

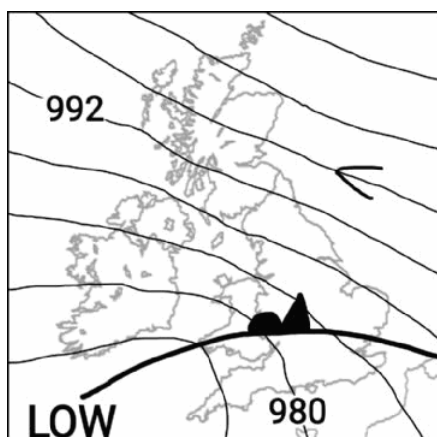
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Thursday, 5 February, 2026



British Mountain Summary:

Based on forecast chart for noon 5 February, 2026

Gale-force easterly winds, up to storm-force over the tops of the Highlands with severe wind chill; powerful gusts downslope into the glens. Further snowfalls over E & SE Highlands, sleet or rain lower down; low cloud and whiteout over hills. England and Wales: Rain and upland snow focused east Wales and into Pennines.

Headline for Lake District

Easterly gales, powerful gusts. Patchy rain/snow, mostly eastern/northern fells.

Detailed Forecast for Thursday, 5 February, 2026

How windy? (On the summits)	Easterly 40 to 55mph, in places over 60mph with powerful gusts around high tops and passes, locally downslope.
Effect of wind on you?	Difficult mobility across higher terrain, gusts could knock you over on some slopes. Significant wind chill.
How wet? (Precipitation and its impact)	A little rain, or snow tops Intermittent snow flurries mostly eastern and northern fells, mostly rain below 600m. Patchy small amounts westward.
Cloud on the hills?	Capping some tops Banks of cloud drifting across higher slopes mostly above 700m and toward eastern half of Lakeland. Well broken patches over tops further west.
Chance of cloud free summits?	40%
Sunshine? Air clarity (below cloud)	Variable cloud, some brighter spells, glimpses of sun mainly west where visibility good. General slight haze.
How Cold? (at 750m)	Around 0C, later dropping to -1 or -2C. Wind chill feeling like -10 to -15C.
Freezing Level	Near to freezing above 700-800m, particularly eastern fells, but variable in west; tending to lower toward evening.

	Friday 6 February	Saturday 7 February
How windy? (On the summits)	Easterly 40 to 55mph, powerful gusts around higher tops, passes and downslope toward west.	Easterly veering into south-east, 15 to 25mph.
Effect of wind on you?	Challenging conditions, difficult mobility over higher tops, buffeting gusts knocking you off balance. Severe wind chill.	Mostly small
How wet? (Precipitation and its impact)	Intermittent snow Snow on and off, risk more persistent for periods, particularly eastern fells; sleet or rain below 400m.	Patches of light rain or flurries on tops. May well be often dry, if not in the west completely dry. However, scope for patches of light rain here and there, with flurries over the tops in morning.
Cloud on the hills?	Extensive across higher areas Covering most fells above 600-700m, possibly lower over some south/eastern slopes. Higher base and some breaks toward northwest Lakes.	Extensive on the fells Be prepared for extensive cloud to shroud the fells. Whilst bases will vary considerably, a general base will be around 600-800m. Any breaks fleeting.
Chance of cloud free summits?	20%	30%
Sunshine? Air clarity (below cloud)	Widely cloudy, some brighter moments northwest Lakes. Whiteout over higher fells in snow and cloud, at times good visibility lower down.	No sun expected. Rather murky with poor visibility in any patchy precipitation.
How Cold? (at 750m)	-1C, to just above 0C in west. Wind chill feeling like -13 to -17C.	-1C lifting to plus 2C.
Freezing Level	Variable, around 500-600m east and northern areas, higher in west, but icy surfaces on most higher terrain.	700m, lifting above the summits by afternoon.

Planning Outlook

All mountain areas of Britain from Friday, 6 February, 2026

Cold east or southeasterly winds prevail, but less cold widely over the weekend as freezing level lifts somewhat from the south, rising just above freezing point in Scotland toward 1000m. Colder air then likely returns from east next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds for periods during next week. Highest cloud breaks west & northwest Scotland, where terrain will be very dry toward west coast.

Forecast issued at 16:39 on Wednesday, 4 February, 2026

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.