

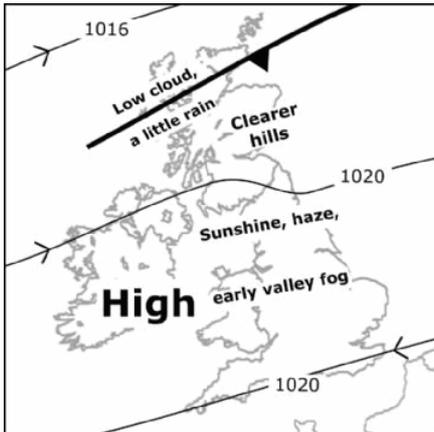
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 21 March, 2026



British Mountain Summary: Based on forecast chart for noon 21 March, 2026

Cloud covering some western Scottish mountains much of day, a little rain or drizzle mostly Lochaber to Skye. Clearer hills east and southwards in the Highlands, and some breaks form in far northwest. Gusty winds toward north/west. Sunshine, haze and early low-level fog England & Wales, light winds.

Headline for Lake District

Light wind during day. Sun and early patchy fog.

Detailed Forecast for Saturday, 21 March, 2026

How windy? (On the summits)	West to southwesterly 10 to 15mph. Increasing evening-night to 25-30mph.
Effect of wind on you?	Small during day.
How wet? (Precipitation and its impact)	Precipitation not expected
Cloud on the hills?	Little if any; early fog clearing Fog mostly valleys and lower hills in the morning, may lift upslope to patches on some tops mainly near to coast, generally dispersing to leave all fells likely clear.
Chance of cloud free summits?	Above 90%
Sunshine? Air clarity (below cloud)	Sunshine and some patchy cloud mostly in west; thin high cloud. Some haze particularly morning, better visibility afternoon; clearer air higher up.
How Cold? (at 750m)	7C, rising slightly into afternoon, 9C inland.
Freezing Level	Above the summits, but patchy frost in valleys and sheltered higher areas around dawn.

Lake District - Looking Ahead

	Sunday 22 March	Monday 23 March
How windy? (On the summits) Effect of wind on you?	Southwest becoming mostly westerly, 25mph, to at times gusty 30mph around higher fells. Blustery, starting to affect comfortable walking at times where exposed on tops. Feeling chilly.	West soon southwesterly 15-20mph or less in morning. Then uncertain timing, but likely increasing, later 35 to 50mph. Fairly small, perhaps up to early afternoon, but expect increasingly blustery conditions, and deteriorating further into evening.
How wet? (Precipitation and its impact)	Rain briefly Some drizzly rain for a time in morning, then briefly showery rain, but amounts small, fading afternoon.	Precipitation unlikely until night
Cloud on the hills? Chance of cloud free summits?	Varied patches, lifting onto some tops Patchy fog around some valleys and cloud banks on hill slopes mostly southern areas in the morning. Tending to lift, but then cloud caps drifting over higher fells with time, particularly western areas. 50%	Little if any 90%
Sunshine? Air clarity (below cloud)	Early sun giving way to thickening high cloud, more overcast with time. Visibility mostly good, but some haze.	Sunshine tending to weaken as high cloud thickens, may become obscured afternoon. Visibility excellent.
How Cold? (at 750m) Freezing Level	5 or 6C, dropping to 3C by dusk, possibly colder after dark. Feeling near or just below 0C in wind. Above the summits. Slight frost inland valleys at dawn.	0C rising to 3C by late afternoon. As wind increases, chill factor later feeling like -10C in exposure. 800m plus frost in valleys around dawn. Rising above freezing to highest tops by middle of day.

Planning Outlook**All mountain areas of Britain from Sunday, 22 March, 2026**

A changeable mix during the week ahead, but feeling wintry with snow and hail showers widely into midweek. Fine conditions on Monday, but southwesterly winds increasing, later severe gales on Scottish mountains. A spell of rain by late Monday into the night with a brief rise of temperature, but the freezing level drops from the northwest again into Tuesday, falling sub-zero across all hills of Britain above 600-700 m later Tuesday into Wednesday. Significant chill factor from gale force west then northwesterly winds. High pressure to the southwest then likely rebuilds to settle things again toward next weekend and temperatures will tend to recover. A mixed west to southwesterly flow may continue to bring more changeable conditions to west and northwest Scotland.

Forecast issued at 15:45 on Friday, 20 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.