

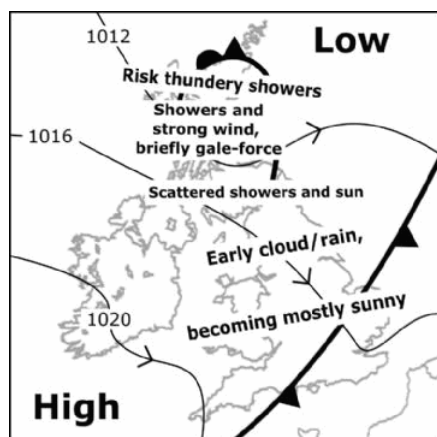
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Thursday, 30 July, 2026



British Mountain Summary:

Based on forecast chart for noon 30 July, 2026

Cool, windy, and showery in Scotland. Gales and heavy showers pass west-to-east across the highlands, showers most frequent with lightning risk north. Starting breezy with rain over the Pennines and Wales, this clearing east for sun, a few odd showers northwest England. Mild-to-warm England and Wales.

Headline for Lake District

Few showers, increasingly sunny; blustery, notably north fells

Detailed Forecast for Thursday, 30 July, 2026

How windy? (On the summits)	Westerly 20-25mph, strengthening somewhat over northern Lakeland, strongest gusts over high tops approaching 40mph for a few afternoon hours.
Effect of wind on you?	Fairly small at first, but increasingly affecting comfortable walking, greatest risk of considerable buffeting and strenuous walking over high northern fells with notable wind chill.
How wet? (Precipitation and its impact)	Occasional showers Scattered showery rain, briefly may give odd heavy bursts, tending to move away eastward in afternoon. Odd light showers may return from west evening and night.
Cloud on the hills?	Mostly west, lifting to clear summits Patchy cloud banks over higher fells, most in western areas in the morning. Some risk of more extensive cloud to middle slopes just at and before dawn, but bases soon rise, breaking above many tops; odd lowering patches in showers.
Chance of cloud free summits?	70%
Sunshine? Air clarity (below cloud)	A patchwork of cloud and sun, sunnier windows with time; may be cloudier just at dawn. Visibility very good, briefly reduced if showers occur.
How Cold? (at 750m)	8 or 9C, may start slightly warmer just at dawn. Feeling like 0C in exposure to wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Friday, 31 July, 2026

Cool and showery westerlies into the weekend, windy over high terrain; western hills often capped in cloud. Southern Pennines and Wales likely see only scattered showers and remain warm. Cloud encroaches from the southwest on Sunday, winds turn southerly and warmer air wafts back across England and Wales. A complex area of low pressure is then expected to circulate slowly over Britain early next week, bringing areas of rain and heavy showers, some thundery downpours possible. Winds varying, trending northerly and strengthening, to gales over high summits on Tuesday. A window of improvement from midweek, which may persist into the weekend, but a showery northwesterly persists in Scotland. Beware ongoing fire management restricting access to some mountains.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.