

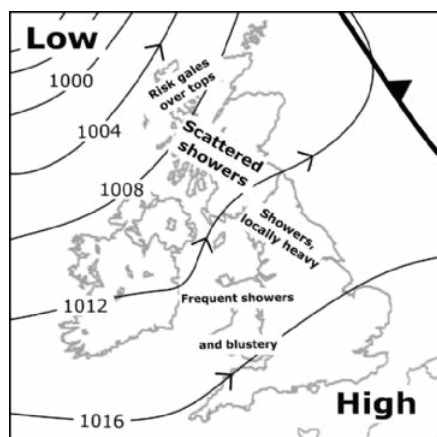
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 8 September, 2025



British Mountain Summary:

Based on forecast chart for noon 8 September, 2025

Strong winds and scattered showers western Scotland; clearer east with only patchy upland cloud. Showers in England, risk more concentrated rain over Lakeland and west Pennines for periods with heavy bursts. Little cloud on Pennines. Blustery in Wales with frequent showers, risk local hail/thunder.

Headline for Lake District

Showers, risk of heavy downpours; blustery over tops

Detailed Forecast for Monday, 8 September, 2025

How windy? (On the summits)	South-southwesterly 20 to 30mph, locally up to 35mph over high fells. Winds may be lighter around dawn.
Effect of wind on you?	Walking inconvenienced on high terrain. Strongest gusts may require stabilizing stances on exposed tops/ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Scattered showers, heavy and frequent early Showers arrive soon after dawn, likely merging into broader areas of rain for several hours in the morning with a risk of a passing thundery downpour. Once passed, scattered showers with dry periods.
Cloud on the hills?	Variable; increasing breaks to tops northeast of Scafell Pike From dawn, covering the fells above 700-900m, at times below 600m on southwest slopes from Pillar to Coniston. Tending to rise and break, though returning at variable heights in showers. Many fells will clear, though highest fells may struggle to clear, particularly western areas.
Chance of cloud free summits?	Rising to 40%, 20% highest fells
Sunshine? Air clarity (below cloud)	Patchy sunshine, least sun on southwest fells. May cloud over for brief periods. Visibility variable, good where out of cloud and rain.
How Cold? (at 750m)	7 to 9C. Feeling at/near freezing in direct wind.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Tuesday 9 September	Wednesday 10 September
How windy? (On the summits) Effect of wind on you?	Southerly 15-25mph. Strengthening into and overnight, up to 45mph over highest fells. Fairly small, though some uncomfortable breezes over high tops and ridges.	From dawn, southerly 30-45mph. May ease later in the day. Strenuous walking; attention to balance will be needed on exposed tops and ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Little or no rain Chance of odd spots of drizzly rain on southern and western fells in the morning; may be entirely dry.	Showery rain with heavy bursts Showery rain arrives after dawn, increasingly frequent through the day with risk of heavy bursts.
Cloud on the hills? Chance of cloud free summits?	Lifting off most or all summits From dawn, cloud fairly extensive on southern fells from 600m up. Patchy cloud over high terrain north of Scafell Pike. Lifting and breaking, clearing most or all summits. 80%	Fairly extensive, lowest bases south Fairly extensive above 700m from Scafell Pike to High Street, some banks on lower slopes. Higher bases north with some fell tops exposed. Bases lower and fill in as rain arrives, shrouding most high terrain - always lowest south. Soon 20%
Sunshine? Air clarity (below cloud)	Patchy morning cloud breaks for good sunshine, fair weather cloud builds afternoon. Very good visibility.	Little or no sunshine. Good visibility early, turning poor as rain arrives.
How Cold? (at 750m) Freezing Level	8C rising to 11C. Above the summits	9 or 10C. Feeling near/just below freezing when exposed to strongest wind. Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 9 September, 2025**

Low pressure over the north Atlantic dominates the weather pattern over the next 10 days, maintaining unsettled conditions. West to southwesterly winds prevail bringing frequent rain and cloud to western areas, regularly becoming more widespread as weather features come and go. Early indications suggest a deeper area of low pressure late weekend and early next week will bring widespread gales, possibly severe on highest terrain.

Tending to improve after mid-month with longer periods of dry weather, but a persistent southwesterly regime will continue to draw unsettled spells of weather into Britain, notably in the north.

Forecast issued at 16:20 on Sunday, 7 September, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.