

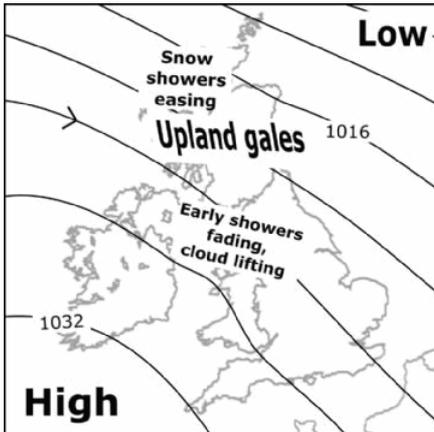
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Monday, 30 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 30 March, 2026**

Gale-force west-northwesterlies, severe over higher Scottish mountains toward the north, squally gusts around showers of snow, also hail toward north early in the day. Light showers of rain or upland snow tending to fade with time, some breaks in cloud forming, best eastwards.

### Headline for Lake District

Gales over tops. Showery early, improving, cloud breaks.

## Detailed Forecast for Monday, 30 March, 2026

<b>How windy? (On the summits)</b>	West to northwesterly, 40 to 50mph, strongest in the morning, gusts 60mph for a time higher tops.
<b>Effect of wind on you?</b>	<b>Walking difficult on exposed higher terrain, considerable buffeting, gusts knocking you off balance. Significant wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>A few light showers</b> Brief light showers, snow flurries above 500m, mostly in the morning and toward west, tending to fade.
<b>Cloud on the hills?</b>	<b>Lifting to higher tops, breaks inland</b> Cloud banks drifting over higher slopes, mostly above 600-700m in morning, tending to rise. Patches come and go on high western tops, clearer elsewhere. Will then lower from southwest into night.
<b>Chance of cloud free summits?</b>	<b>60% rising to 90% inland</b>
<b>Sunshine? Air clarity (below cloud)</b>	Occasional sun, most common east. Visibility mostly good, slight haze west.
<b>How Cold? (at 750m)</b>	0C rising to 2 or 3C afternoon, then higher after dark. Wind chill feeling like -12 to -15C.
<b>Freezing Level</b>	700m from dawn, rising above the tops into afternoon.

## Lake District - Looking Ahead

	<b>Tuesday 31 March</b>	<b>Wednesday 1 April</b>
<b>How windy? (On the summits)</b>	Westerly, 20 to 30mph, gusty in places around higher tops.	Southwesterly 20 to 30mph, tending to strengthen, to gusty 35mph in places.
<b>Effect of wind on you?</b>	<b>Breezy, gusty spots starting to affect comfortable walking on exposed terrain. Marked wind chill despite milder air.</b>	<b>Blustery, buffeting gusts develop around some higher fells, local downslope gusts to east. Marked wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Drizzly rain, fading during day</b> Drizzle and light rain most persistent and widespread during the morning. Tending to fade, but patchy drizzle may linger in west, feeling generally damp where within cloud, making rock surfaces slippery.	<b>Risk of rain developing</b> Scattered drizzly showers, but many hours likely dry. Uncertain timing, but increasing risk afternoon onward of patchy rain moving in from northwest, possibly heavier later.
<b>Cloud on the hills?</b>	<b>Extensive, rising with local breaks</b>  Blanket low cloud across the fells in the morning, from lower elevations up in west, 400-500m inland. Tending to rise to 600-700m, some breaks develop mostly eastern Lakeland with time.	<b>Often covering western tops</b>  Covering higher fells much of the day, lowest and most persistent in west and southwest Lakes, typical base 600-800m. Some breaks higher up eastward.
<b>Chance of cloud free summits?</b>	<b>Below 10%, rising to 30% afternoon.</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Cloudy and misty, some brighter moments emerge inland and east Lakes with time, where visibility good if below cloud, but generally poor over many higher fells.	Largely cloudy, local brighter moments eastward, glimpses of sun north/east Lakes. Visibility good below cloud, but reduced around patchy rain.
<b>How Cold? (at 750m)</b>	5 or 6C. Feeling like -3 to -5C directly in the wind.	5C. Feeling like to -5C in exposure on tops.
<b>Freezing Level</b>	Above the summits.	Above the summits.

**Planning Outlook****All mountain areas of Britain from Tuesday, 31 March, 2026**

A drop of temperature is expected again across Scotland during Wednesday as a band of rain then upland snow drifts slowly southwards. Atlantic weather patterns and west-southwesterly winds likely continue into the start of the Easter period at least, a risk of further gales over the mountains. Temperature may remain variable, possibly often cold over the mountains with snow and hail showers at times to lower elevations at least in Scotland, sometimes more widely, mixed with some spells of rain - precipitation generally most frequent west and northwest. Some windows of drier and brighter conditions, but day-to-day detail is uncertain.

**Forecast issued at 16:00 on Sunday, 29 March, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.