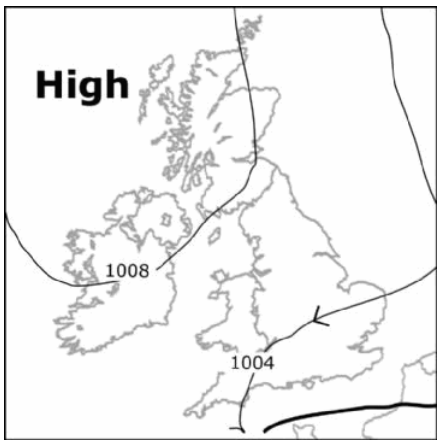
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Friday, 20 November, 2026



British Mountain Summary:
Based on forecast chart for noon 20 November, 2026

Most of Britain fine and sunny but snow showers far north and cloud and a little rain will clear gradually southward from S Pennines and N Wales - persisting S Wales. Across Scotland, terrain extensively frozen, and partly frozen southward into N England.

Headline for Cairngorms NP and Monadhliath

Snow, mainly flurries. Terrain mostly frozen.

Detailed Forecast for Friday, 20 November, 2026

How windy? (On the Munros)	North to northwesterly 10 to 15mph or less, possibly 20mph on higher eastern Cairngorms post dawn.
Effect of wind on you?	**Negligible**
How wet? (Precipitation and its impact)	**Snow showers eastern mountains will gradually die out.** Occasional snow showers or flurries northern Cairngorms and more often Deeside. Will become isolated or die out completely.
Cloud on the hills?	**Mostly confined to higher slopes Cairngorms and Deeside** Cloud banks mainly northern Cairngorms an Deeside, particularly morning, in places may persist above 800-1000m for a few hours. By afternoon mountains mostly cloud free, but here and there pockets of fog persisting for some hours higher slopes - mainly corries.
Chance of cloud free Munros?	**30% rising to 60% Cairngorms/Deeside; 80% elsewhere**
Sunshine? Air clarity (below cloud)	Bright sunshine much of region although cloud coming and going, particularly morning east from Cairngorms. Visibility excellent.
How Cold? (at 900m)	-2C.
Freezing Level	700m. Lower terrain at least partly frozen, particularly valleys, after a frost.

Cairngorms NP and Monadhliath - Looking Ahead

	Saturday 21 November	Sunday 22 November
How windy? (On the Munros)	Variable direction below 10mph. Toward dusk easterly 15mph, perhaps stronger after dark.	Easterly 20 to 30mph, locally very gusty, sometimes on lower slopes.
Effect of wind on you?	**Negligible**	**Marked wind chill and sometimes abruptly gusty winds will make balance difficult in places; sometimes on lower slopes.**
How wet? (Precipitation and its impact)	**Precipitation unlikely** Small chance of an isolated snow flurry toward the northeast Cairngorms NP.	**Precipitation not expected**
Cloud on the hills?	**Little or none** Chance of local fragments around northern corries, otherwise hills likely clear.	**Most or perhaps all mountains cloud free** Risk cloud forming on some higher slopes, most likely eastern mountains within Cairngorms NP.
Chance of cloud free Munros?	**Almost certain**	**70%**
Sunshine? Air clarity (below cloud)	Mostly sunny and superb visibility. Patchy fog in glens.	Bright sunshine. Visibility excellent or superb.
How Cold? (at 900m)	-2C.	-2C. Will feel as cold as minus 10C directly in the wind.
Freezing Level	Much terrain frozen in morning, partial thawing sunlit slopes up to 600-700m.	650m. Terrain frozen or partly frozen lower slopes, particularly those out of the sun.

Planning Outlook

All mountain areas of Britain from Saturday, 21 November, 2026

High pressure will bring a fine sunny weekend but extensively frozen terrain to most mountain areas. Bu Sunday, strengthening SE wind western Britain, and a band of rain will have edged into SW Wales - its exact penetration as yet uncertain.

Early next week, fronts and less cold conditions together with areas of upland gales will generate across Britain, turning to snow some higher areas. Nevertheless, total precipitation small N/NE Scotland.

Forecast issued at 12:23 on Thursday, 19 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.