

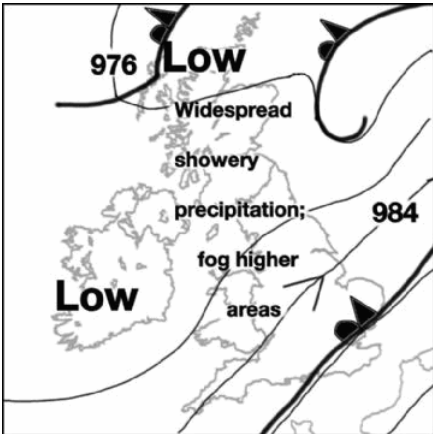
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 29 March, 2024



British Mountain Summary: Based on forecast chart for noon 29 March, 2024

Centres of low pressure will circulate across Britain, bringing areas of rain (snow higher areas, particularly Scotland) which will gradually transition to heavy showers, and extensive fog to the mountains. It will remain cold. However, in Scotland, winds will be light.

Headline for Lake District

Soon fairly light wind. Fog extensive higher summits. Showery precipitation.

Detailed Forecast for Friday, 29 March, 2024

How windy? (On the summits)	Southerly, mostly 20 or 25mph, although after dawn for a few hours, up to 35mph.
Effect of wind on you?	Mostly fairly small, although marked wind chill.
How wet? (Precipitation and its impact)	Heavy showers; risk thunder Morning: a few patches of rain, or above 600m snow. Afternoon: heavy showers, giving hail and risk thunder.
Cloud on the hills? Chance of cloud free summits?	Extensive, in places patches on lower slopes, mainly morning Overall fog very extensive: fragments on lowest slopes, which could persist for a few hours particularly in precipitation. By afternoon, cloud base lifting toward 550m; perhaps a few breaks above 750m north lakes. 10%
Sunshine? Air clarity (below cloud)	Glimpses of sun, mainly north lakes. Visibility good for periods, but very poor in precipitation.
How Cold? (at 750m) Freezing Level	0C; rising marginally during day. Will feel as cold as minus 7C directly in the wind. 700m, slowly rising to just above the summits. Risk slight frost at dawn some valleys.

Lake District - Looking Ahead

	Saturday 30 March	Sunday 31 March
How windy? (On the summits)	Southerly 15 or 20mph.	Southeast or easterly 20mph.
Effect of wind on you?	Small	Small
How wet? (Precipitation and its impact)	Heavy showers, mainly afternoon Morning: A few patches of rain (or snow above 650m) lingering into the day, but tending to fizzle out. From about midday: Heavier hail showers; in some areas may be frequent. Risk isolated thunder.	Risk showers afternoon Hail flurries or showers in afternoon; probably well scattered.
Cloud on the hills?	Extensive at first; mostly lifting to or perhaps above higher summits Very varied from dawn; some higher slopes cloud free, but many mountains foggy, in places from lower slopes up. Will change through morning as cloud base rises. From late morning, cloud base often above 600 S Lakes and 900m north lakes, but lower in rain.	Very little Patches on some higher slopes after dawn will all clear well before midday.
Chance of cloud free summits?	Rising to 60% by midday	90%
Sunshine? Air clarity (below cloud)	Bursts of sunshine and very good or excellent visibility. However, visibility abruptly poor in precipitation.	Patchwork of sunshine. Excellent or superb visibility, although fog some valleys at first.
How Cold? (at 750m)	Around 2C after dawn before reaching 5 or 6C mid afternoon.	4 rising to 6C.
Freezing Level	Above the summits. Risk slight frost valleys at dawn.	Above the summits, although in valleys slight frost after dawn.

Planning Outlook

All mountain areas of Britain from Saturday, 30 March, 2024

Overall the next week to 10 days will often be cloudy with rain from time to time particularly over England and Wales. However, after widespread hail showers on Saturday, few showers on Sunday (which will also be the warmest day nearly everywhere). Then largely dry Scotland and the Lake District until about Wednesday, but persistent very low cloud (in easterly winds) will shroud all but some western summits in fog. Rain (sometimes snow higher tops) will be more widespread throughout next week Pennines and across Wales.

Forecast issued at 7:31 on Friday, 29 March, 2024

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.