

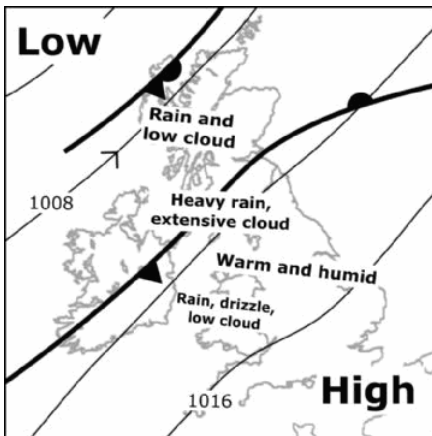
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Thursday, 18 June, 2026



**British Mountain Summary:
Based on forecast chart for noon 18 June, 2026**

Rain and low cloud affects many mountains, most persistent in the west, patchier and lighter for the Highlands by afternoon. A band of heavier rain for northern England and southwest Scotland, risk some thundery bursts. Blustery southwesterly winds. Feeling humid particularly for England and Wales.

Headline for Lake District

Soon windy. Rain setting in heavy, low cloud.

Detailed Forecast for Thursday, 18 June, 2026

How windy? (On the summits)	South-southwesterly 20-30mph early in day, but strengthening to 35-40mph, some variability afternoon, stronger gusts may approach 50mph for a time higher fells. Into night more widely reaching 40-50mph.
Effect of wind on you?	Increasing buffeting across the fells, walking becoming more challenging in places, knocking you off balance. Feeling cool on tops despite mild humid air.
How wet? (Precipitation and its impact)	Rain much of day, becoming heavy Persistently wet all day across the fells, sustained periods of constant often heavy rain particularly southwest Lakes, heavier falls increasingly setting in widely. Streams rising to be in spate. Chance of isolated thunder.
Cloud on the hills?	Extensive Shrouding fells widely, often toward lower slopes southwestern areas, rarely above 600m many hills, highest of any breaks northeastward.
Chance of cloud free summits?	10%
Sunshine? Air clarity (below cloud)	Largely cloudy, dull, murky in rain. Misty to lower levels south and west, local better visibility at times below cloud north, but widely poor in rain.
How Cold? (at 750m)	10C, locally rising to 12C out of cloud, mainly northeastern fells; quite humid. Feeling near 0C in stronger wind on tops.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Friday 19 June	Saturday 20 June
How windy? (On the summits) Effect of wind on you?	South-southwesterly, 40 to 50mph all day, peak gusts vary, over 60mph for periods around high tops. Challenging walking, gusts knocking you off balance, including on some downslopes to north. Considerable wind chill.	Southwesterly 20 to 25mph. Fairly small effect on walking, but feeling breezy on high terrain, rather cool particularly in morning.
How wet? (Precipitation and its impact)	Risk thundery rain developing Pulses of rain extending northeast across the region, varied through day, patchy or only spots for a time, but risk some heavy or torrential falls developing, may set in for periods afternoon onward. Risk of thunder.	Showers fading Some mostly light showery rain in the morning, tending to fade from the west middle of day into afternoon.
Cloud on the hills? Chance of cloud free summits?	Varied, most persistent southwest Likely to cover many fells from dawn, to lower slopes in south-southwest, here likely to persist. Some rise of base inland, breaks for a time in north. Filling in and lowering in rain widely, ragged patches to low slopes. 30%	Lowest and most extensive in morning Covering the fells fairly widely in morning, to lower slopes toward coast. Bases rising, tending to thin and break, but patches still likely to cap tops in Scafell group into afternoon, may gradually clear. 20% rising to 70% afternoon
Sunshine? Air clarity (below cloud)	Any sun weak through high cloud, largely overcast. Visibility may be good for a time inland, but a haze; murkier around rain.	Misty and largely cloudy start, improving with some sun breaking through and visibility becoming very good below cloud.
How Cold? (at 750m) Freezing Level	Humid 12 to 14C, then by evening onward dropping rapidly to 7C. Feeling near freezing in wind all day. Above the summits.	8C rising to 11C afternoon. Feeling close to freezing in wind on high tops, especially in the morning. Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 19 June, 2026**

Humid southwesterly winds, gales across many mountains on Friday, plus heavy rain, thundery bursts mixed in. Less windy, but still breezy into Saturday in Scotland, feeling less humid for most, but western Scottish hills at least stay cloud capped and with showery rain. Sunday is a drier day with clearer hills, light winds and feeling warmer. Into next week, a mixed west-southwesterly pattern for Scotland, rain and low cloud most common in the west, drier with higher cloud eastwards and more often dry. Warm and humid for England & Wales - often dry, but possible thunderstorms forming at times - detail more uncertain.

Forecast issued at 16:05 on Wednesday, 17 June, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.