

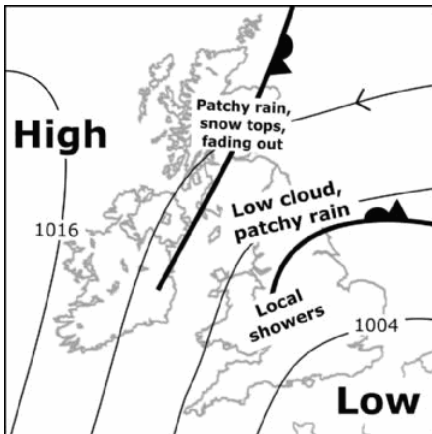
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Sunday, 23 March, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 23 March, 2025

Chilly north to northeasterly winds; air temperature near freezing on higher Scottish tops. Rain and mountain top snow in eastern Highlands gradually fading, but low cloud persists. Sunnier skies emerging in western Scotland. England & Wales sees patchy rain, drizzle and low cloud, local showers toward south.

### Headline for Lake District

Chilly wind. A little rain fading, some cloud breaks forming.

## Detailed Forecast for Sunday, 23 March, 2025

<b>How windy? (On the summits)</b>	Northeasterly 20 to 25mph, in places 30mph on higher fells in morning.
<b>Effect of wind on you?</b>	<b>Affecting ease of walking on higher areas; marked wind chill particularly morning.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Patchy rain and drizzle fading out</b> Rain from overnight heavy in places prior to dawn, staying wet for a few hours into early morning, particularly north and eastern areas. Becoming patchy and drizzly, fading out to be largely dry afternoon.
<b>Cloud on the hills?</b>	<b>Extensive, although improving, breaks west and south</b> Extensive cloud across the fells from dawn. Generally cloud base rising through day; from midday, most cloud above 650m, rising to 900m or higher south lakes and western fells.
<b>Chance of cloud free summits?</b>	<b>Rising to 20% NE; 60% SW in afternoon.</b>
<b>Sunshine? Air clarity (below cloud)</b>	Cloud thinning, allowing a little sun to come through. Starting dull, becoming very good visibility out of cloud.
<b>How Cold? (at 750m)</b>	3C; tending to rise slowly through the day. Wind chill feeling like -5C in morning.
<b>Freezing Level</b>	Above the summits.

## Lake District - Looking Ahead

	Monday 24 March	Tuesday 25 March
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Northwest backing westerly, 10 to 15mph morning, then strengthening during afternoon to 25mph, or from dusk 35mph. <b>Small most of day, but toward evening starting to affect comfortable walking and marked wind chill where exposed.</b>	Northwesterly 20 to 25mph, occasional 30mph around highest tops. <b>Feeling blustery and chilly around higher tops, starting to affect balance on exposed ridges.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain not expected</b>	<b>Soon generally dry</b> A little rain from before dawn may leave brief light showers at first, but soon clearing to be dry.
<b>Cloud on the hills?</b>	<b>Very little</b> Summits extensively cloud free after patches forming higher slopes for a couple of hours mid morning.	<b>Largely clearing</b> Banks of cloud over some higher slopes early morning, but increasingly breaking up to leave most cloud above higher summits.
<b>Chance of cloud free summits?</b>	<b>70%</b>	<b>70%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of sun. Excellent visibility.	Increasingly sunny as early cloud breaks. Visibility soon excellent.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	2C rising to 5C.  Above the summits.	5 to 7C. Wind chill feeling like -3C on higher tops.  Above the summits

**Planning Outlook****All mountain areas of Britain from Monday, 24 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Wind speeds varied, but at times reaching gale force over the mountains. Temperature varied, occasionally just below freezing on higher Scottish summits, with some showers with snow at times on the Munros - possibly chillier for a few days around next weekend (29-30 March).

**Forecast issued at 16:25 on Saturday, 22 March, 2025**

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.