

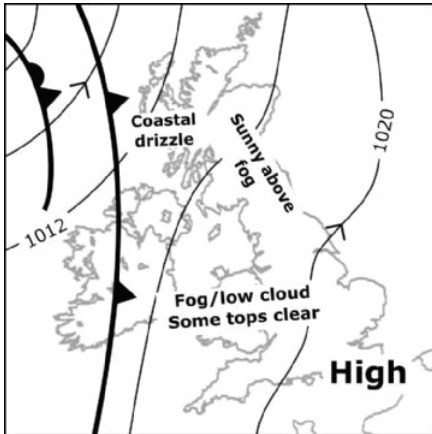
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Sunday, 19 January, 2025



British Mountain Summary:

Based on forecast chart for noon 19 January, 2025

Banks of low cloud over the southern Highlands and up the west coast to Skye, some patchy coastal drizzle. Many higher Scottish tops poking out above the cloud sheet. The northern Highlands sunnier. England & Wales sees fairly extensive low cloud, with only highest tops possibly poking just above cloud. Wind fairly light.

Headline for Lake District

Cloud/fog banks, some high tops just clear. Chilly.

Detailed Forecast for Sunday, 19 January, 2025

How windy? (On the summits)	South-southeast, 10-20mph at first. Shifting southwesterly in the afternoon and rising up to 25mph near dusk.
Effect of wind on you?	Few effects at first, winds becoming inconvenient towards dusk.
How wet? (Precipitation and its impact)	Little precipitation expected A few stray spells of fine drizzle or snow grains possible on south fells of the Scafell range where in cloud. These may reach towards Ambleside as well. Otherwise dry.
Cloud on the hills?	Windward low cloud, high terrain exposed Fairly persistent low-lying fog and low cloud banks near Coniston and West Water, some reaching further inland towards Ambleside. Cloud top near/below 800m and often clear northeast, keeping many peaks exposed. Clouds begin gradually rising near dusk.
Chance of cloud free summits?	80% (above fog on highest tops)
Sunshine? Air clarity (below cloud)	Widely sunny and excellent visibility if above fog, but cloud covering many slopes making visibility poor.
How Cold? (at 750m)	Near 0C, locally -2C, but some high tops may start slightly warmer (little variation with height).
Freezing Level	Poorly defined freezing level - partly frozen terrain and near freezing air both higher and lower slopes much of the day.

Lake District - Looking Ahead

	Monday 20 January	Tuesday 21 January
How windy? (On the summits)	Westerly 15-25mph. Some moments of easing winds beginning around noon.	Southwesterly 15-20mph.
Effect of wind on you?	Fairly small, highest winds inconvenient.	Mostly small.
How wet? (Precipitation and its impact)	Rain spells, drier east Several rainy spells throughout the day, although total amounts small. Driest on eastern fells.	Rain on coastal fells, patchy rain east Details uncertain. Often raining on coastal-facing slopes. Precipitation on fell tops likely sleet or snow. Intermittent drizzly spells east.
Cloud on the hills?	Brief clear patches east Terrain facing coasts often covered up to fell tops. Some fells in the lee of winds will experience brief moments of clearing.	Most slopes shrouded, low along coasts Hills often shrouded, particularly on west and south-facing slopes. Bases reach down to low terrain during rain. Occasional moments of clearing in the northeast.
Chance of cloud free summits?	30%	20%
Sunshine? Air clarity (below cloud)	Few glimpses of sun east. Visibility mostly poor.	Little to no sunshine. Mostly poor visibility.
How Cold? (at 750m)	3C	2C
Freezing Level	Just above freezing on highest summits	Mostly above the summits. Possibility of occasional freezing temperatures on highest summits.

Planning Outlook

All mountain areas of Britain from Monday, 20 January, 2025

Gradually lowering pressure and falling temperature during the days ahead - mountain tops dropping sub-zero widely into midweek. Some areas of precipitation, most frequent in western Scotland early in the new week, falling as snow over higher terrain, although total amounts generally small. Blustery over some higher slopes with marked wind chill, but speeds relatively light for many into midweek. Winds are likely to strengthen toward next weekend as deeper areas of low pressure over the Atlantic approach. Late January is likely to see more frequent precipitation and periods of gales or possibly stormy winds at times; fluctuating temperatures and freeze-thaw cycles.

Forecast issued at 16:30 on Saturday, 18 January, 2025

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.