

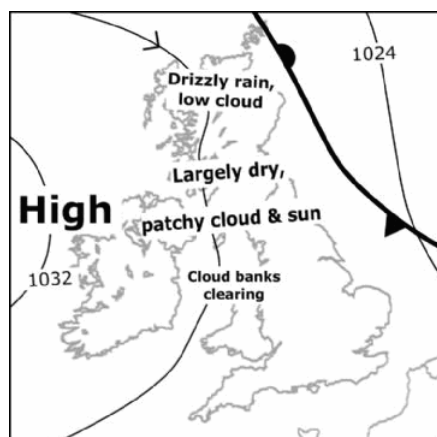
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Wednesday, 22 July, 2026



British Mountain Summary:

Based on forecast chart for noon 22 July, 2026

Dull and damp for northern Scotland much of the day, low cloud blanketing the hills, fresh northwesterly winds, feeling cool. Drier and better cloud breaks southward across the Highlands. Some cloud on hills in northern England and Wales tending to lift and break, some warm sunshine.

Headline for Lake District

Largely dry; some low cloud, tending to lift. Light-moderate breeze.

Detailed Forecast for Wednesday, 22 July, 2026

How windy? (On the summits)	North to northwesterly 10 to 20mph, occasional 25mph higher western fells.
Effect of wind on you?	Mostly small effect on walking, locally more noticeably breezy and quite cool on high tops in western Lakes.
How wet? (Precipitation and its impact)	Rare if any light rain Brief light spots of rain may occur mainly toward north/northwest in the morning. Small chance of an isolated light shower later afternoon mainly inland and east.
Cloud on the hills?	Early patches soon clear Some cloud banks in the morning around north and western fells mostly above 700-800m, brief patches elsewhere. Lifting above most tops by middle of day.
Chance of cloud free summits?	60% rising above 90%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun. Visibility very good.
How Cold? (at 750m)	10C rising to 14C afternoon. In the morning, feeling like 4C if exposed to stronger breeze western tops.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Thursday 23 July	Friday 24 July
How windy? (On the summits)	West to northwesterly 10 to 15mph or less, tending to increase a little toward evening 15-20mph, reaching 25-30mph	Westerly 20 to 30mph, sustained speeds likely strongest later in day.
Effect of wind on you?	Mostly small during day.	Breezy over the fells, starting to affect ease of walking on exposed higher areas. Noticeable wind chill.
How wet? (Precipitation and its impact)	Generally dry Small chance a brief light shower mainly afternoon.	Some fine drizzle A little drizzle in the air at times, mostly western areas around low cloud. Into the night, patchy rain likely arrives from the northwest.
Cloud on the hills?	Patchy cloud lifting and breaking Patchy cloud banks from dawn, soon mostly above 700m. Cloud base rising toward then above most higher summits by midday, odd patches Scafell group tops.	Most common over western tops Banks of cloud drifting over western Lakeland fells mostly above 700m, more often 800-900m further east, breaking to tops for periods.
Chance of cloud free summits?	60% rising to 90%	40% west, to 70% east.
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, best toward the coast in the afternoon. Visibility very good.	Fairly cloudy, some sun breaking through at times, mainly in east. Visibility very good below cloud.
How Cold? (at 750m)	11C rising to 13 to 15C, warmest eastern fells afternoon.	9C rising to 13C. Feeling like 2 to 4C directly in the wind.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 23 July, 2026

Westerly winds strengthen widely later this week, reaching gale-force over Scottish tops on Friday; low cloud across western Scotland, drizzle and steadier light rain, turning heavier later Friday. A swathe of persistent rain and strong winds moving southwards across Britain into Saturday, leaving a legacy of showers for Scotland, winds tending to lessen. Further areas of showers into Sunday. A changeable westerly pattern into next week and likely into early August, bringing spells of rain and showers; varying wind speeds, strengthening at times to gales on high tops. Often cooler for Scotland, a mix of cooler and warmer days for England & Wales.

Forecast issued at 16:01 on Tuesday, 21 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.