

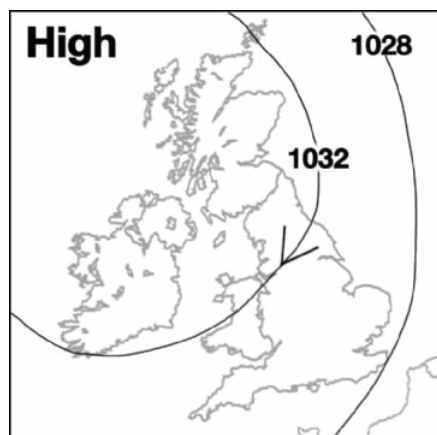
Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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General Summary for Friday, 3 March, 2023



British Mountain Summary:

Based on forecast chart for noon 3 March, 2023

High pressure will continue to dominate, bringing light wind, although still extensive cloud, much of it shrouding higher summits. However, mainly across the Scottish Highlands most cloud will gradually break up. Most higher summits will continue to be below freezing point.

Headline for Lake District

Higher terrain frozen. Occasional sun, especially afternoon. Light wind.

Detailed Forecast for Friday, 3 March, 2023

How windy? (On the summits)	Northeasterly, 5 to 10mph.
Effect of wind on you?	Negligible
How wet? (Precipitation and its impact)	Precipitation not expected
Cloud on the hills?	Extensive morning. Becoming confined to higher fells as cloud base rises Extensive above 650m from dawn. Cloud base will progressively rise to or above 750m and in some areas, perhaps most of Cumbria, break up altogether.
Chance of cloud free summits?	30% rising to 70% by early afternoon
Sunshine? Air clarity (below cloud)	Patches of sun but cloud, sometimes extensive, will come and go. Visibility excellent or superb.
How Cold? (at 750m)	0C.
Freezing Level	750m. Slight frost after dawn in some valleys.

Lake District - Looking Ahead

	Saturday 4 March	Sunday 5 March
How windy? (On the summits)	Northerly 5 to 10mph.	Direction varied, less than 15mph.
Effect of wind on you?	Negligible	Mostly negligible
How wet? (Precipitation and its impact)	Precipitation very unlikely Low risk of an isolated snow flurry, or on lower slopes a few spots of rain.	Risk snow showers or flurries Isolated or occasional hail and snow showers or flurries early afternoon onwards. Mostly rain only lowest slopes.
Cloud on the hills?	Lifting above most summits Areas of cloud may well shroud areas above about 750m, although there may be substantial clearances of this cloud. By afternoon, most cloud will either melt away or be confined above about 900m.	Mostly confined above the summits. Cloud likely to shroud higher fells at times, but before midday, extensively confined above 900m. Near showers, patches may reform on higher slopes.
Chance of cloud free summits?	80%	70%
Sunshine? Air clarity (below cloud)	Areas of sunshine, perhaps extensive. Visibility becoming excellent or superb - as haze thins.	Occasional sunshine, but overall extensive cloud. The air will remain very clear, but haze mainly lower slopes at first.
How Cold? (at 750m)	0C	-1C
Freezing Level	750m. Frost extensive in valleys post dawn.	650m. Frost in many valleys post dawn.

Planning Outlook

All mountain areas of Britain from Saturday, 4 March, 2023

A major change later this weekend as the centre of high pressure transfers west away from Britain. The resulting 'arctic' northerly wind will mean persistent cold most or all next week. Overall, precipitation will be low, but occasional snow will penetrate to lower slopes and valleys as all mountain terrain becomes frozen. However, considerable fresh snow will fall in N & NE Scotland, this focussed on Sutherland and the Cairngorms.

Forecast issued at 12:51 on Thursday, 2 March, 2023

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2023.