

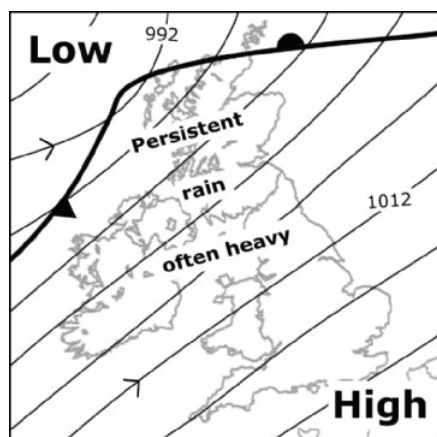
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 14 December, 2025



British Mountain Summary:

Based on forecast chart for noon 14 December, 2025

Extensive rain, sustained heavy falls over many western mountains, expect flooding. Smaller amounts of rain toward the N/E Cairngorms, also S/E Wales and Peak District. Widespread gales, powerful gusts around high tops, locally downslope to east. Blanket cloud across hills, lowest in west.

Headline for Lake District

Gales, severe in places. Prolonged heavy rain.

Detailed Forecast for Sunday, 14 December, 2025

How windy? (On the summits) Effect of wind on you?	Southwesterly, 45-55mph, gusty 60-65mph in places around high tops and powerful gusts downslope; tending to strengthen during the daytime, reaching 70mph and onward into evening and first part of night. Arduous conditions over the fells. Strong gusty winds will challenge balance and stability all day, including downslope. Significant wind chill.
How wet? (Precipitation and its impact)	Rain rarely ceasing, persistently heavy; flooding Rain throughout the day, sustained heavy falls particularly south and western fells, ongoing into evening and night. Intensity sometimes easing, mainly northern areas, occasionally light rain or drizzle here. Very wet underfoot, streams in spate, some paths impassable; flooding increasingly develops, more significant into evening.
Cloud on the hills? Chance of cloud free summits?	Extensive, lowest south and west Blanket cloud shrouds most fells above 600-700m. Lower on west and south fells, often down to 400m facing coasts. Bases always higher toward north Lakes, though often capping high tops and lower banks some slopes. 10%
Sunshine? Air clarity (below cloud)	No sunshine expected. Often dull with poor visibility west and south, better north, but often reduced by rain.
How Cold? (at 750m) Freezing Level	6 to 8C; similar temperatures at all altitudes. Feeling like -5C in direct wind. Above the summits

All mountain areas of Britain from Monday, 15 December, 2025

Prolonged rain will leave flooding of streams and rivers in many mountain areas early in the new week, with the exception of northeastern Scotland. A frontal system will eventually pass eastwards Monday-Tuesday, wind easing; dropping to freezing above 900m, beware of ice forming on higher Scottish mountains. Drier conditions for many on Tuesday, though showery near west coast of Scotland. By Wednesday, another system sweeps in from the Atlantic bringing further rain and gales. A risk of more heavy rain particularly England and Wales later in the week. A change of weather pattern is likely in the run up to Christmas, as high pressure builds northward, bringing drier weather, possibly chillier with time.

Forecast issued at 16:15 on Saturday, 13 December, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.