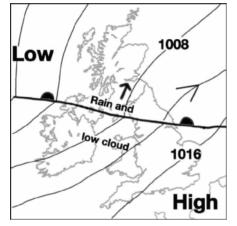
## MOUNTAIN WEATHER INFORMATION SERVICE

# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.

Wheelwrights Cottages provide a wide range of self-catering accommodation around Langdale and beyond to suit all requirements. Please call us on 015394 37635 for details or go to www.wheelwrights.com

## General Summary for Thursday, 8 August, 2024



## British Mountain Summary:

## Based on forecast chart for noon 8 August, 2024

Deteriorating, initially in Wales (early in the day) as winds strengthen and rain and low cloud become widespread. However, a lull in the weather Scottish Highlands (particularly N/NE) as showers die out, and the northward moving rain arrives late in the day.

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## Headline for Lake District

Deteriorating: rain and low cloud spreading north, later very windy.

## Detailed Forecast for Thursday, 8 August, 2024

How windy? (On the summits)	Generally southwesterly, 25mph perhaps lower for a few hours, but from about midday increasing to 40mph.	
Effect of wind on you?	Blustery, toward the evening walking becoming arduous and balance in exposure highly affected.	
How wet?	Extensive rain, especially afternoon	
(Precipitation and its impact)	Pockets of drizzle or rain morning, before the rain becomes more or less constant and sometimes heavy.	
Cloud on the hills?	Temporarily fog confined to higher slopes, then filling on across the hills	
	Cloud mostly lifting to or above 600 to 900m by late morning. But in rain cloud will form on lower fells extensively particularly south lakes, although perhaps still breaks to 500 or 600m north lakes.	
Chance of cloud free summits?	30% later morning, then dropping to 10%	
Sunshine?	Little or no sunshine, dull and widely misty.	
Air clarity (below cloud)	Good visibility, becoming poor in rain.	
How Cold? (at 750m)	12C. Will feel close to freezing point directly in the wind.	
Freezing Level	Above the summits	

#### Lake District - Looking Ahead

	Friday 9 August	Saturday 10 August
How windy? (On the summits)	Westerly 40 to 45mph, perhaps 50mph on highest tops.	West to southwesterly 15 to 25mph.
Effect of wind on you?	Walking becoming difficult, activity on exposed ridges dangerous as wind may blow you off your feet. Strong wind chill.	Fairly small.
How wet?	A few showers	Little or no rain
(Precipitation and its impact)	Drizzly showers, most likely over a couple of hours in morning.	A few showers possible, mainly western fells. Toward High Street likely dry, although low risk more widespread rain for a few hours.
Cloud on the hills?	Persistent across the mountains; lowest cloud toward west	West covered, eastwards often clear
	Persistent fog west Cumbria: the cloud base rising to around 650m by afternoon. Further east by afternoon, most cloud above 750m.	Higher fells often in clouds, generally progressively rising cloud base toward the east, toward High Street summits may well be mostly cloud-free by late morning.
Chance of cloud free summits?	10%	40%
Sunshine? Air clarity (below	Glimpses of sun lower eastern areas.	East of Borrowdale sunny spells, more patchy sun western- and southernmost
cloud)	Visibility mostly good.	fells. Visibility very good.
How Cold? (at 750m)	Around 11C	11C
Freezing Level	Above the summits	Above the summits

## Planning Outlook

#### All mountain areas of Britain from Friday, 9 August, 2024

Frequent rain, extensive cloud (often covering the mountains) and particularly in Scotland often windy (periods of upland gales), for at least another week, perhaps much longer, as a series of low centres and their fronts approach or cross the British Isles. Considerable rainfall is highly likely on western mountains; with western Scotland bearing the brunt - here rivers frequently in spate and constantly very wet underfoot.

#### Forecast issued at 15:10 on Wednesday, 7 August, 2024

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.