

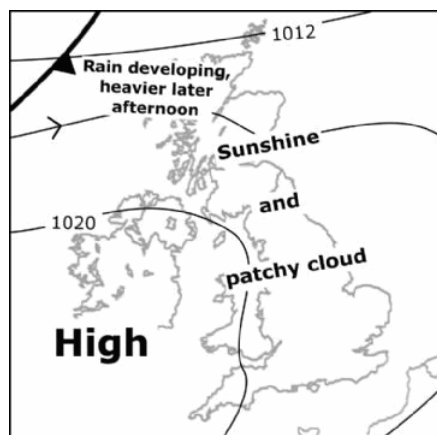
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Conistone.



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General Summary for Monday, 24 March, 2025



British Mountain Summary:

Based on forecast chart for noon 24 March, 2025

Westerly winds strengthening, reaching gale force over tops in the Highlands. Rain moves into northwest Scotland, setting in heavier during afternoon; patchy rain extending southeastwards later. Dry all daylight for England, Wales and southern Scotland, with good amounts of sunshine.

Headline for Lake District

Wind increasing afternoon. Dry with sun and broken cloud.

Detailed Forecast for Monday, 24 March, 2025

How windy? (On the summits)	Northwest backing westerly, 10 to 15mph morning, then strengthening during afternoon to 25mph, or from dusk 35mph.
Effect of wind on you?	Small most of day, but toward evening starting to affect comfortable walking and marked wind chill where exposed.
How wet? (Precipitation and its impact)	Rain not expected until night Patchy mostly light rain developing overnight from Monday into Tuesday.
Cloud on the hills?	Very little Summits extensively cloud free after patches forming on higher slopes for a couple of hours mid morning.
Chance of cloud free summits?	80%
Sunshine? Air clarity (below cloud)	Patchwork of sun. Excellent visibility.
How Cold? (at 750m)	2C rising to 5C.
Freezing Level	Above the summits.

Lake District - Looking Ahead

	Tuesday 25 March	Wednesday 26 March
How windy? (On the summits)	Northwesterly 20 to 25mph, occasional 30mph around highest tops.	Southwesterly, strengthening 25 to 35mph, possibly 40-45mph higher fells toward evening.
Effect of wind on you?	Feeling blustery and chilly around higher tops, starting to affect balance on exposed ridges.	Increasingly blustery, affecting comfortable walking, becoming more strenuous with significant wind chill later.
How wet? (Precipitation and its impact)	Soon generally dry A little rain from before dawn may leave brief light showers at first, but soon clearing to be dry.	Rain not expected until night After dark, risk of rain developing from the west.
Cloud on the hills?	Largely clearing Banks of cloud over some higher slopes early morning, but increasingly breaking up to leave most cloud above higher summits.	Patchy cloud for a time Mist in some valleys and patchy cloud on some hill slopes from dawn into early morning. May come and go on west & southwestern tops for a few hours, but mostly lifting above the fells.
Chance of cloud free summits?	70%	70%
Sunshine? Air clarity (below cloud)	Patchwork of sun and cloud. Visibility soon excellent.	Some sun through thin high cloud. Visibility very good.
How Cold? (at 750m)	5 to 7C. Wind chill feeling like -3C on higher tops.	4 to 6C. Wind chill feeling near -10C as speeds increase.
Freezing Level	Above the summits	Above the summits; possible slight frost some valleys at dawn.

Planning Outlook**All mountain areas of Britain from Tuesday, 25 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Frequently windy, periods of gale force wind over the mountains. Temperature varied, sometimes just below freezing on higher Scottish summits, with some showers of snow at times on the Munros - chillier more widely by Friday into Saturday as wind turns northwesterly for a time.

Forecast issued at 16:08 on Sunday, 23 March, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.