

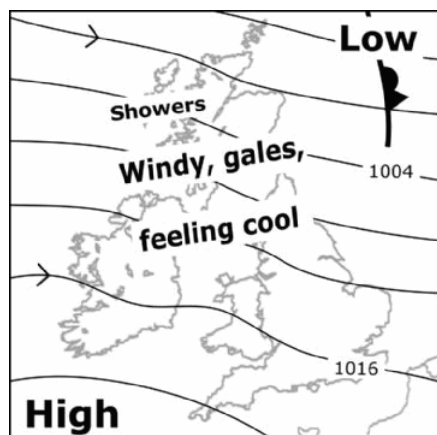
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Monday, 23 June, 2025



British Mountain Summary:

Based on forecast chart for noon 23 June, 2025

Windy for all regions, gale-force westerlies on higher mountains. Much cooler air than recently, feeling distinctly chilly where exposed on hills. Showery rain most frequent western Scotland and cloud often capping tops. Light showers England & Wales, drier spells.

Headline for Lake District

Cool and windy, gales on high tops. Light showers.

Detailed Forecast for Monday, 23 June, 2025

How windy? (On the summits)	Westerly 30 to 40mph, at times 45mph higher fells.
Effect of wind on you?	Frequent buffeting over higher fells, walking strenuous, balance challenging on exposed ridges. Considerable wind chill.
How wet? (Precipitation and its impact)	Occasional light rain Patchy light showers and drizzle most frequent western fells. Steadier rain from dusk into night, some heavier rain develops.
Cloud on the hills?	Fairly persistent higher and western fells Frequently covering higher fells, bases 700-800m, at times 600m in west. Increasingly higher breaks eastwards.
Chance of cloud free summits?	50%
Sunshine? Air clarity (below cloud)	Largely cloudy, glimpses of sun mostly east. Visibility good below cloud.
How Cold? (at 750m)	6C from dawn, rising to 9 or 10C. Feeling sub-zero in the wind, nearer -5C higher tops in the morning.
Freezing Level	Above the summits

Lake District - Looking Ahead

	Tuesday 24 June	Wednesday 25 June
How windy? (On the summits)	West to southwesterly 30 to 40mph.	South to southwesterly 20 to 25mph, may reach 30mph at times higher tops.
Effect of wind on you?	Very blustery over the fells, walking becoming arduous in places on exposed higher areas. Considerable wind chill.	Breezy over the fells, may start to affect balance on exposed ridges, some buffeting around high tops.
How wet? (Precipitation and its impact)	Rain for a time, may remain damp Rain and drizzle fairly persistent, some steadier rain for a few hours, particularly west and southwestern fells. May fade to drizzly showers, smaller amounts east.	Drizzle mostly south, risk wetter later Risk frequently drizzly over south and southwest Lakeland, occasional drizzly showers further north. Toward evening, more persistent rain likely to develop from southwest.
Cloud on the hills?	Extensive Shrouding the fells most likely all day, from mid-to-lower slopes up in west & southwest, some breaks above 600m east.	Lowest and most persistent south Shrouding fells in south and southwest most or all day from mid-slopes upward, or lower near coast. May often cover higher areas widely, some higher breaks north Lakes, mostly above 700m.
Chance of cloud free summits?	10%	30%
Sunshine? Air clarity (below cloud)	Largely cloudy, little or no sun. Visibility good below cloud, but often rather misty over fells, particularly west.	Largely cloudy, glimpses of sun north/east Lakes. Visibility good out of cloud.
How Cold? (at 750m)	9C. Feeling near/below freezing in the wind.	9C rising to 12C. Feeling like 4C in the wind, nearer freezing high tops in morning.
Freezing Level	Above the summits	Above the summits

Planning Outlook**All mountain areas of Britain from Tuesday, 24 June, 2025**

West to southwesterly winds prevail this week and a series of frontal systems come in from the Atlantic. Rain and drizzle most frequent in west with low cloud often covering hills. Higher cloud bases and drier further eastwards. Much cooler than recently, temperatures nearer average, or lower at times in Scotland. Often windy, but by later in the week, risk of more extensive upland gales and some heavier rain as deeper areas of low pressure likely move in.

Forecast issued at 16:00 on Sunday, 22 June, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.