

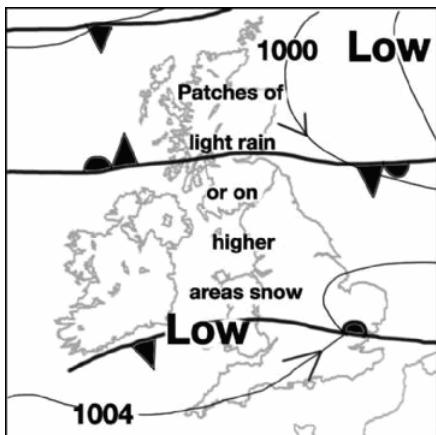
# Lake District

The entire Lake District National Park, taking in all major summits, including Scafell, Helvellyn, Skiddaw, the Langdales and Old Man of Coniston.



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## General Summary for Thursday, 22 December, 2022



### British Mountain Summary:

#### Based on forecast chart for noon 22 December, 2022

With pressure generally low and the remnants of fronts lying across Britain, there will be patches of mostly light rain, or mainly in Scotland, snow on higher areas, and overall extensive low cloud.

### Headline for Lake District

Light wind. A little light rain.

## Detailed Forecast for Thursday, 22 December, 2022

How windy? (On the summits)	Westerly 10 to 15mph.
Effect of wind on you?	Small.
How wet? (Precipitation and its impact)	<b>Occasional rain, sleet higher tops</b> Scattered snow showers or flurries although with the remnants of fronts nearby, there may be one or two areas where snow is almost constant for a couple of hours. Rain below 750m.
Cloud on the hills?	<b>Extensively shrouding higher fells</b> Extensive cloud across the fells, typical cloud base below 450m near rain and otherwise around 650m. Here and there higher summits clearing for a couple of hours - whilst never clearing nearby summits.
Chance of cloud free summits?	10%
Sunshine? Air clarity (below cloud)	A little sunshine here and there. Visibility often very good or excellent.
How Cold? (at 750m)	2C
Freezing Level	Above the summits

## Lake District - Looking Ahead

	Friday 23 December	Saturday 24 December
<b>How windy? (On the summits)</b>	Easterly typically 35mph, but in some areas - particularly west of some higher ridges and through cols, 45mph.	South or southwesterly 20 to perhaps 30mph (may strengthen through the day after a lull in morning).
<b>Effect of wind on you?</b>	<b>Arduous or difficult walking with significant or in places severe wind chill.</b>	<b>Increasingly make for arduous walking where exposed on higher areas.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Snow, most or all day - whiteout</b> Snow setting morning on higher fells may well then rarely cease, sometimes heavy. Whiteout may be persistent. Rain lower slopes below about 500m.	<b>Rain on and off</b> Bands of showery rain, sometimes heavy with small risk thunder. Sometimes the rain brief whilst on other occasions heavy and rarely ceasing over an hour or two. Sleet only highest fells.
<b>Cloud on the hills?</b>	<b>Extensive on higher areas; highest cloud base near west coast</b> Cloud extensive above 500 to 700m, although in precipitation lowering to or perhaps below 350m in places. The highest bases will generally be on westernmost fells.	<b>Very extensive.</b> Fog covering the fells more or less all day. The cloud base will vary, but particularly south and west lakes, for periods at around 300m, with few breaks above 600m. Generally highest cloud base northeastern fells.
<b>Chance of cloud free summits?</b>	<b>10%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine not expected. Visibility frequently very poor on lower slopes, and widely appalling or near zero higher up.	Rare glimpses of sun, mainly lower slopes north lakes. Visibility varied: very poor in heavy rain, but intermittently good.
<b>How Cold? (at 750m)</b>	-1C tending to rise slowly. Will feel as cold as minus 14 Celsius where exposed to the wind.	<b>3C</b>
<b>Freezing Level</b>	650m but dropping at times toward 450m in heavier snow.	Above the summits, although on higher fells, terrain partly frozen.

## Planning Outlook

## All mountain areas of Britain from Friday, 23 December, 2022

Centres of low pressure will cross Britain on the run up to and over Christmas, bringing frequent rain and particularly on higher areas in Scotland, snow. However, there remains considerable uncertainty in the timing and tracks of the lows - making day to day detail from Christmas Day uncertain.

After Christmas, a minority of forecasts bring periods of cold air south across Britain, but more likely mountain temperatures remaining mostly above freezing point, except on the Scottish highlands where freeze thaw cycles will occur as freezing levels oscillate.

## Forecast issued at 12:39 on Wednesday, 21 December, 2022

Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.