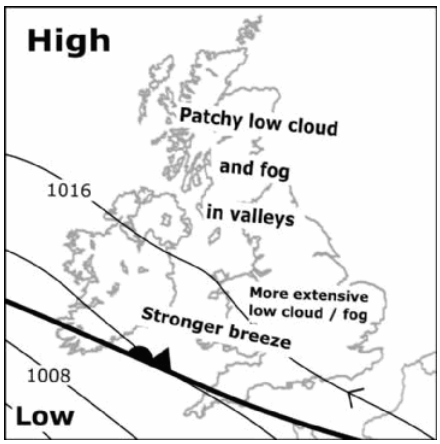
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Monday, 9 November, 2026



British Mountain Summary:
Based on forecast chart for noon 9 November, 2026

Many Scottish mountains sunny, but variable areas of low cloud and low-level fog. Murky conditions more widely Pennines and east Wales. No rainfall generally, but dampness in the air locally. Light wind for most places; increasing easterly breeze for Wales.

Headline for Cairngorms NP and Monadhliath

Many hills clear with sunshine, patchy fog or low cloud banks.

Detailed Forecast for Monday, 9 November, 2026

How windy? (On the Munros)	Variable 5mph or less, rarely 10mph.
Effect of wind on you?	**Negligible**
How wet? (Precipitation and its impact)	**No rain expected**
Cloud on the hills?	**Some cloud banks and fog in glens; tops may be largely clear** Areas of cloud likely at different heights, plus fog in glens. Some slopes between fog layers; higher tops likely above all cloud much of the time, though some patches may drift over high terrain.
Chance of cloud free Munros?	**70% (above fog in places)**
Sunshine? Air clarity (below cloud)	Sunshine and clear air best across high terrain, but in places sunny at all levels; haze or fog lower down.
How Cold? (at 900m)	1C.
Freezing Level	Near or just below freezing from 1000m upward all day; plus frost in glens early morning.

Cairngorms NP and Monadhliath - Looking Ahead

	Tuesday 10 November	Wednesday 11 November
How windy? (On the Munros)	South-southeasterly 10-15mph, may rise to 20mph during day.	North to northwesterly, 15 to 25mph, speed tending to rise into middle of day onward, reaching 30mph high Cairngorms.
Effect of wind on you?	**Mostly small.**	**Fairly small, but becoming noticeable, starting to affect comfortable walking on high tops with marked wind chill.**
How wet? (Precipitation and its impact)	**Rain not expected**	**Snow showers develop northern areas** Likely dry start, then as the day goes on, a band of showery rain, snow on tops increasingly to 700m, moving in from the north, becoming patchier. By evening, showers with snow to 500m or lower.
Cloud on the hills?	**Mostly little north** Some patchy cloud may drift onto slopes at various heights, but higher tops likely in the clear. Greater risk of cloud banks toward the southern Cairngorms NP.	**Forming mostly in snow/rain** Patchy cloud at various heights from dawn, but may largely disperse for a few hours at least. Then cloud banks drifting onto higher northern slopes as precipitation develops, mostly above 900m.
Chance of cloud free Munros?	**70%**	**50%**
Sunshine? Air clarity (below cloud)	Sunshine and hazy high cloud. Visibility excellent, some patchy fog lower slopes.	Periods of sunshine, best toward the south, but likely to cloud over from the north. Visibility excellent, then reducing in showers, poor if in snow and cloud.
How Cold? (at 900m)	1 or 2C.	+1 to -1C. Feeling like -7C as wind increases, -10C higher terrain.
Freezing Level	Close to freezing on tops above 1000m all day and possibly frost widely in the glens early morning.	800-1000m, tending to lower slightly during day. Also frost many glens in morning.

Planning Outlook

All mountain areas of Britain from Tuesday, 10 November, 2026

Generally dry much of the week ahead in Scotland. Some variable cloud and fog early in the week. A gusty easterly wind for England & Wales and rain pushes into Wales on Tuesday, reaching the south Pennines with time, persisting into Wednesday in these areas, but very little extending further north. Into the second half of the week, a switch to a colder northerly flow will likely drop the freezing level to 800 m increasingly widely for Thursday-Friday, plus frost on low ground. Some snow showers on northern Scottish mountains, but largely dry weather elsewhere. During next weekend, a shift to a less cold Atlantic influence - a changeable mix likely into the following week.

Forecast issued at 15:00 on Sunday, 8 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.