

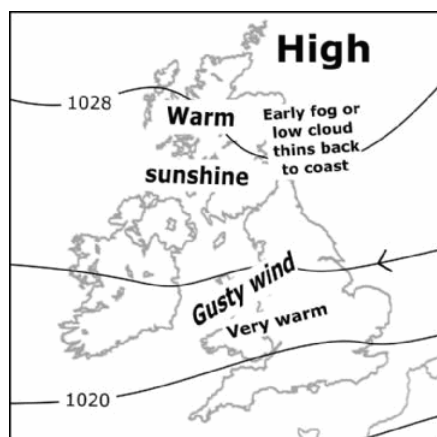
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Tuesday, 14 July, 2026



British Mountain Summary:

Based on forecast chart for noon 14 July, 2026

Dry with strong sunshine, warmest in west.

Early fog and low cloud over eastern hills retreats toward the North Sea in the morning. Gusty easterlies mainly central Scotland southwards, strongest for Wales.

Extremely dry ground conditions - beware high risk of fire.

Headline for Lake District

Warm sunshine, fells clear, gusty wind.

Detailed Forecast for Tuesday, 14 July, 2026

How windy? (On the summits)	Easterly 15 to 25mph, local gusts 30mph around some upper slopes, strongest speeds not necessarily on summits, gusty particularly in morning, easing a little during the day.
Effect of wind on you?	Breezy over the fells, in places gustiness may start to affect comfortable walking, feeling cooler where exposed.
How wet? (Precipitation and its impact)	No rain expected
Cloud on the hills?	Mostly clear, early patches Patchy fog at first in some valleys and brief fragments drift over tops mainly north and east Lakes, but all dispersing for clear fells, many areas clear all day.
Chance of cloud free summits?	Above 90%
Sunshine? Air clarity (below cloud)	Mostly sunny. Visibility very good. High UV, beware sunburn.
How Cold? (at 750m)	13C from dawn, some higher slopes start warmer near 16C; rising to 18C (valleys reach 25C). Feeling fresher directly in the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 15 July	Thursday 16 July
How windy? (On the summits)	Easterly 15 to 20mph, some gusty spots 25mph, not just on the highest terrain, local 30mph possible western Lakeland.	East to northeasterly, 10 to 15mph, at times gusts 25mph around some fells and high passes.
Effect of wind on you?	Fairly small, but feeling breezier in places around higher fells, some more notable gusts toward the west in morning.	Mostly small, but occasional noticeable gustier locations.
How wet? (Precipitation and its impact)	No rain expected	No rain expected
Cloud on the hills?	Fells clear Patchy mist some valleys and brief fragments around some northeast slopes at first, but soon all dispersing.	Hills clear
Chance of cloud free summits?	Practically certain	Practically certain
Sunshine? Air clarity (below cloud)	Strong sunshine all day. Excellent visibility on high terrain, some low-level haze.	Sunshine over the hills dawn til dusk, occasional thin high cloud. Visibility excellent, slight low-level haze.
How Cold? (at 750m)	14C or warmer on high tops (warmer than valleys), rising to 18C afternoon (valleys reach 25C).	16C from dawn (warmer than valleys at first), rising to 19C (valleys reach 25C).
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 15 July, 2026

Staying broadly fine likely through the weekend into early next week at least - dry with pleasantly warm temperatures and often plenty of sunshine. Some coastal fog rolling inland overnight for misty dawns in places this week.

Valley temperatures rising to 25C or above, typically warmer in Wales and Peak District. Gusty easterly winds for England and Wales. An ongoing very high risk of fire with extremely dry ground conditions. Into the weekend, northerly breezes develop more widely, a cooling trend for a time, particularly Scotland where summit temperatures likely dip back below 10C; some cloud may be drawn onto northern mountains at times, small chance of isolated showers.

Forecast issued at 16:00 on Monday, 13 July, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.