

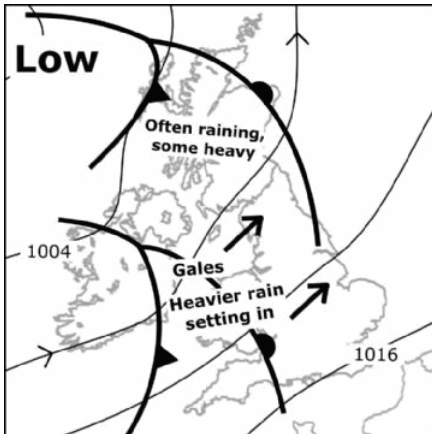
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 1 June, 2026



British Mountain Summary: Based on forecast chart for noon 1 June, 2026

Rain affects all areas during the day, some heavy falls widely, most constant in Wales. Low cloud across the hills, blanketing to lower slopes in west coastal areas. South-southwest winds, varied in Scotland, but stronger England and particularly Wales, here gales over tops. Fairly mild air, but feeling cooler in wind.

Headline for Lake District

Windy, to gale-force tops. Heavy rain setting in, low cloud.

Detailed Forecast for Monday, 1 June, 2026

How windy? (On the summits)	South-southwesterly 25 to 30mph early in day, strengthening to 40mph for several hours middle of day into afternoon. May lessen a little into evening.
Effect of wind on you?	Blustery early in day, deteriorating to arduous walking, buffeting gusts affecting balance in exposure on tops and ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Rain soon setting in, often heavy Patchy rain from before dawn soon becoming frequent, and persistent for much of the day on south and western slopes with some sustained heavy falls. Intermittently easing off northeast areas. Rain continuing into evening.
Cloud on the hills?	Extensive, lowest cloud southwest Variable cloud banks from low slopes up in the morning in the south, some early clearer slopes north Lakeland, but soon extensive above 600m widely, highest of any breaks northeast Lakes; often below 400-500m Coniston to Pillar.
Chance of cloud free summits?	Below 10% south/west, 20% north/east.
Sunshine? Air clarity (below cloud)	Overcast, dull most of day. Visibility often poor due to fog and rain, good where below the cloud, mainly north Lakes.
How Cold? (at 750m)	9 or 10C. Feeling below freezing in strongest wind, near -5C higher tops.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 2 June	Wednesday 3 June
How windy? (On the summits)	Westerly 15 to 20mph.	South-southwesterly 30 to 50mph.
Effect of wind on you?	Fairly small.	Widely strenuous walking in exposure, buffeting gusts on tops and ridges, balance challenging. Considerable wind chill.
How wet? (Precipitation and its impact)	Showery for a time, clearing Scattered showers, forming mostly inland into middle of day, odd heavy bursts, chance isolated thunder, tending to clear away eastward during afternoon.	Rain and drizzle persistent Rain extends in from the southwest, becoming fairly persistent, heavy at times especially south and west Lakes, drizzly even when heavier rain fades; occasionally easing off northeast areas.
Cloud on the hills?	Mostly high tops, clearing Patchy cloud banks around some upper slopes in the morning, soon mostly above 800m, ragged patches near showers, then increasingly clearing many tops afternoon, some patches may come and go in west.	Extensive Blanket low cloud across the fells, from lower slopes up near the coast, rarely above 500-600m inland, highest bases toward northeast of Helvellyn.
Chance of cloud free summits?	60%	10%
Sunshine? Air clarity (below cloud)	Glimpses of sun, becoming sunnier around coasts then later extending further inland. Visibility very good, reduced in showers.	Largely cloudy. Visibility good below cloud northeast, but hazier west, poor in rain.
How Cold? (at 750m)	9 or 10C.	7 or 8C, slight rise afternoon if not in cloud. Wind chill feeling like -5C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 2 June, 2026**

An unsettled spell through early June, possibly through the first two weeks, as low pressure over the north Atlantic and southwesterly winds dominate. Periods of rain mixed with showery days widely - the most constant rain over western mountains with low cloud often shrouding the hills. Wind speed will vary, but up to gale-force for periods over the hills, mostly in Scotland by later this week. Higher pressure to the south tends to expand across and just east of Britain later in the week, bringing some drier weather, but western hills even in England and Wales may remain often misty and drizzly. Temperatures near average, cooler at times. Mid June onward shows signs of drier and warmer weather.

Forecast issued at 16:00 on Sunday, 31 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.