

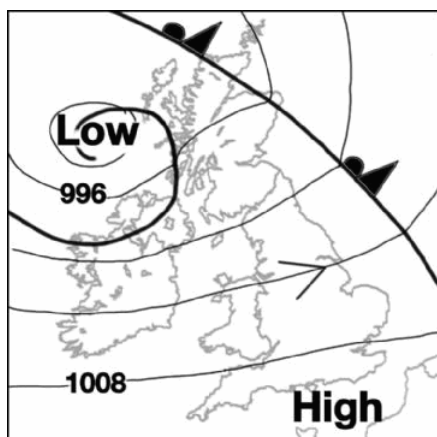
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Saturday, 29 July, 2023



British Mountain Summary:

Based on forecast chart for noon 29 July, 2023

Bands of rain (interspersed by drier conditions) will circulate around an area of low pressure approaching Britain from the west. This will impact in bringing increasingly strong winds to many mountain areas. Overall, extensive low cloud, particularly coastal hills exposed to the wind.

Headline for Lake District

Upland winds approaching gale. Persistent fog; drizzly rain.

Detailed Forecast for Saturday, 29 July, 2023

How windy? (On the summits)	Southwesterly; deteriorating as wind strengthens from around 25mph to 35 or 40mph by afternoon.
Effect of wind on you?	Walking, particularly on higher areas increasingly challenging as buffeting and also wind chill become considerable.
How wet? (Precipitation and its impact)	Increasingly wet, particularly south lakes Overnight rain soon clearing, but from later morning increasingly wet again, particularly south lakes and westernmost fells elsewhere as areas of showery sometimes heavy rain extend inland. Total rainfall small northern/northeastern fells.
Cloud on the hills? Chance of cloud free summits?	Fells foggy most or all day Fog will shroud the fells most or all day. Lowest cloud base will be across south lakes and westernmost fells elsewhere, where typically 400m or lower (although higher base for a few hours morning). In north lakes breaks to 750m, but patches below 500m in rain. Almost nil; but 20% north lakes
Sunshine? Air clarity (below cloud)	Cloud thinning to give a little sun and good visibility for a few hours north lakes. May remain cloudy and misty most of day near the coast.
How Cold? (at 750m) Freezing Level	10C. Will feel close to freezing point directly in the wind Above the summits. Will feel close to freezing point directly in the wind.

Lake District - Looking Ahead

	Sunday 30 July	Monday 31 July
How windy? (On the summits)	Westerly between 30 and 40mph, perhaps 45mph at times highest tops.	Westerly 30 or possibly 40mph, although may drop markedly for periods.
Effect of wind on you?	Increasing buffeting and wind chill with height. Higher up, walking arduous or in places difficult.	Considerable buffeting and wind chill probable most or all day.
How wet? (Precipitation and its impact)	Showery rain morning, mostly clearing Areas of rain and drizzle after dawn, although very little eastern fells. Gradually will ease, by midday substantially dry with showers well scattered. Chance further rain toward dusk.	Widespread rain Rain may be persistent much of day, although may eventually tend to fizzle out.
Cloud on the hills?	Very extensive; slow rise in cloud base Cloud will cover the mountains most or all day, but the base will tend to rise. By mid afternoon, most cloud above 500m near the coast and 650 to perhaps 750m well inland - albeit lower near showers.	Very extensive Persistent fog across the mountains, often forming on lower slopes, particularly western and central fells.
Chance of cloud free summits?	10%	20%
Sunshine? Air clarity (below cloud)	A little sunshine, mainly lower eastern areas afternoon. Hazy, and visibility poor in rain.	Sunshine unlikely. Hazy at best, persistently misty in rain.
How Cold? (at 750m) Freezing Level	10C. Will feel close to freezing point directly in the wind. Above the summits.	11C. Above the summits.

Planning Outlook

All mountain areas of Britain from Sunday, 30 July, 2023

Extensive rain and low cloud more or less daily until Tuesday or perhaps in southern Britain Wednesday. Also intermittently windy. However, the far north of Scotland will be much drier (even this weekend) and erratically the drier conditions will spread south as the wind turns northerly. Particularly mountains open to the sea to the north will continue with low cloud, there will be showers, and particularly in Scotland will feel colder than freezing point due to wind chill on highest tops.

Forecast issued at 14:13 on Friday, 28 July, 2023

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2023.