

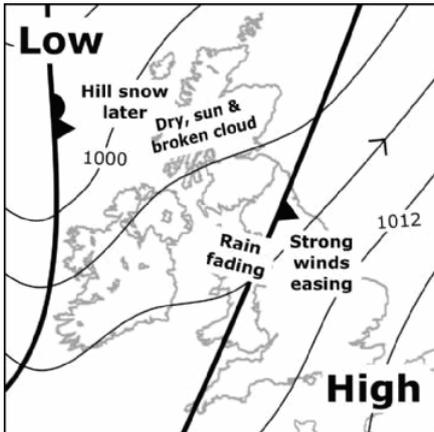
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Monday, 2 March, 2026



### British Mountain Summary: Based on forecast chart for noon 2 March, 2026

A slow-moving front brings rain, drizzle and low cloud to England and Wales, also eastern Scotland at first. To the east of this, strong to gale-force winds at first east. Lighter winds for much of the Highlands all day, cloud lifting with sunny spells. Later in day, rain and hill snow moves in from west.

### Headline for Lake District

Windy start, easing. Rain for a few hours, improving afternoon.

## Detailed Forecast for Monday, 2 March, 2026

|  |  |
|--|--|
| <b>How windy? (On the summits)</b>             | South to southwesterly; 40-50mph at dawn, dropping during morning, to around 20mph by middle of day onward.  |
| <b>Effect of wind on you?</b>                  | <b>Difficult conditions around dawn lessen in the morning, remaining blustery in places, but smaller effects with time.</b>  |
| <b>How wet? (Precipitation and its impact)</b> | <b>Rain gradually fading</b><br>A band of rain drifting slowly eastwards, may persist for a few hours southwestern fells, tending to ease off and break up from west into afternoon, to leave drier conditions increasingly later.                         |
| <b>Cloud on the hills?</b>                     | <b>Fairly extensive, then lifting and breaking</b><br>Covering many fells in the morning, varied banks to some lower slopes in southern areas for a few hours. Tending to gradually rise with some breaks, more widely onward through afternoon from west. |
| <b>Chance of cloud free summits?</b>           | <b>10% rising to 40%</b>   |
| <b>Sunshine? Air clarity (below cloud)</b>     | Cloudy much of day, but some brighter skies and glimpses of sun later emerge from west. Visibility poor in rain, improving with time from west.  |
| <b>How Cold? (at 750m)</b>                     | 4C, dropping into night to 1C.<br>If exposed to stronger wind at first, feeling like -7C.  |
| <b>Freezing Level</b>                          | Above the summits, then likely to lower into night onto highest tops around 900m.  |

## Lake District - Looking Ahead

|   | <b>Tuesday 3 March</b>   | <b>Wednesday 4 March</b>  |
|---|--|---|
| <b>How windy? (On the summits)</b>                | Variable or perhaps mostly easterly, 15mph in places, but likely often less.   | Southerly 20 to 25mph, in places gusty 30mph around higher tops.  |
| <b>Effect of wind on you?</b>                     | <b>Mostly small.</b>   | <b>Blustery over higher terrain, affecting ease of walking and balance on exposed ridges. Marked wind chill.</b>  |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Precipitation unlikely</b>  | <b>Little if any precipitation</b><br>Risk of occasional fine drizzle mostly southwestern coastal fells.  |
| <b>Cloud on the hills?</b>                        | <b>Patchy cloud lifting, clearing</b><br><br>Some varied cloud banks in the morning, plus patchy mist around sheltered valleys, lifting to higher slopes and clearing. | <b>Most persistent toward Irish Sea</b><br><br>Cloud banks may persist on southern fells, particularly Coniston group to Pillar, base around 600m, may thin and break a little. Higher and more broken cloud elsewhere. |
| <b>Chance of cloud free summits?</b>              | <b>70%</b>   | <b>30% southwest, 60% north/east</b>  |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Varied cloud for a time, sun breaking through increasingly.<br>Visibility very good, some haze or mist early in day.   | Sunshine most common north and northeast Lakes where visibility very good. Cloudier and hazier toward southwest coasts.   |
| <b>How Cold? (at 750m)</b>                        | 1C rising to 3C.   | 3 to 5C.<br>Directly in the wind feeling like -3 to -5C.  |
| <b>Freezing Level</b>                             | Close to freezing on some higher slopes above 800m plus some valleys from dawn, otherwise lifting above the  | Above the summits, but patchy frost some valleys and sheltered slopes from dawn.  |

**Planning Outlook****All mountain areas of Britain from Tuesday, 3 March, 2026**

Varying conditions over the next couple of weeks as areas of high pressure build across the British Isles then slip eastwards. Some dry and bright days with light winds mixed with periods of strengthening southerly winds bringing occasional rain coming in from the west - Thursday this week sees rain move increasingly onto western hills. Temperatures will vary, often lifting just above freezing to higher tops, but occasionally dropping back below freezing - chillier air briefly later this week. Some frosts into valleys. Remaining old snow cover on Scottish mountains stays largely consolidated with little change, patchy around highest tops in England and Wales.

**Forecast issued at 16:30 on Sunday, 1 March, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.