

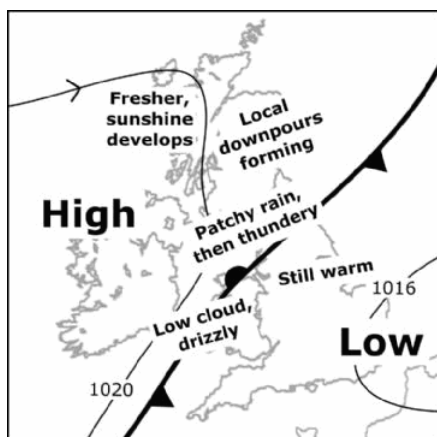
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Tuesday, 1 July, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 1 July, 2025

Cooler for Scotland and northern England. Patchy rain and low cloud across central-southern Scotland and northern England, risk of developing into slow-moving heavy downpours into the afternoon. Low cloud and a little rain for Wales. West & northwest Scotland better, cloud lifting to give sunshine near the coast. Mostly light winds.

### Headline for Lake District

Increasing risk downpours and thunder afternoon. Light wind.

## Detailed Forecast for Tuesday, 1 July, 2025

<b>How windy? (On the summits)</b>	Westerly 15mph up to dawn. Soon variable 10mph or less; sudden gusts during and just before downpours locally.
<b>Effect of wind on you?</b>	Small
<b>How wet?</b> (Precipitation and its impact)	<b>Mostly dry morning, heavy rain, risk local thunderstorms afternoon-evening</b> Local drizzle or an odd shower of rain in the morning, but largely dry. Into afternoon, increasing risk heavy bursts of rain developing, becoming widespread, some torrential downpours, risk of thunder, continuing into evening, drifting slowly northeast.
<b>Cloud on the hills?</b>	<b>Varied, extensive early, lowest west, forming again around rain</b> Shrouding the fells fairly widely early morning, to lower elevations south and west Lakes, mostly above 600m north/east. Lifting and breaking for a time, but then lowering in rain to become extensive higher areas, patches from forest canopies upward during/after heavy bursts.
<b>Chance of cloud free summits?</b>	<b>30%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Largely cloudy, some weak sun through high cloud for a time. Varied visibility, mostly hazy, misty in morning, may improve, but becoming murky around rain.
<b>How Cold? (at 750m)</b>	10C rising to 13C afternoon.
<b>Freezing Level</b>	Above the summits

## Lake District - Looking Ahead

	Wednesday 2 July	Thursday 3 July
<b>How windy? (On the summits)</b>	Northwesterly or variable 10 to 20mph.	Southwesterly 15 to 25mph.
<b>Effect of wind on you?</b>	<b>Mostly small</b>	<b>Fairly small, but may start to affect comfortable walking on higher tops.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Chance of a shower</b> Possible local spots of rain morning. Chance of isolated brief heavier showers forming, passing eastwards and likely clearing during afternoon.	<b>A little rain mainly later</b> Possible showery rain developing with time, spreading from the west.
<b>Cloud on the hills?</b>	<b>Very little or clearing</b>  Most likely the fells largely clear. Any patches in morning soon lifting above tops. If showers form, cloud banks drifting over tops for a time.	<b>Little if any, may lower</b>  Any brief patches in morning soon lifting above tops. Lowering over upper slopes if rain develops.
<b>Chance of cloud free summits?</b>	<b>80%</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of cloud and sun, increasingly sunny near to coast. Visibility very good.	Patchwork of cloud and sun, may cloud over from west later. Visibility excellent.
<b>How Cold? (at 750m)</b>	9 to 12C.	9C rising to 12C.
<b>Freezing Level</b>	Above the summits	Above the summits

## Planning Outlook

### All mountain areas of Britain from Wednesday, 2 July, 2025

Fresher westerly air into midweek. Some heavy showers forming, mostly in eastern Scotland and Pennine areas - with light winds some slow-moving heavy downpours, possible thunder locally. By Thursday, west to southwesterly winds increase for Scotland, with more persistent rain and low cloud returning from the west associated with fronts over the Atlantic. Friday brings a risk of heavier rain to western Scotland and gales over higher terrain for Scotland and possibly northern England, rain extending further south with time. The weekend looks unsettled with low pressure bringing heavy showery rain widely, risk isolated thunder.

### Forecast issued at 16:07 on Monday, 30 June, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.