

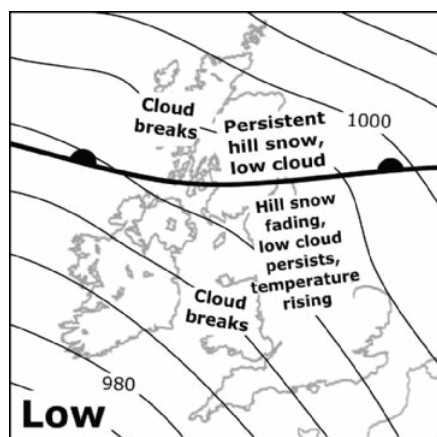
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Wednesday, 4 February, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 4 February, 2026

Easterly winds gale force across northern Scotland, easing further south. Ongoing snowfalls over E & SE Highlands, sleet or rain lower down; low cloud and whiteout over hills. Early sleet or snow over northern England fades, but low cloud lingers. Largely dry much of Wales, clearer hills west, but increasingly windy.

### Headline for Lake District

Early snow, drizzle, low cloud. Wind eases for a time.

## Detailed Forecast for Wednesday, 4 February, 2026

<b>How windy? (On the summits)</b>  <b>Effect of wind on you?</b>	East to southeasterly 20 to 30mph, strongest gusts in places in morning, particularly western areas, lessening into afternoon, then tending to increase again onward into evening, to 40mph+ into night.  <b>Blustery, in places affecting comfortable walking around the higher fells, considerable wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy snow or drizzle fades</b> A little snow over fells from dawn, mostly east, amounts small, soon fading, but may leave a little drizzle for a time, but substantially dry in afternoon.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Fairly extensive, better northwest</b> Cloud covering many fells in the morning, from mid-slopes upward toward south and east Lakes, higher bases northwest, some breaks forming higher up.  <b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely overcast, misty morning. Some improvement to better visibility gradually afternoon, glimpses of sun in west and northwest Lakes.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	0 or -1C, rising later to +2C. Wind chill feeling like -7 to -10C.  500-600m in east, but variable above 700m in west; tending to rise, later in day just above freezing to most tops, but icy surfaces remain over higher fells.

## Lake District - Looking Ahead

	Thursday 5 February	Friday 6 February
<b>How windy? (On the summits)</b>	Easterly 40 to 55mph, in places over 60mph with powerful gusts around high tops and passes, locally downslope.	Easterly 40 to 55mph, powerful gusts around higher tops, passes and downslope toward west.
<b>Effect of wind on you?</b>	<b>Difficult mobility across higher terrain, gusts could knock you over on some slopes. Significant wind chill.</b>	<b>Challenging conditions, difficult mobility over higher tops, buffeting gusts knocking you off balance. Severe wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>A little rain, or snow tops</b> Intermittent snow flurries mostly eastern and northern fells, mostly rain below 600m. Patchy small amounts westward.	<b>Intermittent snow</b> Snow on and off, risk more persistent for periods, particularly eastern fells; sleet or rain below 400m.
<b>Cloud on the hills?</b>	<b>Capping some tops</b>  Banks of cloud drifting across higher slopes mostly above 700m and toward eastern half of Lakeland. Well broken patches over tops further west.	<b>Extensive across higher areas</b>  Covering most fells above 600-700m, possibly lower over some south/eastern slopes. Higher base and some breaks toward northwest Lakes.
<b>Chance of cloud free summits?</b>	<b>40%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Variable cloud, some brighter spells, glimpses of sun mainly west where visibility good. General slight haze.	Widely cloudy, some brighter moments northwest Lakes. Whiteout over higher fells in snow and cloud, at times good visibility lower down.
<b>How Cold? (at 750m)</b>	Around 0C, later dropping to -1 or -2C. Wind chill feeling like -10 to -15C.	-1C, to just above 0C in west. Wind chill feeling like -13 to -17C.
<b>Freezing Level</b>	Near to freezing above 700-800m, particularly eastern fells, but variable in west; tending to lower toward evening.	Variable, around 500-600m east and northern areas, higher in west, but icy surfaces on most higher terrain.

## Planning Outlook

**All mountain areas of Britain from Thursday, 5 February, 2026**

East or southeasterly winds prevail, persistent gales later this week, severe chill factor over the mountains. Freezing levels will vary, lowering widely again below 600m during Thursday, though staying higher in Wales; then less cold widely into the weekend, rising just above freezing point in Scotland toward 1000m or briefly higher. Colder air then likely returns from east next week. Further snowfalls mostly over eastern hills in Scotland, occasionally hills in England & Wales, mixed with rain here. Indications of less precipitation and lower wind speeds for periods during next week. Highest cloud breaks generally west & northwest Scotland.

**Forecast issued at 16:25 on Tuesday, 3 February, 2026**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.