

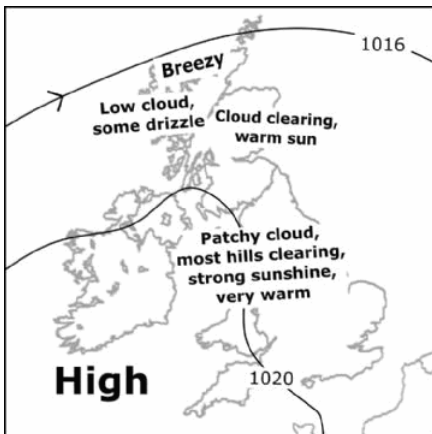
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



**Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to [www.wheelwrights.com](http://www.wheelwrights.com)**

## General Summary for Wednesday, 8 July, 2026



### British Mountain Summary: Based on forecast chart for noon 8 July, 2026

Damp with blanket low cloud in W-NW Scotland, gusty locally. Highest Scottish tops may emerge above the cloud. Drizzle on western slopes easing, cloud thinning and breaking for central and southwest Scotland, sunnier and warmer overall in east. Very warm to hot sunshine for England & Wales.

### Headline for Lake District

Warm and sunny. Light-moderate breeze.

## Detailed Forecast for Wednesday, 8 July, 2026

<b>How windy? (On the summits)</b>	West to southwesterly 15mph to occasional 20mph, in places 25mph around high tops for an hour or so from dawn.
<b>Effect of wind on you?</b>	Fairly small, some noticeable gustier spots early in day.
<b>How wet? (Precipitation and its impact)</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Early patchy cloud clearing</b> Some cloud banks on hill slopes mainly northwestern areas in the morning. Highest tops may start above this cloud before it drifts briefly higher, then tending to all thin and disperse into middle of day.
<b>Chance of cloud free summits?</b>	<b>50% rising to 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Varied cloud in morning, but increasingly sunny with thin patchy cloud afternoon; high UV, beware sunburn. Visibility very good, some early mist.
<b>How Cold? (at 750m)</b>	13C rising to 16 to 18C afternoon, warmest east and southeast fells. (Eastern valleys rising toward 25C afternoon).
<b>Freezing Level</b>	Above the summits.

## Lake District - Looking Ahead

	Thursday 9 July	Friday 10 July
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	West to southwesterly 15mph early in day, tending to drop to 5-10mph, occasional stronger gusts, mostly <b>Small.</b>	East to southeasterly or variable 10-15mph or less. <b>Small.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>Most likely dry</b> Late in the day, chance of a very isolated burst of rain, low risk a thundery downpour.
<b>Cloud on the hills?</b>	<b>Hills clear</b>  Patchy mist some valleys at dawn, briefly may drift onto lower hill slopes early in day, but soon all dispersing. Some patchy low coastal fog possibly lingers for a time.	<b>Hills clear</b>
<b>Chance of cloud free summits?</b>	<b>Above 90%</b>	<b>Practically certain</b>
<b>Sunshine?</b> Air clarity (below cloud)	Generally sunny, a little fair-weather cloud. Some early patchy mist, otherwise visibility excellent.	Strong sunshine, some thin high cloud, may build across the sky later. Visibility very good, but may become hazier.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	14C rising to 19C afternoon.  Above the summits.	16C at dawn rising to 21C; very warm and rather humid. (Most valleys reaching 28C) Above the summits.

**Planning Outlook****All mountain areas of Britain from Thursday, 9 July, 2026**

Increasingly warm for Scotland, hot for England and Wales this week. Southwesterly winds easing for much of Scotland but remnants of fronts bring further low cloud and drizzle to the west late this week. Locally a chance of thundery downpours in eastern Highlands later Friday, some of which may linger into Saturday but likely fading. A generally fine summertime outlook through the weekend and well into next week as high pressure expands northwards to broadly reside across Britain. Warm but generally pleasant summer temperatures next week. Sunshine and fair-weather cloud, many hills often clear. Easterly breezes for England and Wales.

**Forecast issued at 16:29 on Tuesday, 7 July, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.