

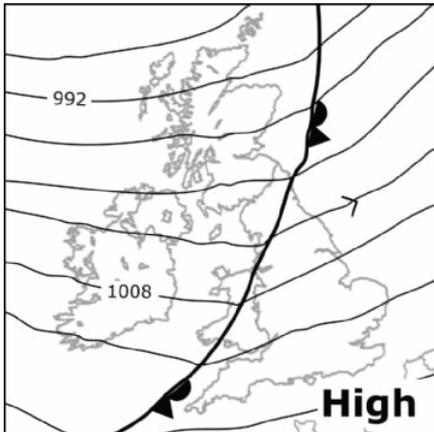
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 15 March, 2026



**British Mountain Summary:
Based on forecast chart for noon 15 March, 2026**

Widespread rain - snow higher areas Scotland and finishing as snow higher summits elsewhere, will from the west clear (as temperatures drop) to squally hail and snow showers. Upland winds will be close to gale force, and although improving, still extensive low cloud.

Headline for Lake District

Upland wind near gale; rain, snow and fog.

Detailed Forecast for Sunday, 15 March, 2026

How windy? (On the summits)	Southwest 50 to occasionally 60mph until late morning. Then veering westerly, a slight lull, then 40mph - very gusty near precipitation.
Effect of wind on you?	Continued difficult walking and wind chill significant on exposed higher areas. Expect balance, and in places general mobility to be difficult.
How wet? (Precipitation and its impact)	Rain morning; then clearing to showers Morning: Extensive rain. Middle of day: Rain clearing from west, but finishing as snow above 600m. Afternoon: Rain, hail and above 600m snow showers. Chance isolated thunder.
Cloud on the hills?	Fells covered morning; then cloud base rising markedly Morning: Blanket of fog across the fells, breaks to 600m north lakes. Middle of day: Beginning to improve. Into afternoon: Varying cloud base, between occasionally 500m near precipitation and otherwise 750 to 900m.
Chance of cloud free summits?	Less than 10% morning; later 40%
Sunshine? Air clarity (below cloud)	Dull and misty morning. Then improving to patchy sun (mainly well inland) and mostly good visibility (abruptly poor in precipitation).
How Cold? (at 750m)	3C dropping to 1C. Will feel as cold as minus 12C where exposed to the wind.
Freezing Level	Above the summits morning, then dropping erratically to 800m.

Lake District - Looking Ahead

	Monday 16 March	Tuesday 17 March
How windy? (On the summits) Effect of wind on you?	Westerly; easing from 40-45 to 30-35mph through morning. Strengthening again toward dusk. Significant wind chill and arduous or at times difficult walking. Balance may well be a struggle at least in morning.	Southerly 45 to sometimes 55mph on higher tops. Very gusty; powerful gusts some lower slopes. Significant wind chill and in gales or severe gales, mobility sometimes difficult. Balance a struggle; you could be blown over in places.
How wet? (Precipitation and its impact)	Frequent hail and snow Showers; perhaps very frequent morning - the precipitation almost constant for an hour or two. Expect hail and above 300, later 600m snow. Precipitation will become widespread from west through the afternoon.	Drizzle, mainly south lakes Frequently dry north lakes, but drizzle south lakes at least on some slopes, perhaps widely.
Cloud on the hills? Chance of cloud free summits?	May clear temporarily: highest cloud base middle of day - later deteriorating Cloud base varying: near precipitation below 450m, perhaps 300m morning. Otherwise, cloud base 600m rising to 800 to perhaps temporarily above 900m into the afternoon. Fog may well fill in across the hills, particularly south lakes late in day. 10%, but 60% for a few hours	Blanket of fog at least south lakes South lakes: Persistent fog, cloud base 200m, perhaps lower to 450m. North lakes: Higher cloud base - the cloud may clear completely at times (confidence low), but expect cloud to be extensive above about 600-750m. 10% south lakes to 30% north
Sunshine? Air clarity (below cloud)	Sunshine coming through over a few hours from later morning - cloud thickening later in day. Persistent haze - and very poor visibility in precipitation.	South lakes: Dull and murky most or all day. Elsewhere: Pockets of sun, possibly widespread for a few hours; visibility good although hazy.
How Cold? (at 750m) Freezing Level	-1C, rising toward 1C. Will feel as cold as minus 15C due to wind chill. 600m, rising toward 900m - probably above the summits before dusk.	5C. Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 16 March, 2026**

An abrupt transition will take place on Tuesday and Wednesday. Areas of low cloud, drizzly rain and strong winds will continue to affect mainly western mountains until Wednesday. But then as pressure builds north of Britain it will become extensively fine; cloud often clearing, particularly western Britain, and temperature levels more varied - fairly warm some afternoons but frost widely at night.

Forecast issued at 12:29 on Saturday, 14 March, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.