

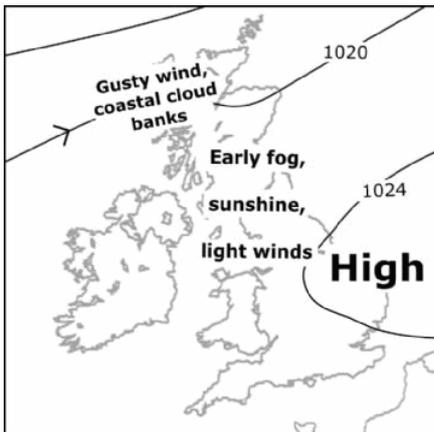
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Friday, 20 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 20 March, 2026**

Southwesterly winds over the Highlands will be gusty in places, strongest toward far northwest where locally up to gale-force. Cloud banks near Scottish west coast, otherwise largely clear with strong early spring sunshine, beware sunburn. Early areas of fog clearing. Light winds England and Wales.

### Headline for Lake District

Wind mostly light. Patchy fog clears, warm sunshine.

## Detailed Forecast for Friday, 20 March, 2026

<b>How windy? (On the summits)</b>	Southerly or variable 10mph or less, occasional local gusts develop.
<b>Effect of wind on you?</b>	<b>Small.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Precipitation not expected</b>
<b>Cloud on the hills?</b>	<b>Little if any, early fog clears</b> Patchy fog in valleys from dawn, local cloud forming around some southern hill slopes for a time, but largely disperse into middle of day. Some fog patches may linger over Irish Sea.
<b>Chance of cloud free summits?</b>	<b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Mostly sunny. Visibility very good, some haze lower down.
<b>How Cold? (at 750m)</b>	7 or 8C, some cooler spots at first, then some slightly warmer spots by afternoon.
<b>Freezing Level</b>	Above the summits, but slight frost in valleys and some sheltered higher areas at dawn.

## Lake District - Looking Ahead

	<b>Saturday 21 March</b>	<b>Sunday 22 March</b>
<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	West to southwesterly 10 to 15mph. Increasing evening-night to 25-30mph.  <b>Small during day.</b>	Southwest becoming mostly westerly, 25mph, to at times gusty 30mph around higher fells.  <b>Blustery, starting to affect comfortable walking at times where exposed on tops. Feeling chilly.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Precipitation not expected</b>	<b>Risk of rain briefly</b>  Some drizzly rain may develop for a time, then perhaps briefly showery rain, but amounts small.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Varied early fog largely clearing</b>  Fog mostly valleys and lower hills in the morning, may lift upslope to patches on some tops during morning, increasingly dispersing or becoming confined near to coast. Most fells clear afternoon.  <b>70% rising above 90%</b>	<b>Varied patches, lifting onto some tops</b>  Patchy fog around some valleys and cloud banks on hill slopes mostly southern areas in the morning. Tending to lift, but then cloud caps drifting over higher fells with time, particularly western areas.  <b>50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine and some patchy cloud mostly in west; thin high cloud. Some haze particularly morning, better visibility afternoon.	Early sun giving way to thickening high cloud, more overcast with time. Visibility mostly good, but some haze.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	7C, rising slightly into afternoon.  Above the summits, but patchy frost in valleys and sheltered higher areas around dawn.	5 or 6C, dropping to 3C by dusk, possibly colder after dark. Feeling near or just below 0C in wind. Above the summits. Slight frost inland valleys at dawn.

**Planning Outlook****All mountain areas of Britain from Saturday, 21 March, 2026**

High pressure slowly retreats over the weekend to allow west-southwesterly winds to move into Scotland, bringing more cloud to the northwest and some drizzle on Saturday, though most places remain dry. By Sunday, stronger westerly winds and a front passing eastwards with a spell of rain followed by lowering temperatures and showers with snow and hail over the hills in Scotland. A chilly start to the new week, near or below freezing over higher mountains, particularly Scotland. Changeable westerlies during next week, windy for all at times, showery conditions most common in western Scotland. High pressure to the south rebuilds at times to settle things again.

**Forecast issued at 15:00 on Thursday, 19 March, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.