

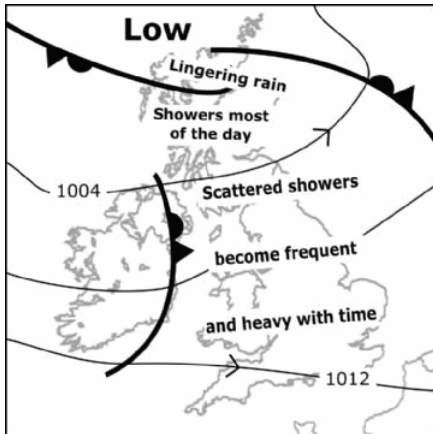
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Sunday, 17 May, 2026



### British Mountain Summary: Based on forecast chart for noon 17 May, 2026

Scattered showers for most through morning, early low cloud (lowest west) rises to and above many summits for several hours. Showers become frequent and heavy afternoon, risk of isolated lightning and hail; showers most of the day in Scotland. Breezy in exposure, strong gusts near showers, and quite chilly.

### Headline for Lake District

Patchy sun; scattered showers, later frequent and heavy

## Detailed Forecast for Sunday, 17 May, 2026

<p><b>How windy? (On the summits)</b></p> <p><b>Effect of wind on you?</b></p>	<p>West-southwesterly 20-25mph, at times 30mph over higher fells. Trending more southwesterly with time, may ease towards 15mph for several evening hours but always a risk of gusts around showers.</p> <p><b>Starting to affect comfortable walking in exposure on higher tops with marked wind chill.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Showers develop</b></p> <p>A little showery rain toward west early morning, then odd showers forming inland, some lingering drizzle on the top briefly. Increasing risk of heavier showers middle of day into afternoon, a risk of isolated hail and thunder.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free summits?</b></p>	<p><b>Mostly just banks on high terrain, sometimes lower west fells</b></p> <p>Banks of cloud around higher fells mostly in west and south in morning. Bases generally lifting to the high tops, breaking off the eastern fells, but highest summits slow to clear until afternoon. Then bases more variable as showers come and go, always lowest west, to 600-700m at times.</p> <p><b>60%</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>A patchwork of cloud and sun most of the day, western hills most often in the cloud, and more widespread cloud developing later in the day.</p> <p>Visibility very good, but reduced in showers.</p>
<p><b>How Cold? (at 750m)</b></p> <p><b>Freezing Level</b></p>	<p>3C rising to 5 or 6C.</p> <p>Feeling as cold as -5C in strongest wind.</p> <p>Above the summits.</p>

## Lake District - Looking Ahead

	Monday 18 May	Tuesday 19 May
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southerly 10 to 15mph in the morning, tending to rise to 20mph, later gusty 25-30mph, risk stronger into night. <b>Fairly small, but risk increasingly blustery later in daytime and worsening onward into night.</b>	Southerly 35-45mph, gusty early; easing trend and later shifting southwesterly, 30-40mph by late in the day. <b>Arduous walking with buffeting and wind chill in exposure; easing with time but remaining strenuous high tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Local showers likely clear</b> Patchy rain and odd showery bursts in the morning. Chance isolated heavy showers middle of day into afternoon, but most of these clear away east to be largely dry. Rain then develops into night from west.	<b>Fairly persistent rain</b> Frequent showers affect the fells most of the day, rain rarely ceasing on south and western slopes even between showers; risk of isolated hail and thunder. A slight easing trend may happen later in the day.
<b>Cloud on the hills?</b>	<b>Lifting toward then above tops</b>  Varied cloud banks around hills in morning, particularly west and southern areas. Tending to lift to upper slopes and increasingly clear above tops or largely break up into afternoon.	<b>Fairly extensive</b>  Cloud shrouds the fells to the lower slopes from before dawn, and may well cover the south and west fells all day. A slight lifting trend north and east with time, but unlikely to break above 600-700m.
<b>Chance of cloud free summits?</b>	<b>30% rising to 80%</b>	<b>10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Variable cloud, glimpses of sun, becoming sunnier near coast then further inland afternoon, but high cloud then thickens. Visibility very good.	A few glimpses of sun break out with time. Largely poor visibility, some better moments to the north and east.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	3C rising to 6C. If exposed to increasing wind later, feeling just below freezing on tops. Above the summits.	6 to 8C. Feeling like -5 to -8C in direct wind. Above the summits.

## Planning Outlook

### All mountain areas of Britain from Monday, 18 May, 2026

A mixed but milder outlook. Showery bursts of rain Monday, passing eastwards; by later Monday, strengthening southerly winds and rain moving into Wales from the southwest. Damp south-southwesterlies then prevail for a few days as mid-week approaches with regular showers, most on western hills where drizzly rain may persist between showers. Expect increasingly wet conditions underfoot, slippery rock surfaces. Also, a risk of isolated hail and lightening in the showers. Indications of high pressure building over the continent later in the week, brining milder and drier conditions to England and Wales. However, some drizzle and low cloud may continue to affect western hills, with periods of rain and wind continuing to affect Scotland. This trend may continue into the weekend, though detail currently uncertain.

### Forecast issued at 16:04 on Saturday, 16 May, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.