

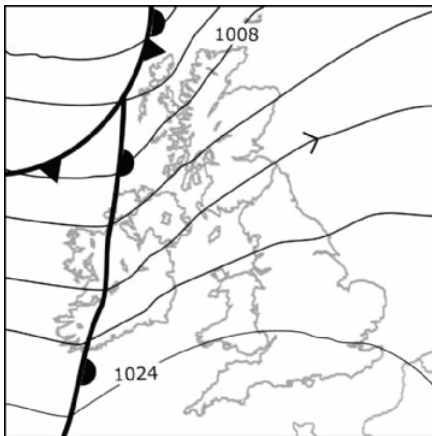
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Saturday, 29 March, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 29 March, 2025

Deteriorating rapidly as a front, particularly active in western Scotland, brings precipitation and upland gales - or on Scottish highlands storm force winds. Heavy snow for a few hours mainly western Scotland, mostly rain elsewhere. Total rainfall small south toward S Pennines and Wales.

### Headline for Lake District

Deteriorating quickly middle of day: upland wind near gale; rain and snow.

## Detailed Forecast for Saturday, 29 March, 2025

|   |   |
|---|---|
| <b>How windy? (On the summits)</b>                | Increasingly windy after a morning lull - westerly around 20 or 25mph. Into afternoon southwest 35 to intermittently 45mph.   |
| <b>Effect of wind on you?</b>                     | <b>Walking becoming arduous or difficult and wind chill significant.</b>  |
| <b>How wet?</b><br>(Precipitation and its impact) | <b>Increasingly threat rain</b><br>Substantially dry until midday or early afternoon.<br>Then 2 to 4 hours of rain, sometimes heavy, sleet above 700m, snow briefly on higher tops, before turning to rain highest summits.<br>Will by evening ease to a few showers. |
| <b>Cloud on the hills?</b>                        | <b>Extensive; lowest base afternoon</b><br>Cloud base typically 600 to 900m temporarily morning (lowest south Lakes).<br>Will then lower further, particularly south lakes, to below 300 or 400m - but mostly above 550m north lakes.                                 |
| <b>Chance of cloud free summits?</b>              | <b>30% dropping to less than 10%</b>  |
| <b>Sunshine?</b><br>Air clarity (below cloud)     | Patches of sunshine, mainly east Lakes will soon give way as cloud thickens.<br>Excellent visibility but very poor in rain or appalling in summit snow.   |
| <b>How Cold? (at 750m)</b>                        | 0C rising to 2C.<br>Will later feel as cold as minus 10C directly in the wind.  |
| <b>Freezing Level</b>                             | 750m before lifting above the summits from west mid afternoon.  |

## Lake District - Looking Ahead

|  | <b>Sunday 30 March</b>   | <b>Monday 31 March</b>   |
|--|--|--|
| <b>How windy? (On the summits)</b><br><b>Effect of wind on you?</b>    | Northwesterly slowly easing from 40 to on higher tops 50mph post dawn to 25 to 35mph evening, when will back westerly.<br><b>Considerable buffeting and wind chill higher up, particularly morning, when balance difficult in places.</b>  | West or southwesterly 15 to perhaps 20mph or possibly 25mph highest tops.<br><b>Fairly small</b>   |
| <b>How wet?</b><br>(Precipitation and its impact)                      | <b>Rain very unlikely</b>  | <b>Little or probably no rain</b><br>Chance pockets of fine drizzle morning south lakes.   |
| <b>Cloud on the hills?</b><br><br><b>Chance of cloud free summits?</b> | <b>Confined to higher tops: may clear nearly all summits afternoon</b><br>By late morning cloud base typically 650 to 800m lowest western and central fells. Cloud base may lift to 800m or above afternoon.<br>Toward dusk, initially near the coast may begin to form on lower slopes.<br><b>80%</b> | <b>Summits gradually clearing, but timing uncertain</b><br>Confidence low: Patches of, or extensive very low cloud, particularly south lakes morning. Higher slopes may be above the cloud.<br>Through day will tend to mostly or perhaps all break up - timing uncertain.<br><b>30% rising to 70%</b> |
| <b>Sunshine?</b><br>Air clarity (below cloud)                          | Patchy sunshine; most sun lower slopes eastern fells.<br>Slight haze, particularly western and central fells.  | Sunshine coming through increasingly, but may be dull most of day south lakes.<br>Very good or in afternoon excellent visibility.  |
| <b>How Cold? (at 750m)</b><br><b>Freezing Level</b>                    | 5C Rising slowly through the day.<br>Will feel as cold as minus 8C directly in the wind.<br>Above the summits  | 7C<br><br>Above the summits.   |

**Planning Outlook****All mountain areas of Britain from Sunday, 30 March, 2025**

Pressure will rise across the UK early next week, bringing extensively dry and for a few days very warm weather - albeit on Monday the remnants of fronts will bring a little rain but extensive low cloud to some western mountains. Later next week, some forecasts suggest a marked drop in temperature levels as the high pressure shifts position to the north of Scotland.

**Forecast issued at 7:02 on Saturday, 29 March, 2025**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.