

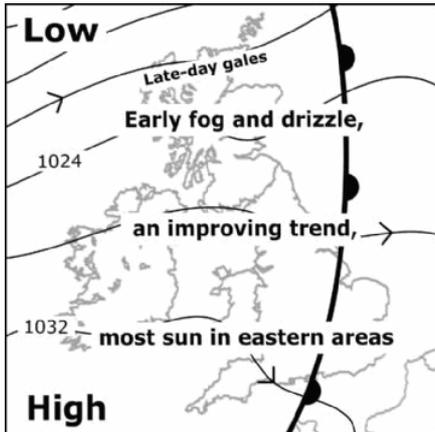
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Tuesday, 31 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 31 March, 2026**

A foggy, drizzly start for most, fog to lower slopes in western coastal areas. Fog lifts with time and drizzly rain eases, bursts of sun breaking out east, and perhaps more widely afternoon. Fog and drizzle lingers longest west Scotland and south Pennines. Blustery early, easing for most; a mild feel in England and Wales.

### Headline for Lake District

Breezy and drizzly early; an improving trend, some sun breaks

## Detailed Forecast for Tuesday, 31 March, 2026

<p><b>How windy? (On the summits)</b></p>	<p>At dawn, gusty northwesterly, 25-30mph, shifting westerly and easing to around 20mph, sometimes less, likely remaining gusty.</p>
<p><b>Effect of wind on you?</b></p>	<p><b>Blustery on exposed fells early in the day, stability likely challenged on exposed ridges with a notable wind chill. Effects will tend to ease.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Drizzly rain, generally easing</b> Drizzle and patchy light rain most frequent and widespread during the morning. Tending to fade, but patchy drizzle may linger in west, as well as on the high tops; feeling generally damp where within cloud, making rock surfaces slippery.</p>
<p><b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b></p>	<p><b>Extensive early, rising with local breaks</b> Blanket low cloud across the fells in the morning, from lower elevations up in west, 400-500m inland. Tending to rise to 700m, some breaks develop mostly eastern Lakeland with time. A chance of higher bases and more widespread breaks late in the day. <b>Below 10%, rising to 30% afternoon, 50% late in the day</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>Cloudy and misty at dawn, some brighter moments emerge inland and east Lakes with time, where visibility good if below cloud, but generally poor over many higher fells.</p>
<p><b>How Cold? (at 750m)</b>  <b>Freezing Level</b></p>	<p>6C. Feeling like -3C directly in the wind in the morning.  Above the summits.</p>

## Lake District - Looking Ahead

	Wednesday 1 April	Thursday 2 April
<b>How windy? (On the summits)</b>	Southwesterly 20 to 30mph, tending to strengthen, to gusty 35mph in places.	Variable 15mph or less.
<b>Effect of wind on you?</b>	<b>Blustery, buffeting gusts develop around some higher fells, local downslope gusts to east. Marked wind chill.</b>	<b>Small</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Risk of patchy rain developing</b> Scattered drizzly showers, but many hours likely dry. Increasing risk afternoon onward of patchy rain moving in from northwest, possibly heavier later.	<b>Substantially dry</b> Most hills dry, but a few spots of drizzle and snow flurries may affect eastern and northern fells at times; the flurries falling to 500-700m, the level rising with time.
<b>Cloud on the hills?</b>	<b>Often covering high tops, lowest bases west</b> Covering higher fells much of the day, lowest and most persistent in west and southwest Lakes, typical base 600-800m. Some breaks higher up eastward, perhaps odd breaks Blencathra to Helvellyn.	<b>Early fog, lifting, clear summits for periods</b> Fog on many slopes above 600m in the morning, most extensive north and east. Lifting through morning to mostly just patches on the summits, likely clearing off summits too.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>Rising to 60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, local brighter moments eastward, glimpses of sun north/east Lakes. Visibility good below cloud, but reduced around patchy rain.	Bursts of sunshine, probably more extensive for periods. Very good visibility.
<b>How Cold? (at 750m)</b>	5C. Feeling like to -5C in exposure on tops.	-2C at dawn, lifting to +1C.
<b>Freezing Level</b>	Above the summits.	500-700m, lifting towards 800m.

**Planning Outlook****All mountain areas of Britain from Wednesday, 1 April, 2026**

A drop of temperature is expected across Scotland during Wednesday as a band of rain drifts slowly southwards, turning to heavy upland snow. Atlantic weather patterns and west-southwesterly winds follow behind into the start of the Easter period at least, but day-to-day detail is uncertain. Temperature and wind will be variable, periods of gales and possibly often cold over the mountains with snow and hail showers at times to lower elevations at least in Scotland, sometimes more widely, mixed with some spells of rain - precipitation generally most frequent west and northwest, though bands of heavy rain will sweep east at times. Some windows of drier and brighter conditions, as well as milder days in England and Wales, occasionally milder Scotland too.

**Forecast issued at 15:50 on Monday, 30 March, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.