

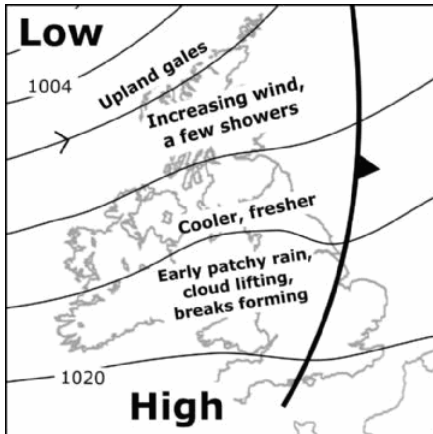
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Sunday, 28 June, 2026



### British Mountain Summary:

**Based on forecast chart for noon 28 June, 2026**

Strengthening southwesterly winds, reaching gale force over western Scottish mountains, soonest near Skye. Much fresher everywhere, rather chilly on tops in exposure to wind. Some early rain, improving as cloud lifts and breaks, but scattered showers move east across the Highlands into the afternoon.

### Headline for Lake District

Breezy. Early patchy rain, cloud lifts to tops, breaks form.

## Detailed Forecast for Sunday, 28 June, 2026

|                                                   |                                                                                                                                                                                                                                                                           |
|---------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b>                | Southwesterly 20-25mph, sometimes gusting 30mph over the highest tops, and trending stronger later in the day, 35mph.                                                                                                                                                     |
| <b>Effect of wind on you?</b>                     | <b>Fairly small, walking sometimes impeded on high exposed fells, feeling cool in exposure on tops.</b>                                                                                                                                                                   |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Early rain, then often dry</b><br>Several bands of rain pass west-to-east from before dawn into early morning, brief heavy falls and dry windows. Breaking into just scattered light showers by mid-late morning onward, amounting to little.                          |
| <b>Cloud on the hills?</b>                        | <b>Increasingly clearing summits</b><br>Shrouding high terrain early morning, bases near 600-700m at first, or lower western fells. During morning, bases rising, cloud increasingly broken into middle of day, just caps on high tops mid-afternoon with lengthy breaks. |
| <b>Chance of cloud free summits?</b>              | <b>30% rising to 80%</b>                                                                                                                                                                                                                                                  |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | A few glimpses of early sun, breaking to a patchwork of cloud and sun.<br>Visibility becomes excellent.                                                                                                                                                                   |
| <b>How Cold? (at 750m)</b>                        | 10 or 11C, cooling a degree later afternoon.<br>Feeling like 1 to 3C in strongest wind.                                                                                                                                                                                   |
| <b>Freezing Level</b>                             | Above the summits.                                                                                                                                                                                                                                                        |

## Lake District - Looking Ahead

|                                                                     | Monday 29 June                                                                                                                                                                                                                                                               | Tuesday 30 June                                                                                                                                                                                                                                     |
|---------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b><br><b>Effect of wind on you?</b> | Westerly 25-30mph at dawn, strongest higher fells, easing to finish near 10-15mph, some variability in direction.<br><b>Blustery in exposure at dawn, strenuous moments on tops, easing to small effects by evening.</b>                                                     | Southerly 20 to 25mph, shifting southwesterly and trending toward lower speeds during the day.<br><b>Blustery over exposed higher fells at least part of the day, may become fairly small.</b>                                                      |
| <b>How wet?</b><br>(Precipitation and its impact)                   | <b>Spotty rain, few showers</b><br>A few spots of light rain drift from the west from time to time, often damp west fells but amounting to little further east and often dry. Increased risk of showers for several later afternoon hours.                                   | <b>Frequent or persistent rain, some heavy</b><br>Areas of rain and showers throughout the day, periods of constant rain, likely heaviest and most persistent southwest Lakes in morning, but likely increasingly widely; risk of isolated thunder. |
| <b>Cloud on the hills?</b>                                          | <b>Banks over high terrain</b><br><br>Fairly extensive at dawn to middle slopes with lower variable banks, most extensive to the west. A general lifting trend, best of breaks forming east of high terrain; banks likely come and go above 800m west fells most of the day. | <b>Fairly extensive</b><br><br>Shrouding most high terrain all day, varying bases around rain, some ragged patches to lower slopes. Local breaks may form higher up, mainly northeastern Lakes.                                                     |
| <b>Chance of cloud free summits?</b>                                | <b>50%</b>                                                                                                                                                                                                                                                                   | <b>20%</b>                                                                                                                                                                                                                                          |
| <b>Sunshine?</b><br>Air clarity (below cloud)                       | Patchwork of cloud and sun, best sun lower eastern slopes.<br>Very good visibility.                                                                                                                                                                                          | Generally cloudy, brief weak sun north and east mainly morning.<br>Visibility often reduced by rain, poor for periods; intermittently very good if dry.                                                                                             |
| <b>How Cold? (at 750m)</b><br><br><b>Freezing Level</b>             | 7 or 8C rising to 11C.<br><br>Above the summits.                                                                                                                                                                                                                             | 10C rising to 12C afternoon.<br><br>Above the summits.                                                                                                                                                                                              |

**Planning Outlook****All mountain areas of Britain from Monday, 29 June, 2026**

A westerly Atlantic pattern dominates the new week: high pressure south and low pressure north will bring alternating periods of rain punctuated by bright sunshine. Wind generally on the strong side with mild to sometimes warm temperatures, though cooler and windier spells at times produce significant wind chill on Scottish tops. Western hill groups from Lakeland northward will see the most cloud and patchy rain, while east and southern areas likely drier and sunnier. This pattern is likely to continue into next weekend.

**Forecast issued at 16:00 on Saturday, 27 June, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.