

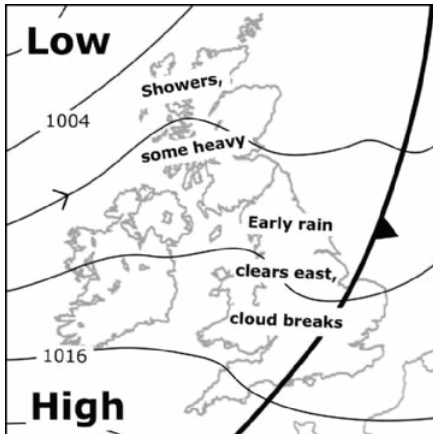
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 8 June, 2026



British Mountain Summary: Based on forecast chart for noon 8 June, 2026

Early rain across England and Wales, and perhaps eastern Scotland, soon clears eastwards. Following on, a south-westerly with scattered showers: risk of afternoon thundery ones northeast Scotland. Fewer showers and turning much brighter for England and Wales with hills becoming mostly clear.

Headline for Lake District

Early rain clears, then much brighter with patchy sun, and isolated showers.

Detailed Forecast for Monday, 8 June, 2026

How windy? (On the summits)	Southwesterly 20 to 25mph.
Effect of wind on you?	Fairly small effect on walking, but feeling blustery and a noticeable chill on exposed high terrain.
How wet? (Precipitation and its impact)	Early rain clears, then isolated showers. A band of rain clears eastward around dawn, briefly heavy. Then broadly showery, frequent rain for periods western fells, but some drier moments.
Cloud on the hills?	Fairly extensive at first, but lifting to or above tops. Banks of low cloud from dawn, down to 300-500m, may linger to mid morning, but as rain clears, bases will lift and breaks up markedly, with cloud lifting off fells mostly, bar patches tops in showers.
Chance of cloud free summits?	30% lifting to 80%
Sunshine? Air clarity (below cloud)	Overcast start, cloud breaking to reveal spells of sunshine. Visibility poor in early rain, but becoming mostly very good.
How Cold? (at 750m)	5 or 6C. Feeling below freezing directly in the wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 9 June	Wednesday 10 June
How windy? (On the summits)	South-westerly 15 to 25mph, may reach 30mph at times tops in the afternoon.	Westerly 15 to 25mph
Effect of wind on you?	May impede walking at times over the tops in the afternoon, with a marked wind chill.	Mostly small, but marked wind chill where exposed to the strongest breeze.
How wet? (Precipitation and its impact)	Frequent showers Frequent precipitation through the day, in the form of shower after shower feeding in across the fells. Some hail mixed in with the risk of thunder inland.	Showers forming widely, risk thunder Showers initially near to west coast. These will move inland and develop further to give widespread showers. Risk some hail, thunder well inland too.
Cloud on the hills?	Frequently covering upper slopes Fairly extensive above 500-700m at first, but bases rising to become mostly around 700-900m afternoon, perhaps some breaks to tops, mainly well inland.	Often covering tops Varying, but tops often covered through the day, especially towards west coast in the morning. Breaks to tops best in afternoon, outwith showers.
Chance of cloud free summits?	30%	40%
Sunshine? Air clarity (below cloud)	Often cloudy, limited patches of sun. Visibility often poor due to rain.	Variable cloud and patchy sun, best sun early in day well inland. Visibility mostly good, but poor in showers.
How Cold? (at 750m)	4 lifting to 6C	3C lifting to 6C
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 9 June, 2026**

The unsettled period of weather will persist over the coming week with low pressure area centres tracking just to the northwest of Scotland, allowing south-westerly winds to prevail. Rainfall often showery in nature, but coming in frequently to western mountains with the greatest falls for western Scotland. Chilly and windy at times; freezing level touching highest tops Scotland on Tuesday and Wednesday, when showers may fall as wet snow at times over the tops. Temperatures trending warmer again next weekend, as pressure is likely to rise from the south to give drier weather more widely.

Forecast issued at 16:25 on Sunday, 7 June, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.