

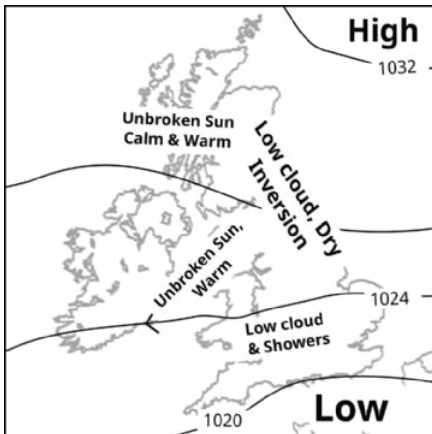
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Friday, 20 September, 2024



### British Mountain Summary:

#### Based on forecast chart for noon 20 September, 2024

Sunny, warm and calm with only morning valley fog in the Highlands. Low cloud southern Scotland and northeastern England, inversion, tops above the cloud. Sunny Lake District. East Wales under low cloud, west including Snowdon sunny & dry. Showers in Brecon Beacons. Locally gusty Welsh and English hills.

### Headline for Lake District

Sunny, dry & warm

## Detailed Forecast for Friday, 20 September, 2024

<b>How windy? (On the summits)</b>	Easterly 15 to 20mph, on highest peaks in the east gusts 30-35mph possible.
<b>Effect of wind on you?</b>	Small, but may be surprisingly gusty in the east to affect balance on high ridges.
<b>How wet? (Precipitation and its impact)</b>	Rain not expected
<b>Cloud on the hills?</b>	<b>High tops clear, low cloud locally in valleys</b> The mountains cloud free all day. However, very low cloud or valley fog, top of which likely to be below 400m in the morning, particularly east of Windermere.
<b>Chance of cloud free summits?</b>	80%
<b>Sunshine? Air clarity (below cloud)</b>	Bright sunshine and excellent visibility higher fells; sometimes foggy lower slopes, most likely east Cumbria.
<b>How Cold? (at 750m)</b>	12 to 15C
<b>Freezing Level</b>	Above the summits.

