

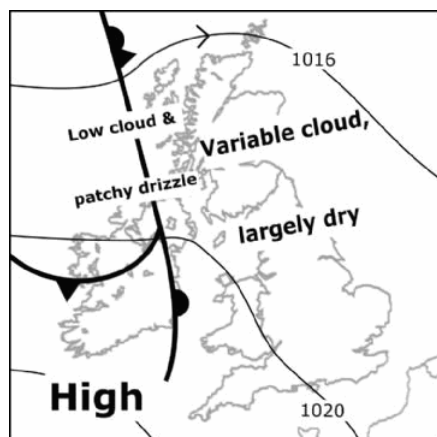
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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## General Summary for Wednesday, 30 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 30 July, 2025

Generally cloudy conditions, covering some hill slopes in the morning, but breaking and lifting above many tops. Occasional sun breaking through, mainly in the east. In western Scotland, a weak front pushing in will lower the cloud over coastal hills and bring a little drizzle at times. Light winds overall.

### Headline for Lake District

Largely dry day, cloud lifting and breaking. Light-moderate breeze.

## Detailed Forecast for Wednesday, 30 July, 2025

<b>How windy? (On the summits)</b>	Northwest turning westerly 15 to 20mph.
<b>Effect of wind on you?</b>	Fairly small
<b>How wet?</b> (Precipitation and its impact)	<b>Substantially dry</b> Often dry, risk of odd drizzly showers in morning, mostly west and northern fells. Later evening into night, steadier drizzly rain moving in from the west.
<b>Cloud on the hills?</b>	<b>Low cloud gradually lifting and breaking</b> Fairly extensive across the fells in morning, bases 500-700m, or lower at first toward west & northwest. Base gradually rising and breaks forming, eastern fells clearing middle of day, slower to fully clear western tops. Lowering again from dusk.
<b>Chance of cloud free summits?</b>	<b>30% rising to 70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun, becoming sunnier later in the day, soonest near coast. Visibility good below cloud, may become more widely very good afternoon.
<b>How Cold? (at 750m)</b>	10C, small rise in west, up to 13C eastern fells afternoon.
<b>Freezing Level</b>	Above the summits

## Lake District - Looking Ahead

	Thursday 31 July	Friday 1 August
<b>How windy? (On the summits)</b>	Northwesterly 15 to 25mph.	Northwesterly 20 to 25mph, occasional 30mph higher fells.
<b>Effect of wind on you?</b>	<b>Fairly small, but may start to feel uncomfortable on exposed tops and ridges.</b>	<b>Starting to affect comfortable walking and balance on some higher exposed tops and ridges. Feeling distinctly chilly.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showery rain at times</b> Patchy rain from dawn into early morning. Some showers forming, risk local heavy bursts into afternoon, these tending to move away eastwards.	<b>Showers</b> Showery rain locally in the morning may be frequent, tending to push southwards and may fade with time into afternoon.
<b>Cloud on the hills?</b>	<b>Extensive, lifting with some breaks</b>  Covering the hills widely, lowest bases to mid-slopes western fells in morning. Bases rising to upper slopes, some breaks forming, but often capping high western tops; better later in day.	<b>Mostly higher tops, some breaks</b>  Banks of cloud mostly above 700-800m in morning, tending to lift to highest slopes then increasingly breaking above tops into afternoon.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Brief bursts of sun developing. Visibility reduced in rain, later becoming very good away from showers.	Patches of sun, best near coast afternoon. Visibility very good.
<b>How Cold? (at 750m)</b>	10 to 13C.	8C rising to 11C.
<b>Freezing Level</b>	Above the summits	Feeling close to freezing in the wind, particularly morning. Above the summits

## Planning Outlook

### All mountain areas of Britain from Thursday, 31 July, 2025

Westerly winds prevail in the extended outlook, with occasional fronts moving through - western mountains often shrouded in cloud, periods of rain and drizzle. Some showery bursts of rain further eastwards, particularly Thursday-Friday this week, but often smaller amounts of rain toward easternmost hills, and cloud bases often higher with breaks to eastern summits. Moderate breezes, sometimes more blustery - early next week looks windier for a time. Temperatures near average, though rather cool in Scotland late this week and again early next week. Ridges of higher pressure will build occasionally from the southwest for better windows of weather, particularly England & Wales.

### Forecast issued at 16:00 on Tuesday, 29 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.