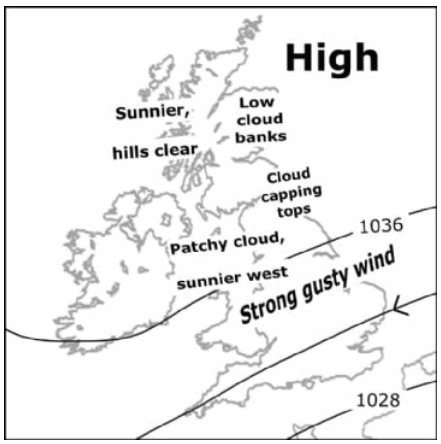
Cairngorms NP and Monadhliath

Cairngorms National Park and Monadhliath. Also includes the Ben Alder area hills between Loch Ericht and Loch Laggan.

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General Summary for Tuesday, 3 November, 2026



British Mountain Summary:
Based on forecast chart for noon 3 November, 2026

Cloud drifts across most eastern mountains, more broken westwards; some highest summits in Scotland close to the top of a cloud sheet at times. Local spots of light rain. Light wind northern Scotland, easterly winds elsewhere, stronger over England & Wales. Sunniest toward all western coasts.

Headline for Cairngorms NP and Monadhliath

Cloud most persistent eastern hills, some sun; light wind.

Detailed Forecast for Tuesday, 3 November, 2026

How windy? (On the Munros)	East to southeasterly 10 to 15mph or less.
Effect of wind on you?	**Negligible.**
How wet? (Precipitation and its impact)	**Rain unlikely** Chance of a little drizzle around Deeside.
Cloud on the hills?	**Fairly extensive, high tops may be clear** Cloud banks drifting over high terrain, the base mostly above 700-800m, whilst the top of the cloud close to higher summits which may emerge above cloud or just between banks at times. Breaks more often toward Ben Alder.
Chance of cloud free Munros?	**30% (some tops above cloud)**
Sunshine? Air clarity (below cloud)	Occasional sun mostly Strathspey to Drumochter. Visibility very good out of cloud; patchy fog in glens in morning.
How Cold? (at 900m)	3 to 5C, coolest if in cloud; little change with added height.
Freezing Level	Above the summits, but pockets of frost both higher and lower slopes at dawn.

Cairngorms NP and Monadhliath - Looking Ahead

	Wednesday 4 November	Thursday 5 November
How windy? (On the Munros)	Southeasterly 10 to 15mph or less.	East to southeasterly 15 to 20mph, occasional 25mph mainly south Cairngorms.
Effect of wind on you?	**Small.**	**Fairly small.**
How wet? (Precipitation and its impact)	**Largely dry** Odd spots of drizzle around cloud in east.	**Rain unlikely most places** Chance of odd spots in the wind around cloud banks mainly hills toward Deeside.
Cloud on the hills?	**Mostly eastern hills** Patchy fog in glens and banks of cloud on hills mostly toward south and east of Cairngorms, some patches may roll across the plateau, but well broken toward Strathspey; some higher summits just above the cloud at times.	**Fairly extensive, some high tops clear** Cloud banks most extensive and persistent eastern hills, base around 800m, whilst highest tops may be near/above top of the cloud. More broken westwards, better chance of clear hills over Monadhliath.
Chance of cloud free Munros?	**50%**	**40%**
Sunshine? Air clarity (below cloud)	Patchy cloud and sun, best north and west. Visibility very good out of cloud, some low-level fog.	Sunshine best toward Strathspey, often cloudier Deeside. Visibility excellent out of cloud.
How Cold? (at 900m)	2 or 3C.	2C.
Freezing Level	Above the summits, but frost in morning in some glens and upland hollows.	Close to freezing point on higher tops; patchy frost early in day in sheltered spots both higher and lower slopes.

Planning Outlook

All mountain areas of Britain from Wednesday, 4 November, 2026

High pressure persists toward the north this week, maintaining quiet weather conditions. Easterly winds prevail, strongest during midweek over England & Wales, tending to lessen toward the weekend; wind often lighter and variable toward northern Scotland. Largely dry, local light showers or drizzle mostly in the east. Variable amounts of cloud covering hills, some higher Scottish tops emerging above an inversion at times. Sunnier and clearer near to western coasts. Generally just above freezing over the mountains, but local pockets of frost in shelter and in glens; toward the weekend, high Scottish tops dip just below freezing.

Forecast issued at 16:25 on Monday, 2 November, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.