

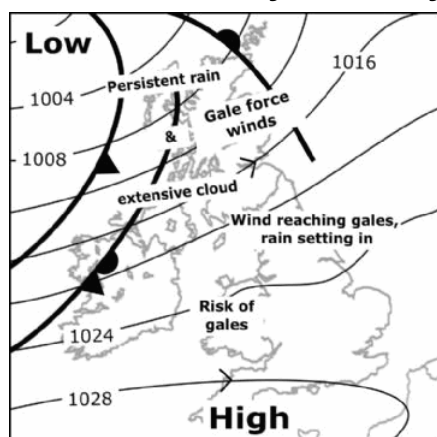
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 4 July, 2025



British Mountain Summary:

Based on forecast chart for noon 4 July, 2025

Gales and rain setting in across Scotland. Rain will be persistent and heavy in the west - beware risk of local flooding. Clear fells for a time in England, rain and cloud setting in later afternoon. The Pennines from Yorkshire Dales southward mostly dry and free of cloud. A fair but windy day in Wales, rain only arriving later in north Wales.

Headline for Lake District

Wind increasing to gale force; rain setting in afternoon

Detailed Forecast for Friday, 4 July, 2025

How windy? (On the summits)	West to southwesterly 30-40mph in the morning, increasing as afternoon arrives up to or above 50mph, risk reaching 60mph for a time over fell tops.
Effect of wind on you?	Arduous walking conditions over the fells, may become difficult on high tops. Considerable wind chill.
How wet? (Precipitation and its impact)	Persistent rain setting in afternoon, extended heavy falls west Occasional drizzle, mostly western fells. Patchy rain arrives from the west afternoon, soon becoming widespread and persistent with sustained heavy falls on western fells. Rain will slowly ease overnight.
Cloud on the hills?	Caps over high tops, becoming extensive later during rain Cloud caps over high fell tops, some banks spreading across more high terrain in the west. Fells east of Scafell may be clear for a time. As rain develops, lowering widely over the fells above 700-800m, lower in west.
Chance of cloud free summits?	At first 40% west, 70% east. Becoming 20% during rain.
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun mostly morning and in east. Visibility good when dry, reducing to poor later in rain.
How Cold? (at 750m)	9C, little change much of the day until later, rising to 10C into evening. Feeling below freezing in the wind.
Freezing Level	Above the summits

All mountain areas of Britain from Saturday, 5 July, 2025

The weekend ahead will be generally unsettled: windy and feeling cool with low pressure bringing heavy showery rain widely. High pressure to the southwest will extend to the Isles early next week, settling the weather and allowing sun to break through Monday and Tuesday. Into the week, a mixed westerly regime dominates with greatest risk of rain toward northwest Scotland, drier and warmer further south and east. Several fronts will drift towards Britain from the northwest but high pressure to the southwest will prevent extended unsettled periods. England and Wales may only see occasional rain.

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.