300m. There may well be an improvement as cloud base lifts to 500 to 700m, possibly sometimes 900m north lakes - but fog reforming in rain.
Chance of cloud free summits?	80%	20%
Sunshine? Air clarity (below cloud)	Some weak sunshine through thin high cloud. Some haze, although generally very good visibility.	A little sunshine, most likely later in day. Hazy, and visibility poor in rain.
How Cold? (at 750m)	13C	13C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 3 August, 2026

Confidence in the detail remains low through the first half of the coming week. Areas of rain (and accompanying low cloud) will circulate across Scotland - quite large falls in some areas. Although total rain fairly small across England and Wales, bursts of rain, in places thundery, will occur in some areas.

Later in the week, very little rainfall England and Wales, whilst mainly in western Scotland, some rain from time to time - though probably total rainfall small.

Terrain remains exceptionally dry, ('tinder dry') except for W Scotland.

Forecast issued at 14:07 on Saturday, 1 August, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.