

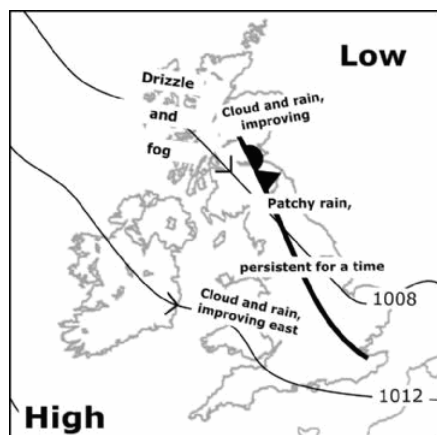
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Tuesday, 22 July, 2025



British Mountain Summary:

Based on forecast chart for noon 22 July, 2025

Drizzly and dull for west Scotland, rain and cloud increasingly breaking in the east with some breaks to tops. Patchy rain and morning fog across most of England and Wales too, cloud tending to lift though most tops likely remain in cloud. Cloud and drizzle will linger on west slopes of Lakeland and Wales.

Headline for Lake District

Rain on and off and fog, some improvement later

Detailed Forecast for Tuesday, 22 July, 2025

How windy? (On the summits)	West to northwesterly 15-20mph, some stronger breezes at daybreak. Trending northwest later with occasional gusts up to 25mph.
Effect of wind on you?	Fairly small, but starting to affect comfortable walking on exposed tops, notably later in the day. Feeling cool.
How wet? (Precipitation and its impact)	Rain on and off, drizzly over high ground Rain and showery bursts on and off, may merge into more constant rain at times. Fine drizzle often drifting around higher fells most of the day. Tending to ease later.
Cloud on the hills?	Extensive Shrouding fells throughout the day above 500-600m, lower and quite persistent northwest of Scafell Pike. May rise a little with time, highest bases on easternmost fells with chance of breaks later. High tops likely remain in fog.
Chance of cloud free summits?	Rising to 20%
Sunshine? Air clarity (below cloud)	Little or no sun. Visibility good below cloud, but reduced widely during rain.
How Cold? (at 750m)	11 to 12C. Feeling like 5 to 7C in the wind.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Wednesday 23 July	Thursday 24 July
How windy? (On the summits)	Northwesterly 15-20mph. Some breezes up to 25mph over fell tops in the morning.	North to northwesterly 5-15mph.
Effect of wind on you?	Fairly small most of the day, some uncomfortable winds in the morning.	Small.
How wet? (Precipitation and its impact)	Spots of rain becoming more widespread Odd spots of rain through morning tending to become more widespread through afternoon, greatest chance eastern fells.	Little or no rain Chance of isolated patches of light rain - will be short lived and amount to little.
Cloud on the hills?	High tops in cloud, bases varying High fells tops in cloud with some banks more extensive over high terrain north and west of Scafell Pike. Bases tending to lift somewhat on eastern fells but may lower again if rain sets in.	Rising towards tops, occasionally above Cloud fairly extensive from 600m up in the morning in the north/west; higher bases and patchy eastern fells. Cloud rising towards higher tops and tending to break for occasional clear summits. Banks will continue to drift over summits and down north aspects.
Chance of cloud free summits?	40%	50%
Sunshine? Air clarity (below cloud)	Substantially cloudy, only a few glimpses here and there. Excellent visibility.	Patchy sun, possibly frequent for a time, though some high cloud around. Excellent visibility.
How Cold? (at 750m)	10C rising to 12C	12 to 13C
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Wednesday, 23 July, 2025

High pressure slowly begins building on Wednesday, beginning a settling trend from the west. Some heavy rain in eastern areas will ease away on Thursday with only spotty showers remaining. Into the weekend, weather will notably settle with increasing sun across England and Wales with decent sunny spells in east Scotland. A predominantly west-southwesterly breeze will facilitate cloud and occasional rain patches into west Scotland.

A changeable outlook through late July with rain affecting all areas at times, most frequent in western Scotland, some settled periods too. Often breezy with near average temperatures.

Forecast issued at 16:30 on Monday, 21 July, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.