

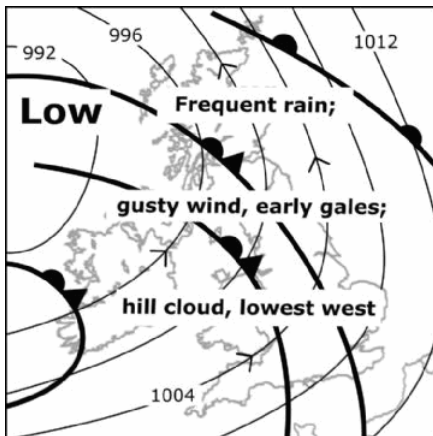
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Tuesday, 19 May, 2026



British Mountain Summary:

Based on forecast chart for noon 19 May, 2026

Frequent rain nearly everywhere all day, the rain most persistent west where hill-cloud fills in to low slopes with little improvement. A risk of localised hail and thunder in afternoon showery rain, increasingly wet underfoot, and with slippery rock surfaces. Very windy, gusty gales early including downslope.

Headline for Lake District

Rain most of the day; windy and gusty, early gales

Detailed Forecast for Tuesday, 19 May, 2026

How windy? (On the summits)	Southerly 40-50mph early with strong gusts over tops and downslope to the north. Shifting slightly southwesterly, easing somewhat, as low as 30mph in places but northwestern fells often 35-40mph well into the day.
Effect of wind on you?	Arduous walking with buffeting and wind chill in exposure; most powerful gusts early will significantly challenge stability. Easing for a time, but walking will remain strenuous.
How wet? (Precipitation and its impact)	Fairly persistent rain Frequent showers affect the fells most of the day, rain rarely ceasing on south and western slopes even between showers, and also drizzly on summits. Rain possibly more widespread around sunrise. Risk of isolated hail and thunder. A slight easing trend may happen later in the day.
Cloud on the hills?	Extensive Cloud shrouds the fells to the lower slopes from before dawn, and may well cover the south and west fells all day. A slight lifting trend north and east with time, but unlikely to break above 600-800m.
Chance of cloud free summits?	10%
Sunshine? Air clarity (below cloud)	A few glimpses of sun break out with time in the north and east. Largely poor visibility, some better moments to the north and east, but a haze building later in the day.
How Cold? (at 750m)	5 or 6C early, minimal change with added height. Rising to 7 or 8C. Temperature varies a few degrees in and out of rain. Feeling like -5 to -8C in direct wind.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Wednesday 20 May	Thursday 21 May
How windy? (On the summits)	West-southwesterly 25-40mph, may be quite gusty over tops and high passes.	Southwesterly 30-35mph. Strong gusts over tops and elevated passes, also downslope to the east early, to 45mph.
Effect of wind on you?	Walking impeded in exposure and often strenuous and feeling chilly; considerable buffeting possible over high terrain.	Strenuous walking with buffeting gusts often challenging stability, including downslope early. Feeling cool.
How wet? (Precipitation and its impact)	Frequent rain, later easing Light rain or drizzle will be quite persistent over high tops and western slopes much of the day. Broader areas of rain will drift from the west as well, these affecting all fells for periods. Easing later in the day.	Morning rain, afternoon drizzle Several hours of rain in the morning, briefly heavy on south and western fells. Rain breaks into a persistent drizzle on south and west slopes by afternoon, only fading later afternoon. Northern slopes drier sooner.
Cloud on the hills?	High terrain stays shrouded Extensive at dawn, to low slopes on west fells. Bases rise after sunrise, reaching above 700m by afternoon, some breaks possible off high eastern summits during dry windows. Western slopes will struggle to clear above 700m; Scafell stays shrouded.	Extensive Cloud shrouds the south and west fells from 200-500m upward most of the day, a general rising trend in bases with time. Very low cloud to the north and east early as well, but improving here, bases rising towards 700m, or higher later in the day.
Chance of cloud free summits?	30%	10%
Sunshine? Air clarity (below cloud)	Some glimpses of weak sun on east fells. Visibility largely poor, a few better windows to the east.	Largely overcast and dull with poor visibility. Some glimpses of brighter skies with improved visibility to the north and east.
How Cold? (at 750m)	6C rising to 8 or 9C. Feeling like -2 to -5C in strongest direct wind.	10 or 11C, little change with added height. May start slightly cooler.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Wednesday, 20 May, 2026**

Damp southwesterlies establish by mid-week; regular periods of rain with only glimpses of sunshine. Wettest on western hills where drizzle may persist between rain and low cloud clings to the hills. Expect slippery exposed rock surfaces and rare (if any) exposed tops in Scotland before the weekend.

Indications of rising pressure later in the week, bringing milder and drier conditions to England and Wales. However, some drizzle and low cloud may continue to affect western hills, outbreaks of rain as well, but rising chances of clear hills.

Pressure may continue to rise into the weekend, allowing for warmer and sunnier conditions, but some fronts and lingering humidity will continue to bring cloud and rain here and there.

Forecast issued at 15:55 on Monday, 18 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.