MOUNTAIN WEATHER INFORMATION SERVICE

Lake District

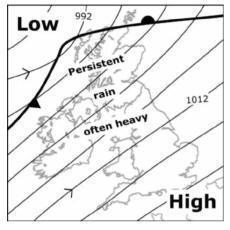
The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.





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General Summary for Sunday, 14 December, 2025



British Mountain Summary: Based on forecast chart for noon 14 December, 2025

Extensive rain, sustained heavy falls over many western mountains, expect flooding. Smaller amounts of rain toward the N/E Cairngorms, also S/E Wales and Peak District. Widespread gales, powerful gusts around high tops, locally downslope to east. Blanket cloud across hills, lowest in west.

Headline for Lake District

Gales, severe in places. Prolonged heavy rain.

Detailed Forecast for Sunday, 14 December, 2025

How windy? (On the summits)	Southwesterly, 45-55mph, gusty 60-65mph in places around high tops and powerful gusts downslope; tending to strengthen during the daytime, reaching 70mph and onward into evening and first part of night.		
Effect of wind on you?	Arduous conditions over the fells. Strong gusty winds will challenge balance and stability all day, including downslope. Significant wind chill.		
How wet?	Rain rarely ceasing, persistently heavy; flooding		
(Precipitation and its impact)	Rain throughout the day, sustained heavy falls particularly south and western fells, ongoing into evening and night. Intensity sometimes easing, mainly northern areas, occasionally light rain or drizzle here. Very wet underfoot, streams in spate, some paths impassable; flooding increasingly develops, more significant into evening.		
Cloud on the hills?	Extensive, lowest south and west		
	Blanket cloud shrouds most fells above 600-700m. Lower on west and south fells, often down to 400m facing coasts. Bases always higher toward north Lakes, though often capping high tops and lower banks some slopes.		
Chance of cloud free summits?	10%		
Sunshine? Air clarity (below cloud)	No sunshine expected. Often dull with poor visibility west and south, better north, but often reduced by rain.		
How Cold? (at 750m)	6 to 8C; similar temperatures at all altitudes. Feeling like -5C in direct wind.		
Freezing Level	Above the summits		

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Lake District - Looking Ahead

	Monday 15 December	Tuesday 16 December
How windy? (On the summits) Effect of wind on you?	Southwesterly 20-25mph, stronger pre-dawn, tending to ease and become variable during the day. Uncomfortable winds early ease to fairly small effects.	West to southwesterly 15 to 20mph, at times 25mph higher fells. Fairly small, blustery in places in exposure and feeling chilly over higher terrain.
How wet? (Precipitation and its impact)	Rain most persistent south Frequent or persistent rain most of the day from Coniston to Helvellyn. Patches will drift further north and perhaps set in more widely at times. Very wet underfoot, streams in spate or flood.	Largely dry Chance of an odd light shower mainly near to the coast. Very wet underfoot following previous heavy rain, streams in spate, flooding.
Cloud on the hills?	Extensive A blanket of cloud shrouds most fells from middle slopes up most or all day, lowest south and western Lakeland. Some higher breaks possible around Blencathra and Ullswater, but rarely above highest slopes.	Patchy cloud mostly west Patchy cloud banks most common on fells toward western Lakeland, may linger in places above 600m. Some local fog lower down in morning. More breaks likely to tops eastern and far eastern fells.
Chance of cloud free summits?	10%	50%
Sunshine? Air clarity (below cloud)	Overcast, often dull. Visibility mostly poor due to rain.	Occasional sun and thin high cloud. Visibility excellent out of cloud.
How Cold? (at 750m)	4 or 5C.	2C. Feeling like -5C directly in the wind.
Freezing Level	Above the summits	Close to highest summits above 900m. Slight frost sheltered valleys in morning.

Planning Outlook

All mountain areas of Britain from Monday, 15 December, 2025

Prolonged rain will leave flooding of streams and rivers in many mountain areas early in the new week, with the exception of northeastern Scotland. A frontal system will eventually pass eastwards Monday-Tuesday, wind easing; dropping to freezing above 900m, beware of ice forming on higher Scottish mountains. Drier conditions for many on Tuesday, though showery near west coast of Scotland. By Wednesday, another system sweeps in from the Atlantic bringing further rain and gales. A risk of more heavy rain particularly England and Wales later in the week. A change of weather pattern is likely in the run up to Christmas, as high pressure builds northward, bringing drier weather, possibly chillier with time.

Forecast issued at 16:15 on Saturday, 13 December, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.