

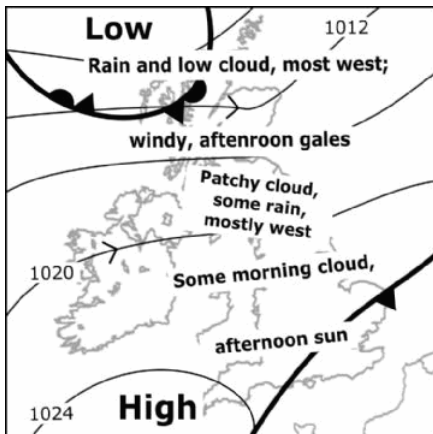
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 29 May, 2026



British Mountain Summary: Based on forecast chart for noon 29 May, 2026

Very windy Scottish Highlands, afternoon gales, strongest north. Extensive low cloud and rain, most west, some breaks east but little sun. Morning cloud over England and Wales, clearing Wales and S Pennines for afternoon sun. Cloud slow to clear west slopes of Lakeland and N Pennines, spotty rain and blustery here.

Headline for Lake District

Blustery, gusty early; local cloud and rain, most fells dry

Detailed Forecast for Friday, 29 May, 2026

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|--|--|
| How windy? (On the summits) | West-southwesterly 25 to 35mph, stronger gusts in places, likely most of the day over the high tops, reaching towards 40mph early. |
| Effect of wind on you? | Very blustery over higher fells, affecting comfortable walking in exposure, strenuous walking with balance challenges during strongest gusts. Marked wind chill on tops. |
| How wet? (Precipitation and its impact) | A little rain, light showers, east fells often dry Odd pockets of drizzly rain on western fells and high tops through morning, largely fading by afternoon. Some brief showers from the west too. Northeastern fells likely entirely dry. |
| Cloud on the hills? | Extensive early, then varied banks over high terrain At dawn, fairly extensive above 700m, lower cloud to the south, to the lowest slopes south of Pillar. Lifting through morning, best chance of breaks near Helvellyn, but banks lingering above 700m (or lower west aspects) into afternoon. Only later more widely breaking up. |
| Chance of cloud free summits? | 30%, rising to 70% east fells |
| Sunshine? Air clarity (below cloud) | Some patchy sunshine east, increasingly sunny here and later sun breaking out more widely. Visibility good below cloud, hazier out towards coasts. |
| How Cold? (at 750m) | 8C rising to 11C, staying elevated overnight. Wind chill feeling near 0C on high tops. |
| Freezing Level | Above the summits. |

Lake District - Looking Ahead

| | Saturday 30 May | Sunday 31 May |
|---|--|---|
| How windy? (On the summits) Effect of wind on you? | South to southwesterly 15 to 30mph, notable gusts over tops and passes, including downslope early. Ease of walking often affected, at times strenuous on summits with buffeting. Marked wind chill on exposed tops. | West-southwesterly 20-30mph. Ease of walking becoming affected on summits, may at times become strenuous with a chilly feeling. |
| How wet? (Precipitation and its impact) | Dry morning, risk rain from west afternoon Largely dry morning or longer, but increasing risk with time into afternoon of patchy rain moving in from west, may become more frequent as evening approaches. | Showers Showers drift in from the west throughout the day, some fine drizzle in cloud on high western slopes in the early hours. An easing tendency with time. |
| Cloud on the hills? Chance of cloud free summits? | Mostly little, lowering over tops later Some patchy cloud banks mostly fells nearer to coasts in morning, but many hills clear. As rain develops, cloud lowering over summits, banks as low as 600-700m in the west later if rain becomes more frequent. 80% dropping to 50% later | Lifting to high west terrain, clearing east A sheet of cloud from 600m up in the morning, as low as 400m in the west. Bases lift through morning, a breaking trend too in the east where many fells will be clear of cloud by early afternoon. High terrain of west fells stay in cloud until mid-afternoon. Rising to 80% east, 60% west |
| Sunshine? Air clarity (below cloud) | Occasional sun in morning before high cloud builds. Visibility very good, reducing later in rain. | Sunshine breaking out but weakened by high cloud. Very good visibility east, lingering cloud reduces visibility on high west slopes. |
| How Cold? (at 750m) Freezing Level | 9C rising to 11C. Wind chill feeling near 0C on high tops. Above the summits. | 8 or 9C, locally warming to 10C. Feeling just above freezing in strongest wind. Above the summits. |

Planning Outlook**All mountain areas of Britain from Saturday, 30 May, 2026**

Nearer average temperatures for all into the weekend onward as changeable southwesterlies prevail. England and Wales remain fairly sunny through Saturday, only beginning to deteriorate afternoon. Sunday will see showers for all, most in the west, and more frequent with heavy bursts in Scotland. A generally unsettled theme is expected during the first ten days of June with lower pressure dominating. Frontal systems come in from the Atlantic - rain, drizzle and low cloud most common on western coastal mountains, but showery days are likely more widely at times, possibly rain more widely further south later in week. Wind speeds will vary, but reaching gale force on mountains for periods. Occasional cooler spells when the wind turns northwesterly.

Forecast issued at 15:54 on Thursday, 28 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.