

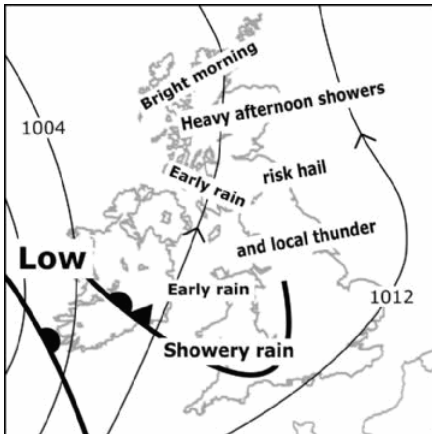
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 18 May, 2026



British Mountain Summary:

Based on forecast chart for noon 18 May, 2026

Variable hill cloud at dawn, early rain in Wales into Lakeland and south/eastern Scotland; NW Scotland starts clear. Most cloud lifts to or above summits. Heavy afternoon showers build over the Pennines northward across most of Scotland; risk hail and local thunder. Risk lingering rain south Wales.

Headline for Lake District

Early cloud and rain, mostly clearing, some showers linger

Detailed Forecast for Monday, 18 May, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>A sustained southerly 10mph most of the day, some variability around this value, and strong gusts will occur around showers too. Deteriorating overnight.</p> <p>Fairly small, but may become blustery around showers at times.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Morning rain breaks to showers</p> <p>Rain affects most fells from overnight into morning, showery bursts come and go, then breaking into a more showery regime afternoon with drier windows on southern fells. Showers could become heavy with a risk of hail and thunder later.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Lifting toward then above tops</p> <p>Varied cloud banks around hills in morning, perhaps extensive to at least middle slopes south and west. Tending to lift to upper slopes and increasingly clear above tops by mid-afternoon. Cloud may well break up as well.</p> <p>30% rising to 80%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Variable cloud, glimpses of sun, becoming sunnier near coast then further inland afternoon, but high cloud later thickens.</p> <p>Visibility very good.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>3C rising to 6 or 7C.</p> <p>If exposed to increasing wind later, feeling just below freezing on tops.</p> <p>Above the summits.</p>

Lake District - Looking Ahead

	Tuesday 19 May	Wednesday 20 May
How windy? (On the summits) Effect of wind on you?	Southeasterly 40-50mph, gusty early; shifting southwesterly, easing to 30-35mph several hours, later Arduous walking with buffeting and wind chill in exposure; easing with time but probably staying strenuous high tops.	West-southwesterly 25-40mph, may be quite gusty over tops and high passes. Walking impeded in exposure and often strenuous and feeling chilly; considerable buffeting possible over high terrain.
How wet? (Precipitation and its impact)	Fairly persistent rain Frequent showers affect the fells most of the day, rain rarely ceasing on south and western slopes even between showers, more widely persistent early too; risk of isolated hail and thunder. A slight easing trend may happen later in the day.	Frequent rain Light rain or drizzle will be quite persistent over high tops and western slopes much of the day. Broader areas of rain will drift from the west as well, these affecting all fells for periods. May ease later in the day.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive Cloud shrouds the fells to the lower slopes from before dawn, and may well cover the south and west fells all day. A slight lifting trend north and east with time, but unlikely to break above 600-700m. 10%	High terrain stays shrouded Extensive at dawn, to low slopes on west fells. Bases rise after sunrise, reaching above 700m by afternoon, some breaks possible off high eastern summits during dry windows. Western slopes will struggle to clear above 700m; Scafell stays shrouded. 30%
Sunshine? Air clarity (below cloud)	A few glimpses of sun break out with time. Largely poor visibility, some better moments to the north and east.	Some glimpses of weak sun on east fells. Visibility largely poor, a few better windows to the east.
How Cold? (at 750m) Freezing Level	7 or 8C. Feeling like -5 to -8C in direct wind. Above the summits.	6 to 8C. Feeling like -2 to -5C in strongest direct wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 19 May, 2026**

A mixed but milder outlook. Damp southwesterlies prevail for a few days as mid-week approaches with regular rain and showers, most on western hills where drizzly rain may persist between showers and persistent low cloud. Expect increasingly wet conditions underfoot and slippery rock surfaces. Also, a risk of isolated hail and lightning in the showers; showers may be enhanced in eastern Scotland in sea breezes. Indications of rising pressure later in the week, brining milder and drier conditions to England and Wales. However, some drizzle and low cloud may continue to affect western hills, with periods of rain and wind continuing to affect Scotland. Pressure may continue to rise into the weekend, allowing for warmer and sunnier conditions, but some fronts and lingering humidity will bring local periods of rain.

Forecast issued at 16:27 on Sunday, 17 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.